

The Alchemist Guide to Self-Awakening

A Course on Spiritual Alignment

By Jakal El-Malik

Founder of The International School
of Alignment

*This book is dedicated to the new manifestation of
Mother Earth that lies ahead in the unknown;
created for the seekers of truth in the outside world
who have returned to a more honorable inner
exploration; and written through the direct
channeling of love consciousness.*

Welcome	6
Personal Power	10
Binary of Power	11
Planes of Existence	19
D.O.S. Program	24
The Infinite Self I	32
Subconscious Ego Creation	33
Subconscious Infinite Creation	34
Co-Destruction Mode	35
Co-Creation Mode	37
Responsibility of Alignment	43
The Law of Attraction	46
Mindfulness, Meditation, and Metaphysics	58
The Infinite Self II	66
Tapping Into Your Infinite Spiritual Purpose & Identity	78
The Infinite Self III	86
The International School of Alignment	94

Welcome

The Alchemist's Guide to Self-Awakening

I'd like to thank you for making the commitment to self-discovery and spiritual exploration.

Throughout this text, I will be sharing the foundational steps to reaching your next self-awakening.

Our goal is to deprogram, awaken, and unleash your true being into this physical "reality".

But I want you to understand that you are entering a mental simulation designed for you to be free in true expression of Self.

There are no limits.

There is no impossible.

You will discover that the simulation you create in the mind is reality.

And that your physical reality is actually the simulation.

This is a fundamental concept to understanding your Greater Truth.

That's why we will begin by focusing on the Mind.

Because the Mind is the portal between the Physical and the Spiritual.

And it is with the freedom of imagination that we are able to tap into the infinite power of the Mind without being confined by the physical simulation.

But nonetheless..

I am glad you are joining us on this journey of Self-Awakening.

While you can read through the book all at once, this text is originally from an 8-week video series, so it is highly recommended that you sit with each chapter for a week before moving on.

If you really want to get the full benefit of the text, re-read each chapter 5-7 times before going to the next one, meditate on the ideas, and let them permeate your life in a natural way.

Community is a core aspect of self-awakening program and it is highly suggested that you engage by sharing thoughts, ideas, reflections, and insights with those who are also digesting this material.

You will discover the hidden gems of this text within others far more than you can alone..

Join our Facebook Group: Positive Energy Masters and introduce yourself.

And before you dive into the material, set your intentions for the next 8 weeks.

I look forward to connecting with you soon and hearing about your shift in consciousness.

- Malik, Founder & Teacher
www.theschoolofalignment.com

Personal Power

Unlocking the Force

Before we can create change in the outside world, we must first seek to change the world inside ourselves.

“All success starts inward.”

Everything you desire must come from within.

You are reading this book because you desire to transform your life.

It doesn't matter if you are looking for financial growth, more happiness, confidence, peace, or love in your life..

You can have it ALL as long as you remember..

It ALL starts and ends with YOU.

Over the next few weeks, we will be taking a mental and spiritual journey to shift your being into alignment.

After reviewing this material today, you will know fundamentally how to tap into your PERSONAL POWER.

So, let's get started..

Binary of Power

There are two mentalities when it comes to tapping into your true potential.

One comes from a place of power..

And the other comes from a **feeling** of powerlessness.

The amount of confidence you have is **directly tied** to the amount of power you **perceive** yourself having in life.

Outwardly, you can see the power of others..

You see their potential, their influence and their ability to impact your life; positively and negatively.

But POWER is not a zero-sum game.

Your power does not result in less power for others.

The power of others does not result in less power for you.

It is our ability to recognize and use the power we have within us that breeds confidence.

But before we go any deeper here..

I need you to fully grasp the concept of perspective.

Life is ALL about perspective.

If you make a decision to view yourself as a powerless being, your perception will become reality.

You will act and behave as a being with no power.

Powerlessness and confidence cannot coexist.

If you want to be more confident, you have to begin recognizing the potential of the power within you.

Because you cannot step into your full truth without recognizing your power.

You cannot assume the role of the powerless victim.

Even if bad things happen, you will never be ill-equipped to handle your situation.

Act from a place of power.

You may be wondering, *“What is my power and how do I use it?”*

Understand that we were all created in the image and authority of power.

Within each and everyone of us is the wisdom of the universe and the power of creation.

The mind is connected to unseen realms.

What we perceive as IMAGINATION is actually a force so powerful that it can literally create worlds.

You use your imagination everyday.

But most likely, you’re using it in ways that aren’t beneficial to you.

You’re imagining things going wrong.

You imagine conflict and being criticized.

You imagine not being good enough.

You imagine that one failure means the end of the world.

These dramatizations of the mind are created by you and they prevent you from accessing your full potential.

You are using your power against yourself.

Imagination is defined as 'the ability of the mind to be creative or resourceful'.

Now in order for the mind to be RESOURCEFUL, there must be unseen RESOURCES.

This RE-SOURCE, is a connection you have with the SOURCE of all energies.

Your imagination is connecting you to the power.

If you can learn to use your imagination in a way that empowers you, you will create a world of abundance and prosperity for yourself.

Imagine success.

Imagine peace.

Imagine confidence.

Imagine things going perfectly.

Imagine positive change in your life.

Imagine abundance.

These are all things that you can manifest.

By being extremely mindful of the operating frequency of your thoughts, you can begin to make a shift.

You can tap into your personal power.

You can live the life that you desire.

But this power will not work for you if you do not use it in the way it was intended.

This isn't about "positive thinking"..

This is about understanding the vastness of energy that is being exchanged to you constantly.

The power of life itself is flowing within you.

You are SOURCE energy, resourcing itself into human form.

Your power comes from this place.

And you must exercise it amongst yourself before it will ever be clear to others.

Those who have tapped into this eternal energy,
can understand and SEE those who walk amongst
the Light.

Radiate in your power.

Accept everything that is flowing to you now.

It is real.

Embrace it.

Own it..

This is YOUR power.

It is your birthright.

To do good with and to create peace, joy, and
happiness amongst all you come into contact with.

Understand that the root of this power requires you
to vibrate at a higher frequency.

You must be rooted in love and abundance.

You have to know that the energy source within you
is meant to radiate outwardly to others.

Be a light.

And stand true in your power from this point forward.

I'm not telling you this will be easy 100% of the time..

But I will tell you that as you walk deeper into the Light, your life will transform in ways you cannot imagine.

So walk deeper now into the unknown.

Accept the infinite nature of the universe.

Accept that there will always be more to know.

Accept the stewards of this ancient knowledge.

Accept this truth as it resonates with every vibration in your body.

Become one with this energy source.

Understand your power.

There is so much more to gain here than confidence.

We seek total transformation and self-mastery.

For it is through the understanding of self, that we will understand the nature of this infinite power.

Take the time to analyze the health of your thoughts daily.

Pinpoint the frequencies you are operating at.

Be more aware and more present.

This consciousness will become a gift.

A barometer of sorts..

Where you can see the energy within a room and transform it with your personal power.

Planes of Existence

We are all here, present in this moment.

But in this moment, exists multiple realities that we will call 'planes of existence'.

In simplified form, these planes can be identified as: the physical, mental, and spiritual.

The physical plane is ruled by materials. It is a world that seeks tangibility. (Ego consciousness)

The mental plane is the portal for the spiritual plane. It is open in nature.

But as we are conditioned to operate from the physical plane, we begin to fill our minds with twisted realities.

Our hardships, circumstances, humiliations, and failures are lasered into our subconscious mind before the age of 7.

As we grow older, it becomes more challenging to access the spiritual plane.

In essence, we lose ourselves before we ever get to discover who we are as Beings.

The mental plane, when cluttered with ego consciousness and traumas, can then only attract things to it that resonate with the limiting vibrations that keep us from operating at 100%.

The Spiritual plane is where our Infinite Self lives and it is the ONLY reality.

“As above, so below..”

Everything is a reflection of the Spiritual plane.

But we have been conditioned to work extremely hard in the physical plane for tangible goods.

But we are not taught to use that energy in its natural spiritual form.

This spiritual form of energy is within us and can be activated by allowing it to take control of the mind.

It is our mission to open the portal of the mind to let the Infinite Self live and experience the physical plane through our physical bodies.

It is important to note that we are NOT here to try to experience the Spiritual plane.

We are living breathing expressions of the Spiritual.

The goal is to tap into the reservoir of infinite love consciousness (spirit) and allow it to flow through us in the physical.

The goal is to manifest a new physical reality from a place of spiritual knowingness.

In this understanding of who you are, you can consciously become aware of which plane you are operating from.

Your mind will let you know where your thoughts are flowing from and your emotional response to these thoughts will confirm.

In essence, we are either being impacted by our physical realities...

Or we're impacting our physical realities through the power of our Infinite Self that lives in the Spiritual plane.

Love, joy, peace, and abundance all flow from the Spiritual plane.

Doubt, distress, worry, anxiety, fear are the result of the Ego Self (physical plane) taking over the mental plane.

Our objective now is to be hyper-aware and redirect our thoughts to flow from the Spiritual.

What thoughts do you have currently that may be limiting your perspective of the Spiritual plane?

What thoughts do you think you would need to have to get to where you want to be?

How can you focus more time and energy on your Infinite Self instead of your Ego Self?

This week make it a point to act from a place of spiritual power.

Release ego based thoughts and begin shifting your consciousness moment by moment.

Peace and love.

D.O.S. Program

Destroying The Ego Self

In the previous chapter on Personal Power, we talked about our two identities.

The Ego Self vs The Infinite Self

The Infinite Self is your Spiritual Being.

The Ego Self is your Earthly Being.

And the Mental Plane is the portal between the Spiritual Plane and the Physical Plane.

When we look at who we are and how we define ourselves, we must recognize that part of our identities is shaped by the Ego.

So a huge part of our current vibrational state is actually maintained by the Ego due to the things we have been exposed to and have experienced in our lifetimes.

Parental relationships, family traditions, nationality, friendships, culture, politics, technology, trauma, etc.

All of these things have shifted, impacted, and shaped the Ego.

But the essence of our Infinite Self remains the same.

Remember we are limitless expressions of Self.

But the way we express Infinite Self/Source will be guided by our Ego Self.

Knowing this..

We have to be mindful of which parts of our Ego no longer serve us.

Which parts of your Ego make you feel small?

Which parts of your Ego make you exert extra energy to avoid being shattered?

Which parts of your Ego run from humiliation and criticism?

We all have different personalities and different expressions of Ego.

But remember, it is the Ego that makes us human.

The Ego at one point in time was the foundation to our conscious physical experience.

But because we now recognize that we are connected to Source Energy/God/Universe/Love..

We can choose to allow the Infinite Self to have dominion and control of how we operate in the Physical Plane.

This back and forth dance between Experience (Ego) and Expression (Infinite) is inevitable in stages of growth.

Being mindful of this process means to adjust your expression of Self based on how closely aligned you feel to Source in that moment.

And as we grow closer to Source (True Infinite Self), the more our Ego evolves as well.

In periods of growth, the Ego may make you feel like a fraud.

And it is because your Mental Plane (Mind) is processing new information from the Spiritual.

And the information has changed your Expression of Self BEFORE your physical reality could catch up.

When you're operating in the ether like this, your Ego will do all it can to ground you in "reality".

It will attempt to make you stay comfortable with what you know, who you are, and what you see.

But the Infinite Self is asking you to seek more and be more.

Remember: The spiritual is to be expressed and the physical is to be experienced.

So while it may not be impossible to completely kill the Ego..

We recognize that Ego is deeply ingrained within us during the human experience.

What we can do more easily, is welcome and accept the Ego's advancement.

Not to succumb to the pressure of it, but to better understand our earthly nature.

In understanding this nature, we become hyper-aware of how our Ego Self is choosing to identify our Be-ing in the physical world.

And this is where the mental plane is absolutely critical..

We are always operating somewhere in between our Ego Self and Infinite Self.

And it is in our ability to mentally process these two identities that will dictate how we express Self at any given moment.

So if we circle back to our personal growth and spiritual development..

Death of (Ego) Self..

..is more so a death of old expressions that don't match our new developed version of Self.

It is your internal operating system knowing that there's an update to be made.

It is a continuous process.

It is understanding the nature of your growth.

It is getting more in tune with what it feels like to be in alignment with Self/Source.

It isn't necessarily the death of the Ego..

But it is the death of your detachment to your Ego.

Self-transformation requires you to surrender to Source.

It requires that you do not give permanent residency in the Mind to your Ego's current projections.

You are limitless.

You are infinite.

Which means you are free to become who you want to be.

And if you are being guided by Source, you will be walking towards your true Infinite Self.

But that will require you to constantly challenge your Ego's way of life.

It means feeling that you can shift your personality if it means that you will be closer to Source.

You can shift your mood, your habits, your wardrobe, your favorite TV shows, etc.

This process will not necessarily be easy, but you will feel the flow of the change.

There will be a noticeable momentum shift once you break the friction caused by the Ego.

So in this process, we must look to become the version of Self that is on the horizon.

This is the version of Self that stretches us beyond our comfort zone.

This is the version of Self that is moving towards Source.

It is allowing the Spiritual to dictate the advancement of the Ego; instead of allowing the Ego to create and manage self-limitations.

What is on your conscious mind today that does not serve you?

What beliefs do you need to remove?

What about your self-image needs to change?

How can you see yourself more as an expression of Source and less of an expression of Ego?

How can you adopt more empowering thoughts?

How can you create belief in the mind?

How can you show up at your best today without attempting to overcompensate for yesterday?

These are some of the questions you can ask yourself.

I encourage you to rewatch this training along with the others.

There is also the Self-Alignment & Habit Creation Workshop in this module for you to review as well.

If you have any questions, feel free to leave a comment in the Facebook group, or ask during the next coaching session.

Peace and love.

The Infinite Self I

The Power of the Creative Mind

Up until this point, we have talked about:

1.) managing the Ego.. and 2.) surrendering to Source.

Practicing these two skills alone, will give you the power to be guided by the universe in a way that brings fulfillment to your life.

And although there will be times we will seek guidance, it is NOT our goal to be guided without expressing the free will of creation.

We are here to experience the physical dimension.

And in our experience, we have been given direct power to create from Source energy through the power of the Mind (mental plane).

Up until now, we have described the Mental Plane as a portal between the spiritual and the physical.

And this is true.

But in this process, the mind also determines the direction of our creative energy.

We understand that because it is directly connected to Source Energy on one end..

The power of the mind is infinite, but it's allegiance is fragile.

The mind will create based on existing subconscious programming if you do not take conscious control over it.

Subconscious Ego Creation

The subconscious ego is in “guided destruction mode”.

It creates fear and doubt from past “experiences” to build negative expectations in hopes to prevent you from moving forward and being hurt.

When your mind seems to be hyper-focused on the past or the future, you are in danger of activating guided destruction.

You surrender all present experience in exchange for the past and the future.

This is your most vulnerable state as you are not being guided by Source nor are you being grounded by reality.

The subconscious ego creates as if failure is inevitable.

There is no power in this state. Just defeat.

This is the power of subconscious creation.

Subconscious Infinite Creation

This is the process of welcoming Source Energy.

Being receptive to universal love and the infinite energy flow that is moving through you constantly activates your subconscious Infinite Self.

Practices such as meditation, yoga, and prayer can all activate Guided Creation Mode.

In this mode, it is about surrendering expression and letting Source express freely through you.

It is to be a vessel.

This mode guides you into peace, serenity, and into a state of alignment with Source.

You must be an “empty cup” waiting to be filled.

In this state, you accept that there are answers that you do not possess in your conscious mind and you allow Source to guide you.

In the first two weeks, we primarily referenced this state without name.

The biggest thing to takeaway here is that even when you are not actively creating with your conscious mind..

Either your subconscious ego or subconscious infinite are creating from their own programming.

It is our job to maintain awareness and a certain level of control of our subconscious behavior by monitoring our degree of expression and experience.

Co-Destruction Mode

Co-Destruction Mode is activated by the **hyper-conscious ego**.

The Ego is hyper-aware of the physical plane.

It clogs the mental plane and disallows any positive imagination to flow from Source.

This makes it nearly impossible to see beyond what is currently in existence.

The conscious ego harnesses the power of fear to destroy all possibilities for changing your current reality.

Fear of humiliation, impostor syndrome, self-doubt, lack of confidence, procrastination, and self-sabotage all stem from the conscious ego.

It is in active pursuit to destroy anything that could possibly hurt you.

It is important to battle your brain in this state.

Ask yourself:

Am I impacting? (infinite)

Or am I being impacted? (ego)

Are you expressing?

Or are you experiencing?

This will allow you to exit hyper-reality and go back into Guided Creation Mode to restore your mental plane and your conscious energy.

But the state we would like to focus on is that of your Infinite Conscious Mind.

Co-Creation Mode

This is the activation of Source energy into the conscious Be-ing.

This is to express AND experience Source consciously.

To be a vessel that is actively receiving and giving Source energy.

You are entering the infinite nature of the flow.

You are aware of the energy and your conscious mind is providing you with an alternative view of the physical plane.

This is where your energy is aligned and Source is radiating through you.

You pursue the unknown, knowing that you are following the path for you.

Because you are consciously co-creating it with the power of thought energy expression.

	SUBCONSCIOUS MIND	CONSCIOUS MIND
INFINITE SELF	GUIDED CREATION MODE RECEPTIVE TO ENERGY SURRENDERING EXPRESSION HARNESSING POWER HYPER-COGNITION ACCEPTING UNKNOWN	CO-CREATION MODE ENERGY HARNESSING HYPER-EXPRESSION SELF-EMPOWERMENT HYPER-AWARENESS PURSUIT OF THE UNKNOWN
EGO SELF	GUIDED DESTRUCTION MODE RECEPTIVE TO PAST/FUTURE SURRENDERING EXPERIENCE HARNESSING NEGATIVE ENERGY HYPER-IMAGINATIVE ACCEPTING DESTRUCTION	CO-DESTRUCTION MODE FEAR HARNESSING HYPER-EXPERIENCE SELF-SABOTAGE HYPER-GROUNDED PURSUIT OF DESTRUCTION

We are always creating.

And in understanding this creation process, we choose to actively manifest what makes us feel love, joy, and abundance.

We get to decide if we want to move closer to Source energy.

We have that choice no matter what is happening on the physical plane.

We understand that the physical plane is nothing more than a state of past thought energy.

And the ONLY thing that is holding our current reality together is the thoughts we choose to express.

Your Infinite Self is boundless.

Your imagination is capable of creating anything you desire.

Embrace this knowing that Source will never guide you into the wrong situation, expectation, or desire.

If you experience the feeling of abundance and love from the thought of your desires, then the spirit of that energy will be manifested into the physical.

This is the power of creation.

The Law of Attraction states that “like attracts like”.

And I want us to briefly recognize attraction as a parallel force to creation.

As our thought energy aligns (both subconsciously and consciously), we are altering the state of the universe.

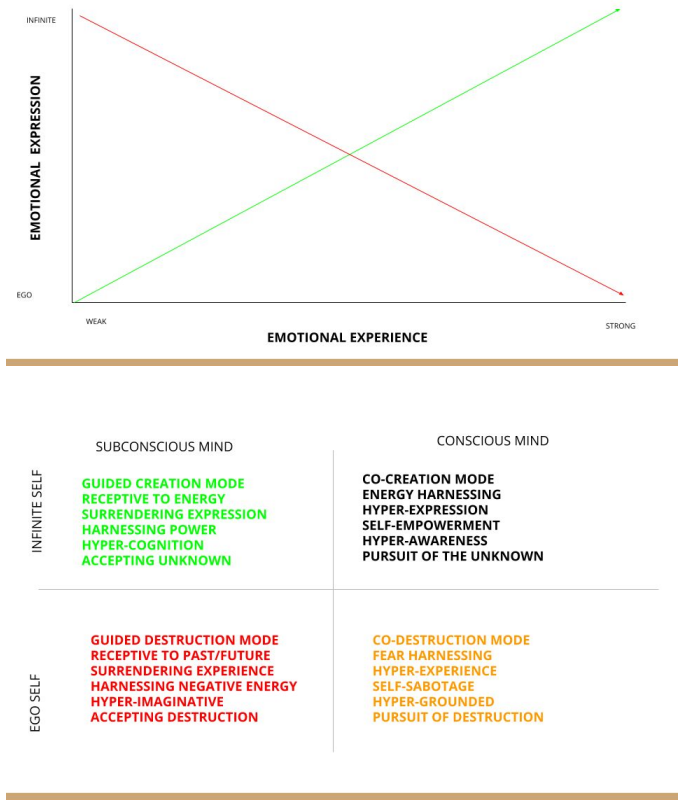
We are magnetizing every molecule in our physical reality by the power of our creative thoughts.

And the status of our alignment (or lack thereof) will dictate the amplification of our attraction.

Ask yourself..

How attached/detached are your Expressions of Self from Source?

And how strong/weak is your emotional experience?



The stronger your emotional experience is..

..the stronger your point of attraction is.

So in order to activate the power of creation at its highest level..

We must actively let Source flow through our subconscious and conscious minds.

We must embrace our emotional expression and experience of universal love.

We must harness this energy to empower ourselves to walk into the unknown of our desires.

We also must embrace the challenge of self-evolution.

Walking towards love outside of this simulation.

In this moment, we are in tune with the alternate reality.

We are able to see the change we want to create.

The challenge is to carry this energy with you at all times.

To be in the flow of creation.

To move with Source in a way that evolves your Be-ing and the Be-ing of those around you.

To create beyond Self is to activate the Light of others, by expanding the depth and range of your thought energy.

To influence and guide..

To build with..

And to empower those who are wandering towards the path as we all were at some point.

We will revisit this in the future, but it's important to note that what brings you peace, power, and love is directly tied to your purpose.

And in our creation process, we must never forget our purpose.

As we are here, experiencing life in connection to Source, to bring others closer to a life of harmony with universal love and their true spiritual beings.

But before we seek to change others, we seek to change ourselves.

We seek to evolve.

And that is impossible to do without understanding the power and responsibility of creation.

Responsibility of Alignment

It is not merely a choice whether we decided to be in Alignment or not.

It is our responsibility and sole mission in life.

Through alignment with Source, our greater potential, purpose, and power is revealed.

We are not here to just collect things (although things are nice).

We are here to evolve our physical beings so that we may evolve our physical experience of spiritual expression.

We are here to walk in synergy with love, abundance, and joy so that we may also bring this energy unto others.

We are here to advance our current concept of what love, abundance, and joy mean so that we may advance our expressions of them.

You are an infinite being.

Your love knows no boundaries.

Your peace has no limitations.

Your joy is overflowing in nature.

So as we move towards these emotional experiences, we understand that we can go deeper still by aligning our Be-ings with Source.

By recognizing that we are not mere extensions of Source..

We are in our purest state, Source energy itself.

You have no bounds.

You have no limits.

You are an infinite being.

Your path is to be a Light.

And by accepting your path, all that you need to know will be revealed to you.

There are no rules and guidelines.

Source will guide you in your creation for Self and for others.

This is the power of co-creation.

It is the surrendering of power, that yields it.

It is the acceptance of Source, that reveals it.

And it's the embracing of love, that creates it.

We know that you will embrace these truths and responsibly advance them according to your own personal alignment.

Continue walking in your highest expression of Self and create the reality that you desire.

Peace and love.

The Law of Attraction

and the Universal Algorithm

Today, we will be diving into the Law of Attraction.

But before we take a look at this Universal Law (which we have briefly covered in previous lessons)..

We first have to examine “The Program”.

In fact, if you revisit the previous lessons, you will see a microcosm of “The Program” present in them.

Because it is present in all things..

It is the driving force behind nature itself.

So you may find yourself feeling eerily familiar with this concept on a subconscious level.

Because it is within you.

And it does NOT need to be consciously understood for it to do its job.

After all, The Program lead you here to this moment..

So that you could find a deeper sense of synergy between subconscious and conscious thought energy.

And that is what the Law of Attraction is really about.

It's not about getting what you want, per se.

It's about finding synergy between self and nature.

Between subconscious and conscious..

Between perceived illusion and perceived reality..

This is the root of all things that we call Law of Attraction.

And it is all based on The Program that is the Universal Algorithm for all creation.

But in order for us to really dig deep into the Universal Algorithm, we must frame consciousness itself.

Because consciousness is the center of The Program.

And we do not mean consciousness in the human/earth sense of the word.

We're talking about a consciousness that predates mankind.

Our source of Be-ing.

Before the beginning.. there was the infinite potential for all that was, all there is, and all there will be.

This infinite potential existed before the concept of time.

It was activated by Supreme Consciousness.

Time and Light were both created out of consciousness.

And this is why infinity is not bound by time, but consciousness/light is.

This synergy between Infinite Potential and Supreme Consciousness created what we now know as Source Energy.

So to be aligned with Source..

Is to be aligned with all things possible..

It is to have universal synergy with both Infinite Potential and Supreme Consciousness.

This is important to realize as we investigate The Program in relation to the Law of Attraction.

The Program has a nature.

And all things that come from this nature, will be programmed accordingly.

And all things that are programmed, will replicate the programming process in some form.

So what does that have to do with Supreme Consciousness or Infinite Potential?

Because the essence of Source Energy is actually The Program.

And up until this point, we have used the word “love” to describe the flow of Source.

But this is not because Source is an emotional Being.

This is just how we translate divine creation.

It is what we feel when we are in divine synergy with The Program.

But The Program also has a parallel “reality”.

And this parallel reality (which is our existence) is actually an illusion.

Because before the beginning there was just Infinite Potential and Supreme Consciousness.

Those are the only two things that are real.

Everything else is a spawn of those two entities.

So our subconscious and conscious programming are ruled by a parallel reality.

But the essence of our being is innately aligned to the forces behind the conception of Source Energy.

And this is where the microcosm of it all comes into play.

As we live our lives, on this 3-dimensional plane..

Extracting thought energy (consciousness) from the Spiritual..

We bring the conception of Source Energy into our own parallel reality (perspective).

But aren't we Source Energy?

Yes, we are expressions of Source Energy manifested into a 3D illusion.

So even our expressions of Source are illusions.

And it's why with the right level of consciousness, you'll find that your thoughts and emotions are extremely impressionable.

So yes we have the ability to express outwards, but we are always being conditioned by the algorithm.

This is The Program in a nutshell.

But it is not a simple 2-lane one-way street.

It is an infinite highway of multi-layered consciousness streaming back and forth between all things that derived from Infinite Potential and Supreme Consciousness.

And this is happening on every plane of existence in multiple dimensions in multiple galaxies - simultaneously.

I want you to think about the kind of energy that would be needed to create all things.

And understand that energy is flowing within us.

Moving us in the direction of The Program.

We do not need to know the goal of the Universal Algorithm.

But we do know that because of the nature of the program..

That our concept of “self-awareness” is primitive and extremely ego-centric.

Because we have all been manifested into this world and directed by a stream of consciousness that extends billions of miles into infinity.

And our ability to produce or create what we want is relatively limitless, because our consciousness is a part of the same consciousness that intertwined with Infinite Potential.

And this brings us back to the Law of Attraction.

Like attracts like.

In other words, frequencies are attracted to frequencies that are operating at the same mathematical rhythm.

So ultimately, if you desire from a place that matches what you desire, you will get what you want.

Is it that easy though?

Yes, because the algorithm has already produced infinite potential into the universe.

Quick exercise..

I want you to close your eyes and view yourself as nothing more than a collection of molecules.

You are billions of atoms, vibrating in space as you rotate around the Sun in this parallel reality.

But ultimately, you are an infinite stream of consciousness flowing thru infinity.

You are connected to the Divine Mind.

What you wish for here on earth pale in comparison to all that you are.

Your desires, whether rooted by conditioning or elevated consciousness, are already here present for you.

All the things you desire and all the things you will desire in the future are flowing to you now.

You are consciousness becoming aware of itself.

You are potential becoming aware of its power.

All things are within reason.

Even that which seems impossible.

You are not confined or defined by time.

You are here to observe The Program and rise above it.

And the path for you, is the path that has been revealed.

You can never stray from your path, because it has already been created in infinite realities.

The question now becomes, “what will I choose to attract?”

Not only for yourself..

But what will you attract to your community?

What will you attract to the planet?

What will you attract to The Program itself?

And how willing are you to decondition yourself in a deeper sense, so that you can help decondition others from The Program?

This is what it's about.

Will you be a part of The Shift?

Will you harness your energy beyond this
3-dimensional illusion?

You get to decide if there is something greater
worth fighting for.

You get to decide how bright your Light shines
amongst others.

Set your intentions and get in tune.

Decondition yourself from small-thinking.

Decondition yourself from The Program.

Decondition yourself from your limited perspective
of your own infinite potential of Source energy
expression.

Transcend self and flow with the current of your
higher self.

We talked about pushing towards infinity last week.

But I hope that understanding The Program in this
way, opens your eyes to even more possibilities.

This world was made to be manipulated.

And now there is a fork in the road, where you get to choose.

You get to decide to self-examine your consciousness and to push the edge of your beliefs and programming towards The Infinite.

This is our journey.

Remember, it was The Program that brought you here.

This moment was created billions of years ago.

Intentions have been set by the algorithm.

It's time for you to set yours in a deeper sense.

We have talked about the state of Be-ing an Be-coming.

But there is a third state..

A state of rapid expansion.

It is to be nowhere and everywhere..

To be in energetic harmony..

To be conscious of the greater power of control that you are surrendering to in the physical, mental, and spiritual.

To feel your vibration outside of the illusion.

To realize that your persona and physical body is so close in proximity to your True Self.

But would you recognize you, if you saw your true form?

Find yourself.

Dedicate time to discover your vibrational form.

Learn the ways of The Program.

We will go more in-depth on The Program in the coming weeks.

But our focus herenow, is that you understand the vacuum that the Law of Attraction is confined to.

Your desires are already present.

Waiting for you to claim the vibrational frequency of your true form, so that you can one day return to the stream of Infinite Source Energy.

Mindfulness, Meditation, and Metaphysics

The Art of Stillness

Today we will begin the 5th Module and the final of the three Awakening Modules.

For the last two weeks we have focused our attention on the Mental Plane.

We have observed the Infinite Self from the perspective of the Mind and revealed how it is all connected.

But today our mission is simple.

As we move into the final phase of this program, it's important that we look at the Art of Stillness.

We've recognized Infinite Potential and Supreme Consciousness as the parents of all there is, all there was, and all there will be.

And by operating ourselves within the microcosm of this divine synergy, we will be able to reach the highest potential of stillness.

This is how we reach Source.

By opening the Portal.

It is this consciousness that gives the mental plane awareness of itself.

And when that consciousness is in synergy with potential, it creates an awareness of the unknown.

Light.

Creation.

Manifestation.

So when you are in The Stillness, your ego must surrender to the perception of what is unknown to it.

Remember that your ego is small, no matter how big it portrays itself to you.

It is the ego's experience that is always "larger than life".

It appears so definite.

It appears to be real.

But it isn't.

It's all an illusion of the physical realm.

And the more illusion-based thoughts inside the mental portal, the less receptive you will be to Source.

Remember that the ego operates under "seeing is believing".

So even our relative perception of consciousness is centered in illusion.

This is just the way the program works.

But we can practice surrendering at a higher state of consciousness.

And we must if we want to clear our minds (even if just temporarily) from The Program.

THE PERCEPTION OF SPIRIT GROWS WITH
THE MIND = SPIRIT CONSCIOUSNESS

THE PERCEPTION OF REALITY GROWS WITH
THE MIND = EGO CONSCIOUSNESS

THE PORTAL OPENING (OPEN-MINDEDNESS)
IS RELATIVE TO ONE'S OWN CONSCIOUSNESS

THE PORTAL IS OUR RELATIVE PERCEPTION OF SPIRIT

How can we become one with Spirit while also expanding our conscious understanding and awareness of it?

The answer is found by going back to the beginning.

By resting in the infinite potential that existed before time and light itself.

By searching for and finding that moment of gestation in meditation.

And pairing it with mindfulness.

This is done by allowing the things revealed to you from Spirit to manifest without interruption from the Ego.

To trust all things from this infinite source of consciousness, even if your ego feels that you don't deserve the manifestations of it.

Ask yourself: Do I hope, trust, believe, or know The Infinite?

We understand that these different levels of thought are different frequencies of vibration.

And we know that the difference between hope and knowingness impacts our ability to co-create.

Knowingness at this level transcends consciousness.

To know is to surrender.

It is acceptance that there is an infinite amount of “more”.

It is the understanding that to express Self at the highest perceivable level at a given moment that one must rely on Source and not our finite reality for energy.

This requires consistency, concentration, focus, and discipline.

You have to decide today that developing a ritual or routine around expanding your mental plane is important.

And more importantly..

You have to decide that this is not some sort of mystical spiritual game for you.

That you're going to express through new insights, wisdom, knowledge, and love energy so that you can MANIFEST into the physical.

Because that is what this is all about.

It's about changing the program.

It's about leaving behind a deeper footprint.

And it's about experiencing this physical reality in the highest forms of love, joy, peace, and satisfaction.

You are here to be a creator.

You are here to experience life as the powerful, not the victimized.

You draw your energy from love, not fear.

Fear doesn't even exist when the ego is dead.

And even though the Ego is never quite "dead" in this physical reality.

It can be made dormant.

And this is why we need Stillness to reconfigure the portal.

The world is upside down, so to be in flow with Source may seem to be out of flow with the world, but it's not.

You are not here to go against the world. You are here to change the program so that the world can be more in flow with Source.

But in order to reach this state, you must practice surrendering the movement of your ego's consciousness to the Infinite's potential.

Because we are mere manifestations of expressed conscious energy, it's important to know that..

We are always surrendering.

Either to Ego or to Source.

This reality does not belong to our sense of Self.

Source is present.

The infinite potential of the program is present.

But the collective ego of the world has not found Supreme Consciousness.

It has not yet arrived in this time-space reality.

But it will return, when we are collectively calibrated to receive it.

Our journey here is to open and expand the portal of our Collective Mind to reveal Source to the world.

You are here to change the program.

The Infinite Self II

AND THE DYNAMIC OF ENERGETIC FORCE EXCHANGE

Over the last month, we have laid a foundation for both ego destruction and opening of the mental portal.

And rightfully so.. you have seen extreme mental and spiritual growth.

But now it is time for us to take a massive shift as we enter the final phase of this program.

Throughout our trainings, you have molded and shifted your thoughts.

And in doing so, you have shifted not only your being, but your perspective of your own potential.

You have subconsciously created a new version of yourself that is waiting to be manifested.

In our final three sessions, our priority will be on unveiling and unleashing this new Self into the physical plane.

It is time for you to step into the deepest parts of your potential and allow them to carry you throughout the conscious unknown.

It is time for you to show up in a brand new way.

And it is time for the external world to shift to your vibrational alignment and spiritual growth.

This is important to bring your cycle of awakening full circle.

This is our final lap in the ego's mental portal.

And our first lap as new beings expressing higher vibrations of Source for OTHERS to experience in the physical.

So let us begin..

The Dynamic of Energetic Force and the Infinite Exchange

We understand that we are all physical manifestations of Source energy.

And that the energy within us is infinite and everflowing to us and through us.

So we must see things not only with our physical eye, but feel them through the spirit (via the ego).

We must be mindful of the energetic exchange happening.

A good example of this is when we notice someone with “good vibes” or “bad vibes”.

We subconsciously know the person’s vibrational frequency based on how our ego experiences the exchange in energy.

Our mind is calculating mathematical frequencies of energy at the speed of light.

And our mind will ultimately surrender influence to the greater perceived energetic force.

Why is this important?

Because as you attempt to manifest yourself into the physical..

You will be challenging your own existing subconscious programming.

You will be going up against everything you have claimed to be since your last psycho-spiritual update.

This is the butterfly breaking free from the state of mental metamorphosis.

This is your spiritual rebirth.

You must stand up and face the friction of your upcoming breakthrough.

It is your destiny to walk into this new unknown.

The unknown that was meant to change you forever.

Embrace the energy that you have been manifesting.

Prepare yourself to release and set this new energy free.

Bring it to life and become reborn into a new reality.

This is the first exchange.

The exchange with self.

We recognize Self-Transformation and Awakening as a process, not a journey.

The butterfly spends more time in a state of becoming (Infinite Self) than it does experiencing its final form.

This has been the fundamental nature of our teachings thus far.

But once you create this exchange of energy within yourself, the next phase begins.

..to view and influence the other as an extension of yourself.

And to exchange energy in a way that prepares you for your next rebirth.

The Point of Exchange Surrendering Influence

We exchange energies with every being we come into contact with.

But the exchange is not always of equal value.

The power of one's thought energy or vibrational alignment will dictate what they exchange with the other.

If one is very strong in their energy, they will attract those who align with the vision of their thoughts.

If one is very weak in their point of attraction, however, they can only bring along those who will align with a lesser version of themselves.

The most powerful force of thought energy is what gets exchanged.

So not only do you have to be strong in your own sense of conviction and confidence, but you have to be able to stand in your new manifestation of truth.

But as you continue working on developing yourself, understand that the world needs you to EXPRESS the improved version of yourself.

The Program is meant to be changed on a macro-level.

And it will take you influencing others to change to make that happen.

You have to be the light.

So how do we become a greater sense of light?

Expansion of the Infinite Self requires three steps:
Extend, Connect, Reframe

The first step is to extend.

This recognizes the other as a spawn of yourself.

We are all the same being.

We are just being conditioned and influenced by different egos and points of attraction.

Our expression is diverse, but it is relatively the same across all human cultures.

We are the same incarnations of Source energy expressed in different ways.

So to change the other, is to change yourself on a universal level.

To develop and grow yourself and not extend outward to the other is to perish.

It is like kidney failure in the body.

One organism affects the whole.

The greatest power of all universal forces is synergy.

And we are synergetic beings like no other.

Together we are infinitely stronger in our ability to manifest against The Program.

So you have to see yourself in others and allow others to see themselves in you.

Extend your energy outward into the other and remind them of who they really are.

Allow them to see your growth and all that they can become in synergy.

This requires you to show up.

This requires you to tell your story.

This requires you to listen to the stories of others.

This requires you to express yourself at your highest frequency.

It requires you to connect.

Find the driving motivations behind the other even if that motivation is driven by ego.

Their motivation is their reality.

Their truth is their truth.

If you want to actually connect and build with others as a person of influence then it's up to you to bridge the gap for them mentally.

Allow them to experience your expression of Source by overpowering their limiting beliefs.

Plant the seed.

You don't have to grow a tree in one day.

That's not how we grew into ourselves and so we cannot expect that from others.

But this seeding and watering is what allows this reframe of the mind to become possible in others.

This soothing and gentle process of growth is what is needed to make a long-term impact.

Because we are not looking to temporarily motivate or inspire someone.

We are here to create lasting change in the program.

Motivation has to be driven by a reframe of one's mind and a change of their subconscious programming.

And we realize that this is nothing short of a grand task to be responsible for the other in that way..

But this is also a part of your journey of transformation.

Becoming such a light for others, that your spirit shines long after your physical death.

We now live with the spirits of the men and women who have created ripple effects of love, hope, peace, growth, and social evolution.

We resonate with leaders of yesterday, not because of their words, but because of the harmony between our spirits.

And it's your job to be that for those around you.

Be a voice of resonance.

What you want also wants you.

The people that will resonate with you are the people that you will resonate with.

Allow the universe to flow with the power of your intentions.

Force is not necessary; as true power is always in the surrendering of power.

There is a higher degree of Source calling you to connect with it.

It is extending itself.

Hoping to reframe YOUR physical experience.

Allow yourself to receive it.

Open yourself up even more and tap into the greater force within that will lead you further on this journey.

Move in the spirit of love and all that you need will arrive to you as your personal point of attraction will be stronger than ever.

That will conclude today's lesson.

If you have any questions, please share them in the student area.

Peace and love.

Tapping Into Your Infinite Spiritual Purpose & Identity

We have been on a great transformational journey together.

And now it is time for us to really focus on what will be the manifestations of your time in this program.

Last week, we talked about the exchanges of energy that are taking place on all dimensions.

Constantly moving between us and the other.

And as we continue to draw energy from our Infinite Self, we understand that the only limits of exchange are the ones we impose on ourselves.

How committed are you to evolving your understanding of the flow of energy?

How committed are you to giving on a level that is equivalent to Source?

How committed are you to bridging the gap between the other and bringing them closer to Source from your influence alone?

This is what it will take to unleash all that you are into the physical.

Commitment.

Showing up everyday with the INTENTION of evolving your expression so that you can give on a higher level.

This allows you to impact the world in a more meaningful way.

Shouldn't you have more influence, if you are aligned with Source?

Do not hide or be ashamed of what you have evolved into.

Welcome the new version of yourself with love, grace, and compassion.

Take time to get to know your new expression of self and allow it to settle into the Ego's experience.

Because though you have aligned yourself with the new frequency of your Higher Self..

It still takes time to download your new subconscious programming.

In this moment, do not allow your Ego to hit the cancel button.

Stay the course even when it feels like you are relapsing into old truths.

Stay strong in your intentions.

Practice the habits of your new self daily.

Again, this takes discipline and commitment.

You cannot walk this walk and expect to shift the energies of others unless you are serious about shifting the energy within.

But it is an ongoing process, so be gentle with yourself.

This is the existential challenge of evolution..

The freeing of one's self-identity for the acceptance of a new unknown.

It is the ultimate form of surrender and sacrifice.

But in order for this to happen efficiently, you must be walking in your spiritual purpose.

You may be thinking, "I'm not entirely certain what my purpose is."

And I'm here to tell you not to overthink this.

Purpose is not some supernatural thing.

It lives within you.

When there is no resisting, it is found in the ordinary.

It has been with you forever.

Purpose - the reason for which something is done or created; or for which something exists

It is why you're here.

If your purpose matches your intentions, you will feel aligned with Source.

The ego is not afraid of purpose; but it may be afraid of the way in which you have to carry it out.

It is afraid of showing up bigger.

So embrace the fear and show up at your highest state to calm the ego and rise towards your Highest Self.

Wake up to all that you are.

And embrace the mindset of the spiritual practitioner that you are.

You are not a phony or a fake.

Accept who you are becoming.

These shifts are monumental.

There will be friction amongst the energy you exchange with in the physical.

Especially since you have just begun settling in new norms.

But this is not the time to get comfortable.

You have more work to be done and more growth to obtain.

This is the first blossoming of the seed.

Growing with the knowingness of your full potential.

Pour your purpose into every element of growth.

Be intentional about the conversations you have, the people you are with, and the environments you enter.

Be more mindful of the energetic landscape and allow your intuition to guide you towards the right opportunities.

Your Strategy

Staying in Alignment.

Walking in Purpose.

Having the right Intention.

Surrendering to the Infinite.

Focusing on your Path.

Staying Consistent.

Surrendering again when the Ego thinks it has it figured out.

Tools to Use

Daily Affirmations

Personal Mission Statement

Personal Intention Statement

Meditation

Presence & Mindfulness

Surrender

Community Cultivation

Core 3 (Spirit, Mind, Body)

ISA Daily Affirmation

I am a spiritual being having a physical experience.

I am love.

And I express myself at the highest vibration.

I am success.

All that is meant for me is flowing to me constantly.

I am peace.

So I surrender to my path.

I am the unknown.

So I know the unknown is nothing to fear, but a return to where I once began.

I am that I am.

And today I will grow deeper into all that I am becoming.

Your commitment to growth and surrender will lead you down a path of greatness beyond what you see as possible.

This week, your assignment is to create a Mission Statement that outlines your personal mission.

And to create a Personal Intention Statement as a way of committing to that Mission Statement.

(oversimplified example)

Mission: save the forest

Intention: research, educating, volunteering

This week is all about testing your level of commitment, setting the right habits, being more disciplined in your spiritual practices, and accepting your ever-changing identity (expression).

I'd like for you to create a post, reflecting on this lesson in the Student Group.

If you have any questions, feel free to leave a comment in the student area.

Until next time..

Peace and love.

The Infinite Self III

AND THE SYNERGY OF ALL BEINGS

Today we begin our final lesson of this program.

Over the last 8 weeks, there has been much transformation found in the IMPLEMENTATION of the core values and principles of the ISA.

I hope these transformations have led you to discover parts of yourself that you now know were always present within you.

And I hope that this self-awakening leads you to continual growth and expansion in both your material and spiritual life.

It has been an honor to be the selected vessel of this information to you.

And I cherish the connection we have made energetically; even if you are reading this 10 years from now.

My energy is present.

And so is yours.

So thank you for your commitment and dedication on this spiritual journey called life.

With that being said, let's move into today's lesson.

This is the third lesson on The Infinite Self and we will be focusing in on the synergy of all beings.

..the life force energy within all of us.

And how we can use the energy within us to create oneness.

Because the greatest use of our synergy as a collective is to become a greater collective.

It is not found in individual merits or successes.

It is not about "self"-awakenings.

It is found in the realization that we are all one body.

Segmented only by time and circumstance.

It is the same conditioning that keeps us from knowing ourselves that keeps us from knowing (and therefore loving) the other.

So what is our ultimate purpose here?

Our purpose is to live out our unique spiritual expression of self in a way that promotes oneness.

We cannot embody the spirit of love and promote separation.

And it's important to make a distinction here that oneness does not mean uniformity.

The objective is not to rob someone of their unique expression or path.

But it is to reconfigure the conditioning field of this 3D illusion so that we are made to know our Higher Self and therefore made to know our brothers and sisters in Spirit.

As above, so below.

It will not be until we are granted access to our spiritual realities that our physical realities can change.

So our physical conditioning is not just a result of mental conditioning, but spiritual conditioning as well.

And as a people with a broken spiritual condition,
our relative connection to Spirit when encountering
it is so broken that we do not acknowledge it
amongst one another because we do not fully see it
within ourselves.

Your personal challenges with Spirit will reflect in
every single encounter that you face.

It will impact the WHOLE collective body of spiritual
beings on the planet.

We are one at peace.
We are one at war.

It is up to us to decide which reality we want to live
in.

And if you would like to find peace within the world,
you must first find eternal peace within yourself.

If we want love to immerse the world, we must first
let love immerse our personal and spiritual lives.

You must realize who you are.

You are no less than man's own personification of
God.

This is what we have spent our entire human
existences trying to unlock.

There are over 4,000 religions on the planet with over 500 different gods.

We are very much in tune via the imagination of supernatural powers.

And we have always been deeply infatuated with the happenings of our spirit AFTER our physical deaths.

This is the ego being conditioned by fear.

But what happens with the collective body throughout our actual life?

Will we use fractured understandings of Infinite Spirit to bring fear to our ego's experience?

Or will we surrender to our ultimate unknowingness and use that as a reason to bridge the gap with one another through love and understanding?

To know yourself is to know others and to know others is to know the Infinite.

There is no way around this.

We are the creators.

You have awakened a new version of yourself, but how will you help others see themselves in you?

Again, this is not about forcefulness. Or robbing someone of their unique expression or personal path.

You must be 10 times more gentle with others in their process than you were with yourself.

Because you don't know their story.

You don't know their trauma, their conditioning, their purpose, or their connection with Spirit.

So we don't take for granted the opportunity for Spirit to plant a seed even if Ego wants to plant a tree.

We don't forego HUMAN connection, because we want to have a "spiritual moment".

Because we understand that the spirit lives through our human connections.

Planting a seed today may be a smile or a compliment.

It does not have to be a spiritual conversation because when we are vibrating in high spirit, the

essence of that energy transfers to everything we do.

Recognize all that you are.

And surrender to your Higher Self.

Don't just seek guidance, seek leadership from your Higher Self.

Seek a deeper relationship with YOUR spirit, so that you can appreciate the various expressions of spirit within others.

This is where the self-awakening process comes full circle.

Because you cannot disarm the ego of others without showing them it is safe to be all that they are.

People are afraid.

They are afraid of the unknown, the known, the could-be's, the possibles, and the impossibles.

How can you turn fear into love?

How can you be the example?

How can you be the representation of positive energy?

It starts with Self, but it always always always extends outward.

And it requires that you are present in your spiritual growth.

Last week, you were given the ISA Daily Affirmations.

And this week, I'd like to provide the tenets of the ISA.

The International School of Alignment

Receive and express love freely and as often as possible.

Be mindful, present, and thankful for every micro-moment.

Surrender to your Higher Self and commit to being the Passenger.

See and recognize Source in all things.

Respect the path of others and value their unique expression.

Leave a path of planted seeds wherever you go.

Remember that people are the answer; commit to connecting with others.

Don't be afraid to make a mistake.

Have fun and don't take life so seriously.

Commit to walking into the Light of the Unknown.

It has been a pleasure to walk with you on this journey.

And I look forward to hearing about the new manifestations in your life for years to come.

Until next time..

Peace and love.

