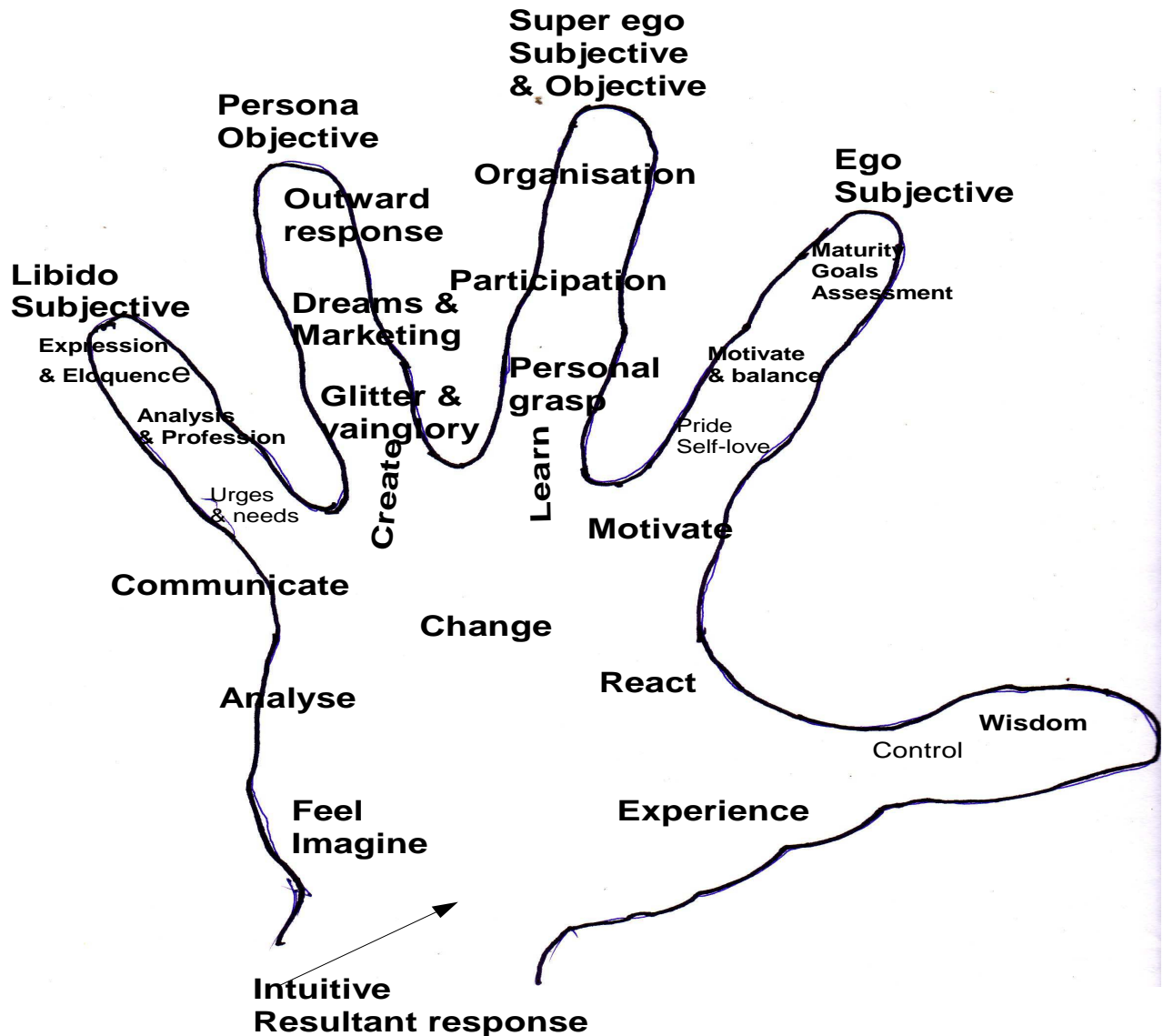


THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

THE STUDY OF PALMISTRY (PART I)



**AS TAUGHT BY PROF. ANTHONY WRITER
NOTES FOR MY WORKING STUDENTS WHO ARE EARNEST
TO STUDY SCIENTIFIC PALMISTRY**



*Note for Working students who wish to study Scientific Palmistry
Prof. Anthony Writer, Jyotisha Bharati, Bharatiya Vidya Bhavan, Mumbai*

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

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THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

**Our motto: To consider Palmistry as a Scientific Art.
Motive: To Benefit the subject by pointing out his dormant talents and strengthen, if possible, the weak points; thereby making Palmistry a humanistic discipline.**

A few important points to remember:

- **Serious study and practice is required to become a proficient palmist.**
- **Constantly examine hands with the explanation that you are a student gaining practice, and not by posing as an expert.**
- **Do not alarm a nervous subject.**
- **Never read hands in a crowd for the amusement of the bystanders.**
- **Never humiliate or discourage anyone.**
- **Use great care in expressing your opinion: do so with careful thought and a minute examination of the hand in entirety.**
- **The more intellect, refinement, tact and facility of expressions you have, the more you can accomplish.**

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

PREFACE

The present compilation of notes on Palmistry by A.S. Writer is an effort of almost a decade. This work has been done after referring to various books and articles, many of which are mentioned in the bibliography.

The mastery of the study of Palmistry requires a lot perseverance and dedication by applying this scientific art practically to the lives of individuals. As we are living in a world full of swift and constant changes, the last word in the analysis and prediction of the palm will never be final. For this research is one of the solutions where new knowledge and ideas could be assimilated with the old texts written by the sages of the East and the savants of the West. Such a fusion of knowledge along with transparency, new method, logic and systematic presentation could contribute to this study, thereby leading the up liftment of the race, which is of utmost importance.

I recommend that this compilation be read by all lovers of Palmistry for their day to day work and also for further research in and environment where constant change and the unexpected is the order of the day.

Jinabhai Lad

Principal

Jyotisha Bharati

Bharatya Vidya Bhavans

23rd March 2005

Note for Working students who wish to study Scientific Palmistry
Prof. Anthony Writer, Jyotisha Bharati, Bharatiya Vidya Bhavan, Mumbai 4

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

FOREWORD

The last word in Palmistry or Chirolgy or Hand Analysis can never be written so long as this earth of ours exists in its present form. A four billion planet in the seventies is almost doubling and every birth means a new hand. Analysis and predictions has to differ from every habitat all over the globe. We are simultaneously exposed to different ethnic races, the developed and the underdeveloped societies all at one and the same time. The same rule will not apply to all these members of the human race. We have the affluent societies with high-tech knowledge and equipment alongside the poor, illiterate and dejected populace living in hunger, degradation, desperation and abject poverty. As we are existing in a society that is fluid, uncertain and ever-changing, constant research is the demand of the day to make the study of Palmistry more relevant to answer the questions posed by the members of these vivid and mystified societies. Hence the present compilation, in four parts is an attempt to give a more comprehensive picture of the study of this scientific art and point out to a new direction and at the same time inculcate an inquiring and scientific temperament. As new societies and cultures with their own ethics, morality, beliefs, etc. are mushrooming and spreading their influence on people who are affected by instant communication and contacts, the old order is dying.

Further due to the inventions of new artifacts, socifacts, etc. interpretation that was fit for a past culture or society does not work verbatim. We, therefore, are already given a new direction that research and new findings should be incorporated to the old methods, based on a rock solid foundation of scientific research and profound logic.

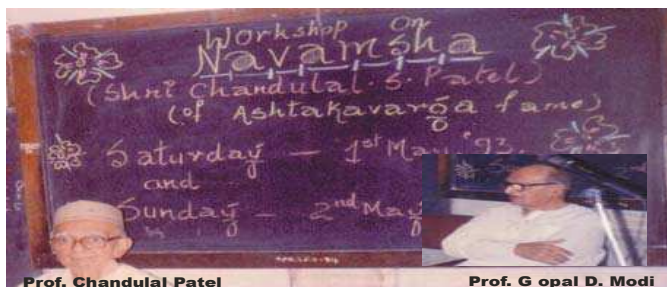
All should note that the compilations in the 5 sections are not a book but only notes - a compilation for working students in who want to study scientific palmistry. I am grateful to the great personalities in the world of chirolgy (mentioned in the bibliography) who have permitted me to use their material for the compilations.

Anthony Writer

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THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

GURU KNOWLEDGE OF BHRAMA'S LIGHT DESTROYS DARNES



Prof. Chandulal Patel

Prof. Gopal D. Modi



Prof. Jinabai Lad



Prof. G.B. Forbes



Prof. D.V. Thakur



Prof. Sharad C. Joshi



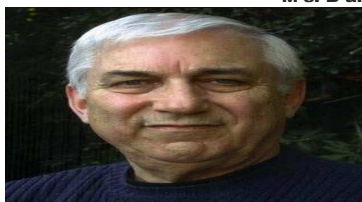
Mr. K.B.S. Mani



M s. B arabara Pijan Lama



Ms. Jennifer Hirsch
Chirolgist



Dr. Arnold Holtzman
PDC



Johnny Fincham
Chirolgist

Deep gratitude to and fond memories of the late Dr. Ramniklal Nayak, Professor of Palmistry and Teletherapy, and an Educationist, who taught Palmistry and Teletherapy at Jyotisha Bharati for many years.

I HAVE TO ACKNOWLEDGE THAT

- 1) A LOT OF MATERIAL IN ALL THE 5 SECTIONS IS TAKEN FROM THE CLASS NOTES OF THE LATE DR. RAMNIKLAL NAYAK WHO TAUGHT ME SCIENTIFIC PALMISTRY. MAY HIS SOUL REST IN PEACE.
- 2) MANY OF THE HAND PRINTS ARE TAKEN FROM "GOD GIVEN GLYPHS" WRITTEN BY JENNIFER HIRSCH, FOR WHICH MY STUDENT AND I ARE EVER GRATEFUL.

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THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

DEEP GRATITUDE

In this interdependent world, it is difficult to do any type of activity in total isolations. As human beings, we need the support of our fellow men in various ways. In this regard, I would frankly state that I did take assistance and support in some form or the other. Therefore, I would like to express my deep gratitude to the following persons, who were very kind to offer me their assistance and support all throughout:

- **Shri Satish Sawant, P.A. to the Chief Minister of Maharashtra. Our friendship during the last two decades has been maintained very cordially and he had assisted me many a times.**
- **Ms. Alka Chaturvedi, a very successful Jyotisha Visharadha student, and consultant in many ways. She has been generous and kind to me and many others.**
- **Mr. Raosaheb Shinde, S.P., Raigad, and IPS, who has helped many a persons in dire need and distress with just a telephone call.**
- **Mr. Shashikant E. Shinde, D.C.P., a friend in need is a friend in deed, with a very humane approach.**
- **Ms. Maya Maghnani, Chairperson, Mukhtangan International Foundation and a Feng Shui expert with astrological background. She is a woman of crisis and has been helping thousands, and her hands of generosity is ever-stretched during periods of natural calamities like floods and earthquakes.**
- **Dr. Lizia Batla, Jyotisha Visharada and a Feng Shui expert.**
- **Mr. Simon Rebello, Educationist and publisher. He uses simple and practical way of teaching and writing his material.**
- **Mr. Prashant Sawant & family and his brother, Mr. Prashana Sawant. Their friendship will be cherished for long.**
- **Mr. Sundeep Arora, Jyotisha Visharada, and a research student in astrology and Vastu. He is the Secretary of Rotary Club, North Thane and proprietor of Jet ScanPrinter. He is a social worker in his own right.**
- **Mr. Shivanand Karkera, Jyotisha Visharada, doing research in astrology, astronomy and vastu. He is also a computer scientist and deeply religious.**
- **Ms. Meena Thaker, for her support and encouragement, time and again. She is a Jyotisha Visharada, Vastu consultant, Graphologist and Tarot Card Reader.**
- **As always, my deep gratitude to the student community at large, who have always encouraged me in my work, given me suggestions and ideas, and are always looking out for change and improvement to study better.**

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

I A BRIEF BACKGROUND OF HINDU PALMISTRY

Palmistry, composed by Sage Samudra, is an integral part of 'Samudrik Shastra'. Samudra Rishi was the first to write about this science that is why Palmistry was known by scholars as Samudrena and the science was called as “Samudrikaam”. Prior to this it was known as 'Anga Lakshan Shastra’, the science of the physical body's symptoms. The ancient records are a bit confusing as “Samudra” was a title and many sages were known by the name Saumdra. Hence it not possible to fix any date for the composition of “Samudrikaam”.

Sage Narad composed the Narad Puranas around 6th century BC. According to Pauranic references, it was the ascetic Narad who was the first person to forecast, after seeing hand of Girija, daughter of King Himalaya and Queen Maina, about their daughter’s prospective husband's peculiarities.

In “The Wonders of Palmistry” Dr. Bhojraj Dwivedi, on page 472, states the following:

“When Lord Krishna, in the Dwarpa Age, request Lord Mahadev to describe the describe the auspicious and omniuous traits of human character, Lord Mahadev replies: “O Krishna, I will disclose the disclosures of made by Samudra Rishi, with regard to physical form. sympyoms, lines and signs on hands of human beings. Please list with rapt attentions.” ”

Dr Manish Pandit, a nuclear medicine physician after corroborating all researches of Dr Narhari Achar, a professor of physics at the University of Memphis, Tennessee, in the US, in 2004 – 2005 says that The Great War between the Pandavas and the Kauravas took place in 3067 BC,.

If the above calculations are correct, then Palmistry in India existed more than 5000 years.

The Hindu school of palmistry calls the main lines by different names. For instance, the line of Heart is called the Ayu Rekha or Line of Life, the line of Head the Matri Rekha or Mother Line. The indications of the lines given by Hindu writers nevertheless resemble in broad principles the interpretation of Western authors. If considered as complimentary systems, a palm reader with the knowledge of these two methods will could have higher success rate in interpretation.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

II

INTRODUCTION

i) Palmistry is defined as science of hand reading, on the basis of which one is able to judge the characteristics of the individual and also indicate the past, present and future events pertaining to the individual.

ii) What is science?

In the ordinary language science is considered as a body or an aggregate of systematic and formulated knowledge, dealing with material phenomena and based

on observations, experiments and induction (general inference from particular instances), requiring trained skills.

iii) Is Palmistry a science or an art?

a) In the introduction to “The study of Palmistry” by Comte C. de Saint Germain, Desbarrolles says: “Physiology I found long ago – and find every day – fully explains the Mysteries of the Hand.” The stupendous works of the Hindu Brahmins, the Egyptian priests, the Chaldean shepherds, Pythagoras, Aristotle, the Chinese, profound Arabs, the Dutch, the Italians, the English savants, were interrogated by the learned men like Comte C. de Germain, Count Louis Hamon, William G. Benham and other worthies, applied to hundreds of cases; their investigations led on to the study of physiology and medicine and research in hospitals, lunatic asylums, prisons, penitentiaries and almshouses and thereby endeavoured to get the secrets of the mind – for the mind is the guiding force of life.

b) The science of Palmistry is founded on the shape of the hand, its developments and other elements like a) the texture of the skin, b) the consistency of the hand; c) the shape of the fingers, d) the phalanges of the fingers, e) the colour of the palm, f) the shape, texture and the colour of the nails and the thumb.

c) The nearest to where the renowned physicians and physiologists have reached to equate the fluid of Vibration that gives life is Magnetic Electricity. Charles Bonnet says: “Ideas are nothing but vibrations...transmitted through the nerves to the Cerebral Fibres, which penetrates man’s body through the fingers, and thereby leaving its markings on the palm, runs up to the brain.”

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

d) Prominent physiologists have stated the fact that the palm becomes burning hot in the advanced state of diseases that arise from the organic wasting away through irritation, is sufficient evidence that in the hand exists one of the centres of instinctive life. They have added further that this focus of instinctive life resides in the elevation of the mounts under the four fingers, wherein as well as in the hollow of the hand and the finger tips are found 250 to 300 pacinian corpuscles (a specialized sense receptor in the skin which responds to firm pressure; named after F. Pacini (1812-1883) an Italian anatomist), which are agglomeration of nervous matter. These corpuscles act as condensers of innervation (the nerve supply to an organ or body part) renewing the vital fluid through the fingers, storing it like reservoirs of electricity and endowing the hand with its surprising sensitiveness, commonly known as the sense of touch. These complicated system of these nerves acts as a network of telegraphic wires, in transmitting from fingertips to cerebellum the ever- travelling fluid.

e) The vital fluid penetrates through the finger tips, accumulates in the pacinian corpuscles and tracing deep channels at the surface of the palm; finally reaching the brain and it is redistributed through the whole body by means of innumerable ramifications of the nerves, finally to return to the common ocean of nature's vital fluid, this time being respired through the finger tips, just as it was aspired through them.

f) In this aspir and respire resides the whole mystery of human life, unexplained, of course in the deepest aspects, but fairly well followed up in some of its inward manifestation – notably in the markings it leaves in the hand.

g) Like any other science, Palmistry too has a set of laws and rules with due exceptions, which have to be mastered. The first word, therefore, William G. Benham uses is "The Laws". Since Palmistry is Scientific, Benham calls it "Scientific Hand Reading".

h) Through the science of palmistry, one can interpret and predict the past, the present and the future. Other aspects of human life including, longevity, health, wealth, happiness, dispositions, married life, children, vocations, mental attitude, etc., can be foretold with the time events. Various markings like the triangle, circle, square, dot, grille, etc. give different types of strength and weakness to the native.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

i) Conclusion:

- To the extent that the palmist relies on the body of knowledge based on scientific principles, laws and rule, Palmistry is a science.

- When he ventures to tread on the unknown future, bringing into play his power of judgement, intuition and experience, palmistry becomes at once an art.

ii) Other points to be considered in palmistry:

a) The science of palmistry studies the shapes of the hand.

b) By observing the development of the mounts and the markings thereon, we are able to delineate the character of the individual.

c) Other elements that are : the carriage of the hand; the texture of the skin (on the back of the palm); the consistency of the hand; the nails; the hair on the hand; the shape of the fingers; the phalanges of the fingers; the knots on the fingers; the length of the fingers; the tips of the fingers, etc.

d) Nails – at the end of the fingers a great number of nerve cells which make possible the sense of touch possessed by this part of the hand. Nails shield and protect the concentration of nerve filaments from harm. Further the ebb and flow of blood is seen through the nails, which are likened to glass windows and this makes a wonderful revelation as to the health and temperament of the native.

Please note: No individual line or mount is to be given the forecast unless confirmed by the effects of the other lines and mounts. The whole hand is to be considered in totality and entirety.

From what was once supposed to be the gypsies pastime and the mysterious knowledge of a class of people, palmistry has been taken to the vast laboratory of life and the findings thoroughly investigated, and thereby elevated to a worthy status of Scientific Art, capable of being applied to our daily life with the saying : “to be forewarned is to be fore-armed.” Many centuries ago, Aristotle said: “the hand is the organ of all organs, the instrument of all instruments.”

हस्त संजीवन महोपाध्याय मेघविजयगणिकृत

1. The length of the hand spans from the wrist (rascettes of the bracelette) to the tips of the fingers.
2. One should see the left hand for of a persons below 15 years for interpretation. The age of fifteen is not a hard and fast rule, it could go up to 18 to 20 years of age, if the subject has not entered the stage of a calling or vocation.
3. The left hand represent ancestral rites or accumulated actions of the past.
4. Characteristics of a lucky hand:

इलाह्य उष्णारुणोऽधिद्रोऽस्वेदः स्निग्धश्च मांसलः ।

धलक्षणस्ताम्रनखो दीर्घाङ्गुलिको विपुलः करः ॥

In the above shloka he states that the hand is warm, the colour is reddish, the fingers attached to each other and there is gap between them. The palm is not wet with perspiration. The hand is strong, smooth and copper colour, smooth fingers with almond nails and Large.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

- 5. There should be three to four clear rascettes of the Bracelette, strongly bound and smooth on the wrist. If the wrist is weak and the rascettes are not clear and broken, then the native will be poor and full of sorrow.**
- 6. The hand of a prosperous person will be reddish. If the colour is bluish, then he used to intoxication. If it is greyish and muddy, then native impoverished..**
- 7. A person with an elevated palm is generous.**
- 8. If the palm is hollow, then he is deprived of his father's wealth.**
- 9. After spreading the hand, if the palm has muscles, then he is a rich man.**
- 10. If the centre of the palm is full of ups and downs (not even) then he is bereft of wealth.**
- 11. If the back portion of the palm is broad, stout, smooth, etc. it is the subject good results. If the back portion of the palm is elevated than the fore arm and the veins are not seen, then it is a very good sign for the subject.**
- 12. If the portion behind the palm is without lustre, dry with pores and hairs, veins protruding, in level with the wrist or below it, then one gets bad results.**
- 13. If the base of the wrist is flat or low, then one is stingy.**
- 14. If the wrist is very small, uneven or too large, it is not good for the native.**
- 15. If the lines are fine, well-formed and in the shape of a cave, then it is good for the native.**

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

IV

THE CARRIAGE AND THE POSE OF THE HAND



HIDING HANDS FROM SIGHT: Secretive, indicates traumatic experience in early life; tendency to hide certain things from others.



HANDS CLASPED BEHIND THE BACK: extremely cautious; does not harm anybody; tries to protect himself from others.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS



**HANDS HELD AT THE
SIDE
AND FINGERS
PARTIALLY
CLOSED:**

- SELF-CONTAINED**
- CAUTIOUS**
- TRUSTWORTHY**
- FULL OF LIFE**



**HANDS CARRIED AT
THE
SIDES WITH FINGERS
NEARLY CLOSED:**

- CAREFREE**
- NO FIXITY OF
PURPOSE**
- OPEN MINDED
SUGGESTIVE TYPE**

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THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

PALM UPWARDS AND FINGERS HELD LOOSELY

- SELF-CONTAINED**
- THINKS TOO MUCH OF
HIMSELF**
- AMBITIOUS AND
IMAGINATIVE WITHOUT
CORRESPONDING
EFFORTS FOR
ACHIEVEMENT.**



HEAVY LIMP HANDS LIKE THAT OF A CORPSE

- PHYSICALLY TIRED
FOR ANY SORT OF
MENTAL ACTIVITY**
- NO STAMINA TO CARRY
OUT FUTURE PLANS
AND PROGRAMMES**



THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

THE CARRIAGE OF THE HAND & EXPRESSIONS



**THE CLENCHED FIST SHOWING
DETERMINATION TO BE THE BEST**



**THE TRIUMPH
THE HAND LIFTING
THE TROPHY -
A CUP THAT
OVERFLOWS WITH
THE JOY OF
VICTORY**



**THE HANDS SAYING “I AM PROUD
TO BRING GLORY TO MY MOTHERLAND
FROM ALL CORNERS OF THE WORLD**

JAI HO

Note for Working students who wish to study Scientific Palmistry
Prof. Anthony Writer, Jyotisha Bharati, Bharatiya Vidya Bhavan, Mumbai

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

**ARTISITIC EXPRESSION OF THE HANDS WHICH ARE HELD GRACIOUSLY
MATCHED WITH A SMILE OF CONFIDENCE**



**ARTISITIC EXPRESSIN OF THE HANDS BUT VERY CONSCIOUS OF NOT MAKING
ANY MISTAKE - WANTS TO BE METICULOUS**



THE HAND ASSURING THE AUDIENCE THAT HE WILL BE BACK WITH FULL FORCE:

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THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

ALL THE FINGERS AND THUMB ARE HELD ERRECT:

- **THE ERECT THUMB SHOWING A PRACTICAL PERSON WITH WILL-POWER.**
-
- **ERECT FINGER OF JUPITER DISPLAYING TO BE AMONGST THE GREAT.**
- **THE ERECT FINGER OF SATURN INDICATING HIS WILL TO WORK HARD WITH DISCIPLINE**
-
- **THE FINGER OF APOLLO SHOWING HIS DASHING AND BRILLIANT PERSONALITY**
-
- **THE LITTLE FINGER WITH SKILLS OF COMMUNICATION TO THE MASSES WHO HOLD SO DEAR, A LEGEND AND A LEGACY.**

AS THE FINGERS ARE HELD APART AND ERECT, HE TELLS US THAT “I AM BOUND BY NONE IN MY THOUGHTS AND ACTIONS”. THE FINGERS OF JUPITER AND APOLLO BALANCE AMBITION AND MARKETING OF ART JUDICIOUSLY. SO GREAT.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS



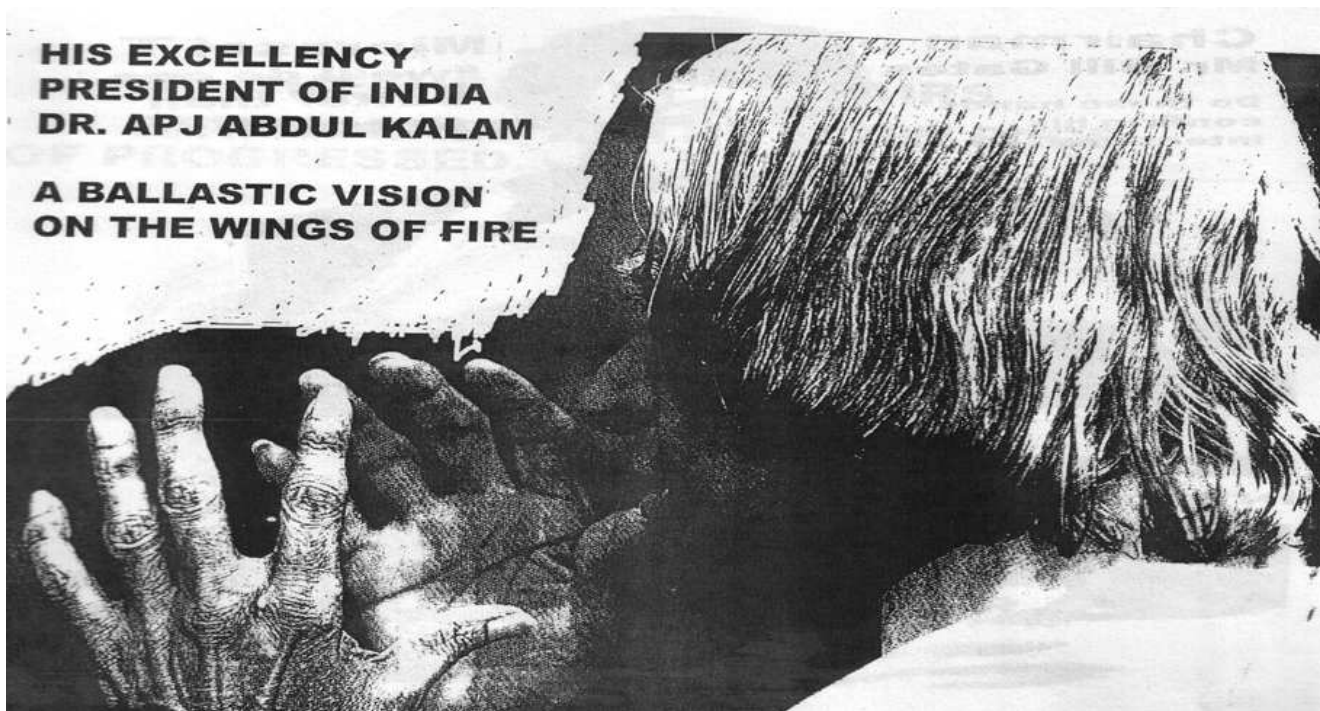
THE HANDS SAYING THAT WE WILL FIND WAYS AND MEANS TO BE THE BEST



A HAND EXXPRESSING AWE WITH THE PROBLEMS AFFECTING MANKIND AND WANT TO FIND OUT HOW HIS WORK OF PHILANTHROPY COULD HELP THE HELPLESS & THEREBY ASSURE A BETTER LIFE.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

HIS EXCELLENCY, THE SCIENTIST PRESIDENT HIS HANDS SHOWING DETERMINATION AND PONDERING ON BALLASTIC VISION ON THE WINGS OF FIRE.

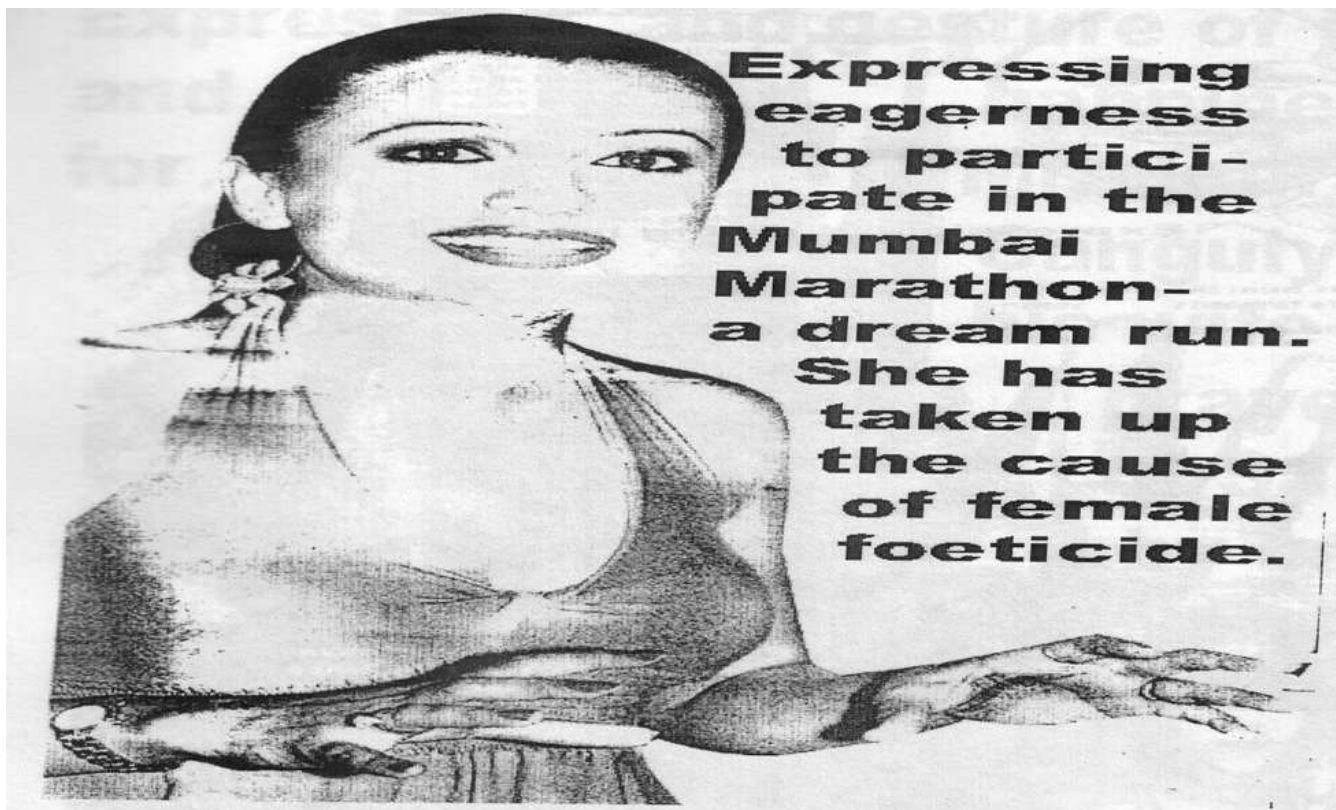


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**Sachin Ramesh
Tendulkar**

Facial expression: the issue is an uphill task
Folded fist: DETERMINED TO ACHIEVE WITH ALL PRECAUTIONS.



**Expressing
eagerness
to partici-
pate in the
Mumbai
Marathon-
a dream run.
She has
taken up
the cause
of female
foeticide.**

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS



hand reveals: Finger of Jupiter erect, thumb at 45 degrees angle, , fingers of Saturn, Apolo and Mercury closed. THE AMBITION OF WINNING WITHOUT SENTIMENTS.



SHOCK DISBELIEF AND LOSS OF WORDS

Note for Working students who wish to study Scientific Palmistry
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THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS



I HOLD THE GREATEST TREASURE THAT I HAVE AND SHOWER MY LOVE ON THEM. SACRIFICE EVERYTHING I CAN – THEY ARE MY FLAG BEARERS AND THE MOST PRECIOUS GIFT OF GOD.

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**GESTURES AND POSTURES
OF THE HANDS**



LITTLE CHILDREN HAVING FEAR OF THE UNKNOWN : THEIR SCHOOL WILL BE SHUT FROM JANUARY 2006. What will happen to us? Where will we go to study?

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**HOW DARE YOU.....I WILL TEACH
YOU A LESSON..BEHAVE YOURSELF**



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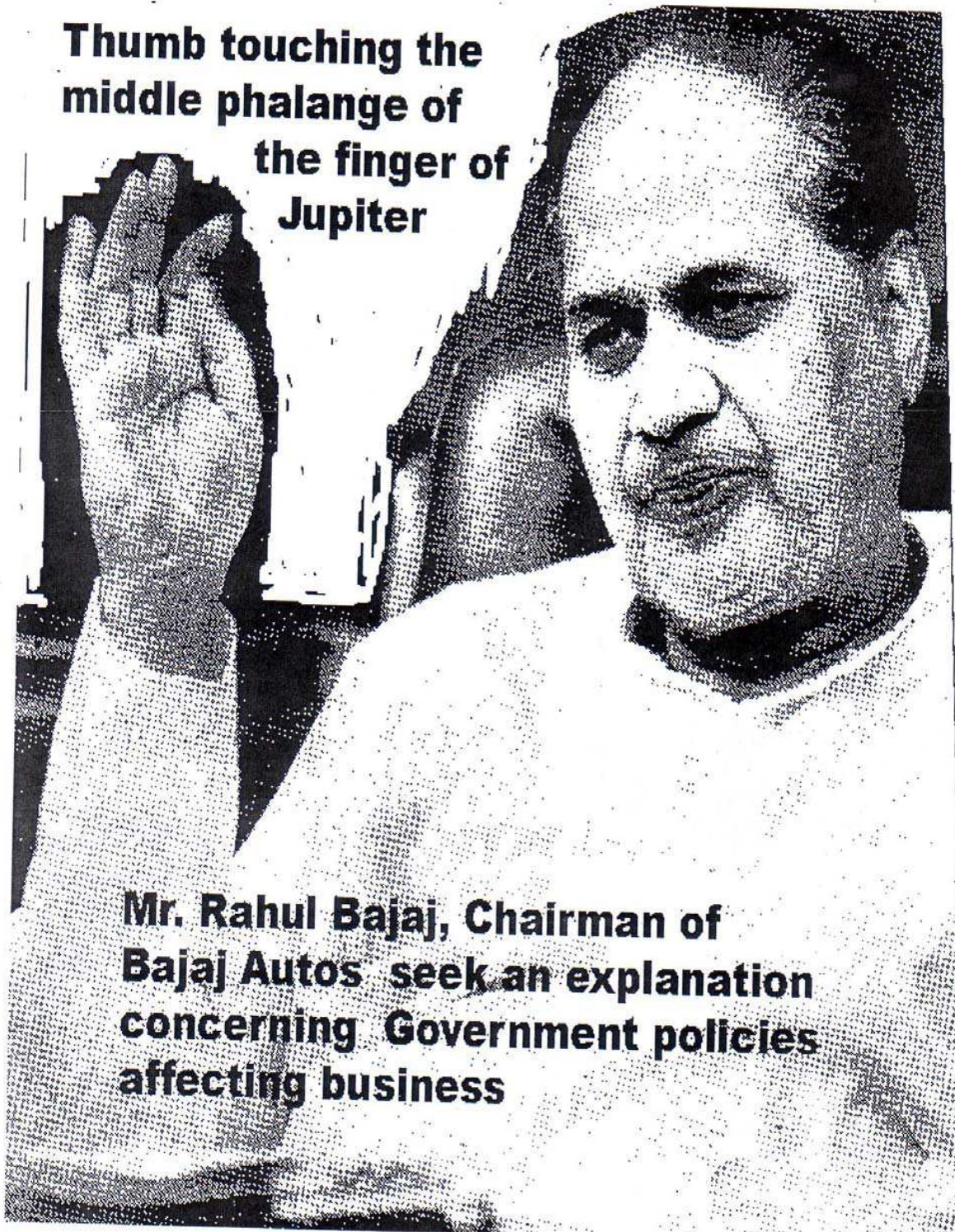
**IN THE FULL FLUSH OF VICTORY.. ACKNOWLEDGING THE MANDATE OF THE
PEOPLE FOR A THIRD CONSECUTIVE TERM**

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

**AT THE HELM OF AFFAIRS
BEWILDERED AT THE SLOW PACE
OF PROGRESSED.**



**FACIAL EXPRESSION: BEWILDERMENT
EXPRESSION OF THE HAND: (1) THUMB: WHY
LACK OF WILLPOWER (2) JUPITER: WHY
LACK OF LEADERSHIP (3) SATURN: WHY
LACK OF ORGANISATION (4) WHY LACK OF
SOCIAL WORK (5) MERCURY CLOSED: LESS
TALK AND MORE OF WORK FOR PEOPLE.**



THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS



A HAND ALONG WITH THE FACE EXPRESSING FURY AND ANGER



**THE HANDS OF LOVE AND AFFECTION READY TO PROTECT AN INFANT THAT
USES HIS HANDS TO CRAWL**

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

REVELLERS EXPRESSING THEIR JOY AND WELCOMING THE NEW YEAR WITH A FOND HOPE OF SOMETHING NEW & EXCITING



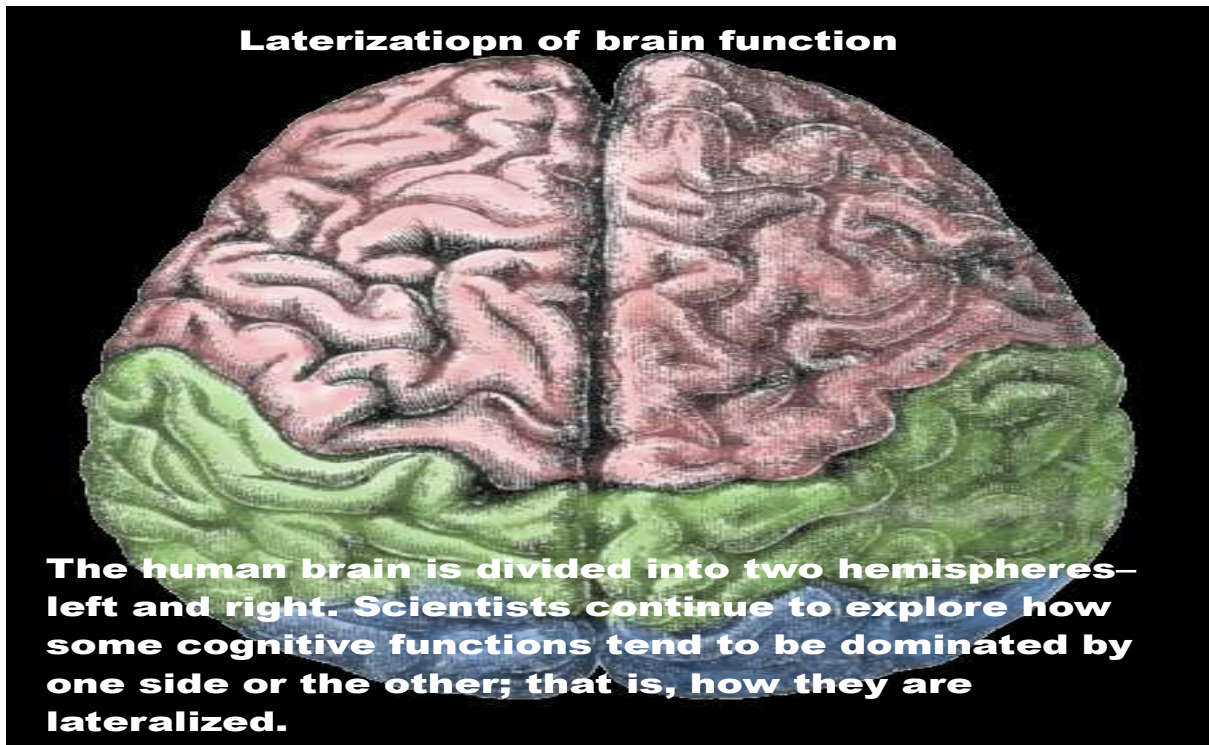
THE EXPRESSION OF THE FACE IS JOY DUE TO THE WORST DISASTER IN THE HISTORY OF THE CITY. THE HANDS EXPRESS HOPE IN THE COMING YEAR AND OF NEW EVENTS TO UNFOLD FROM THE WOMB OF TIME.

Note for Working students who wish to study Scientific Palmistry
Prof. Anthony Writer, Jyotisha Bharati, Bharatiya Vidya Bhavan, Mumbai 32

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

V

THE HAND AND THE BRAIN THEIR CONNECTED FUNCTIONS AND IMPACT ON MAN



Brain function lateralization (localisation) is evident in the phenomena of right- or left-handedness and of right or left ear preference, but a person's preferred hand is not a clear indication of the location of brain function. Although 95% of right-handed people have left-hemisphere dominance for language, only 18.8% of left-handed people have right-hemisphere dominance for language function. Additionally, 19.8% of the left-handed have bilateral language functions

Source : Wikipedia

In more than 95% of right-handed men, and more than 90% of right-handed women, language and speech are subserved by the brain's left hemisphere. In left-handed people, the incidence of left-hemisphere language dominance has been reported as 73% and 61%.

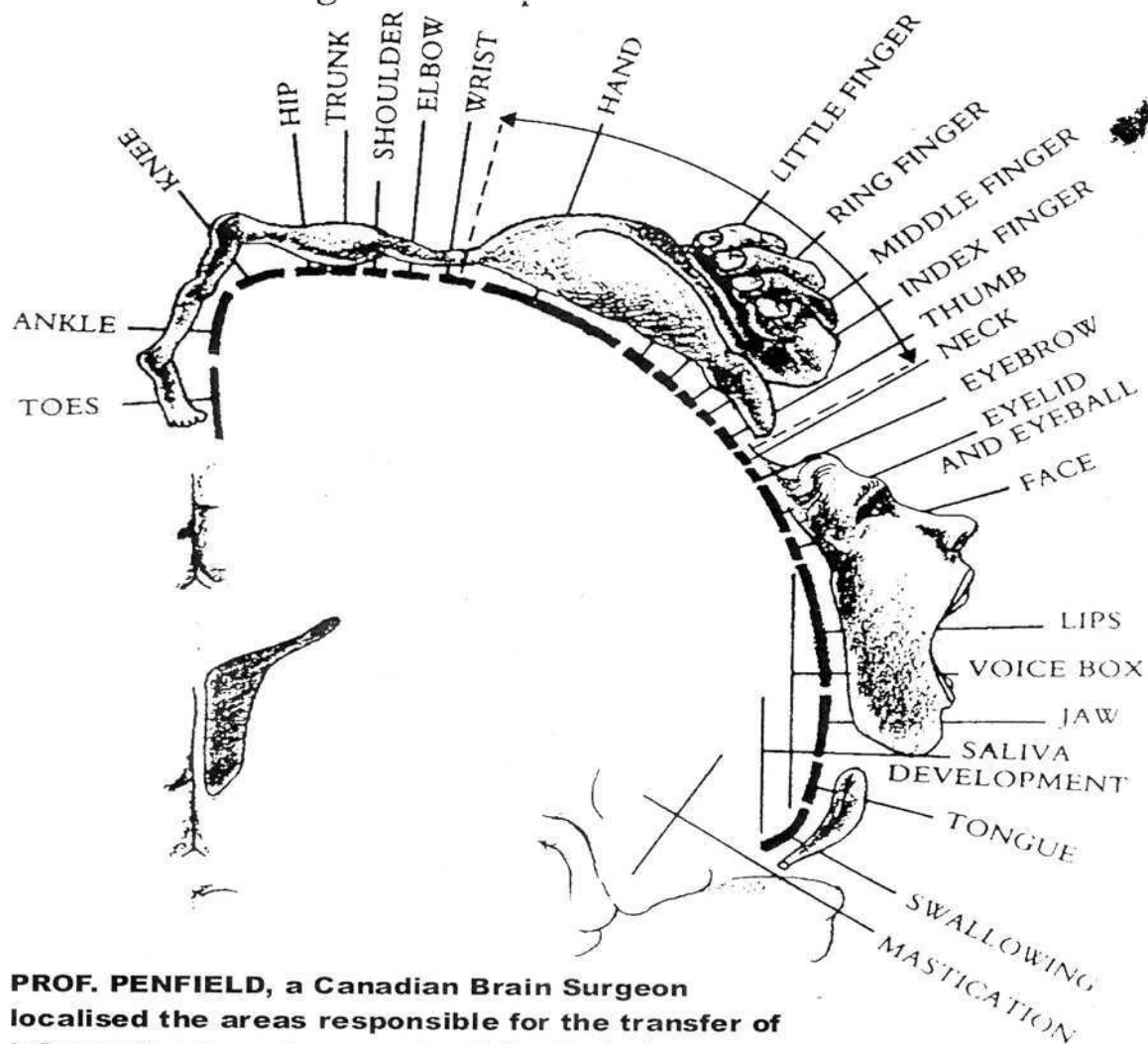
Dr. Wilder Graves Penfield originally thought memory records of past experiences were stored in the cortex. Along with Roberts, they concluded, contrary to received doctrine, that “the left hemisphere is usually dominant for speech, regardless of handedness” but that it is not dominant for speech in every right

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handed subject.

THE CEREBRAL CORTEX MAN

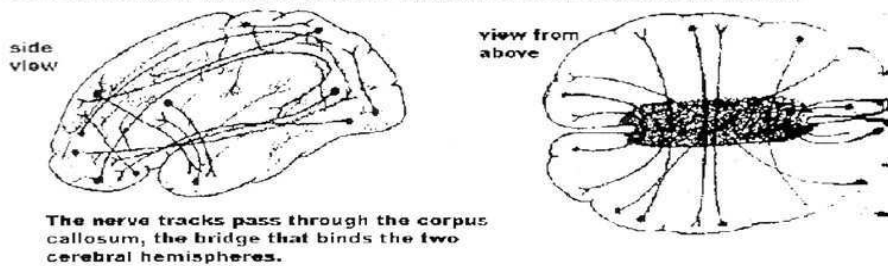


PROF. PENFIELD, a Canadian Brain Surgeon localised the areas responsible for the transfer of information to various parts of the body by means of electrical stimulation of the motor section of the cerebral cortex. It has been found that a large area of this part of the brain is linked to the thumb, the fingers, and the hand.

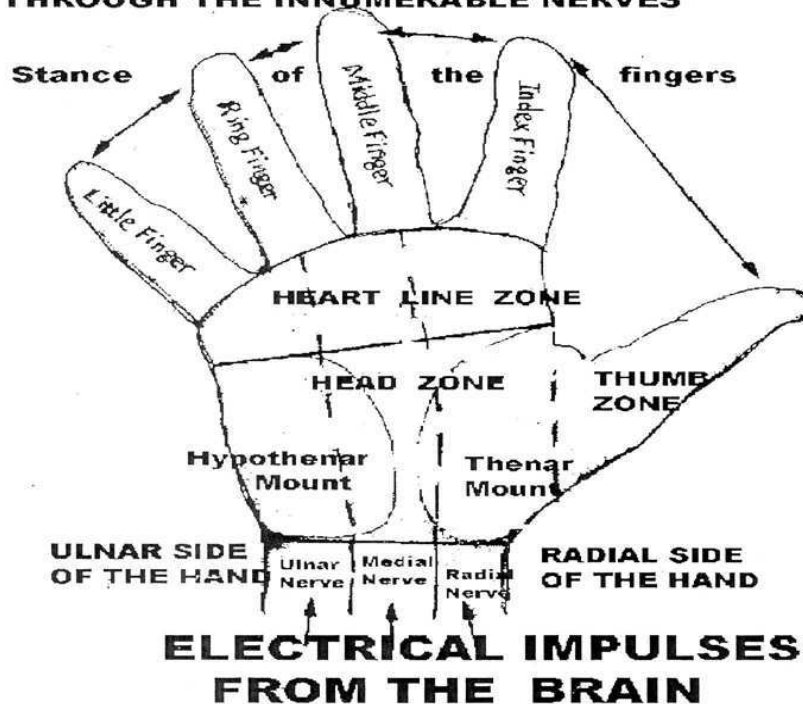
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Corresponding areas in the cerebral hemisphere are linked by nerve tracks.



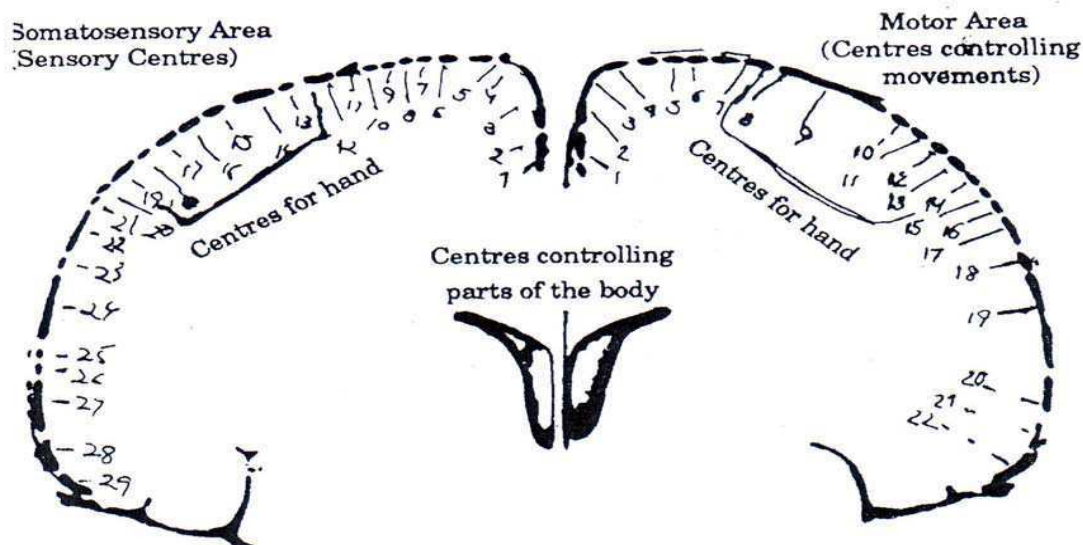
**THE BRAIN IS CONNECTED TO THE HANDS
THROUGH THE INNUMERABLE NERVES**



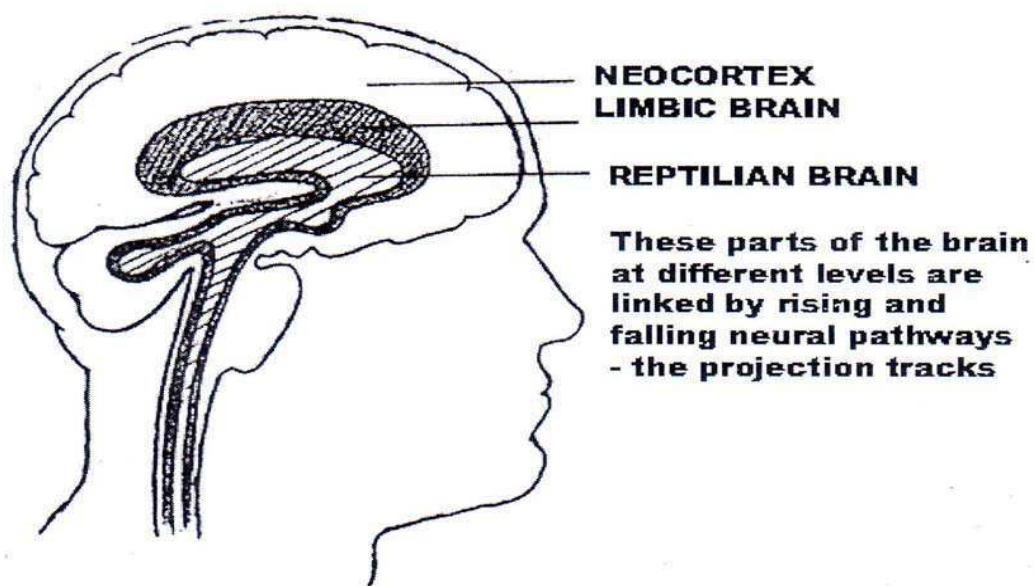
Charles Bonnet (1720 - 1793) says: "Ideas are nothing but vibrations...transmitted through the nerves to the Cerebral Fibres, which penetrates man's body through the fingers, and thereby leaving its markings on the palm, runs up to the brain."

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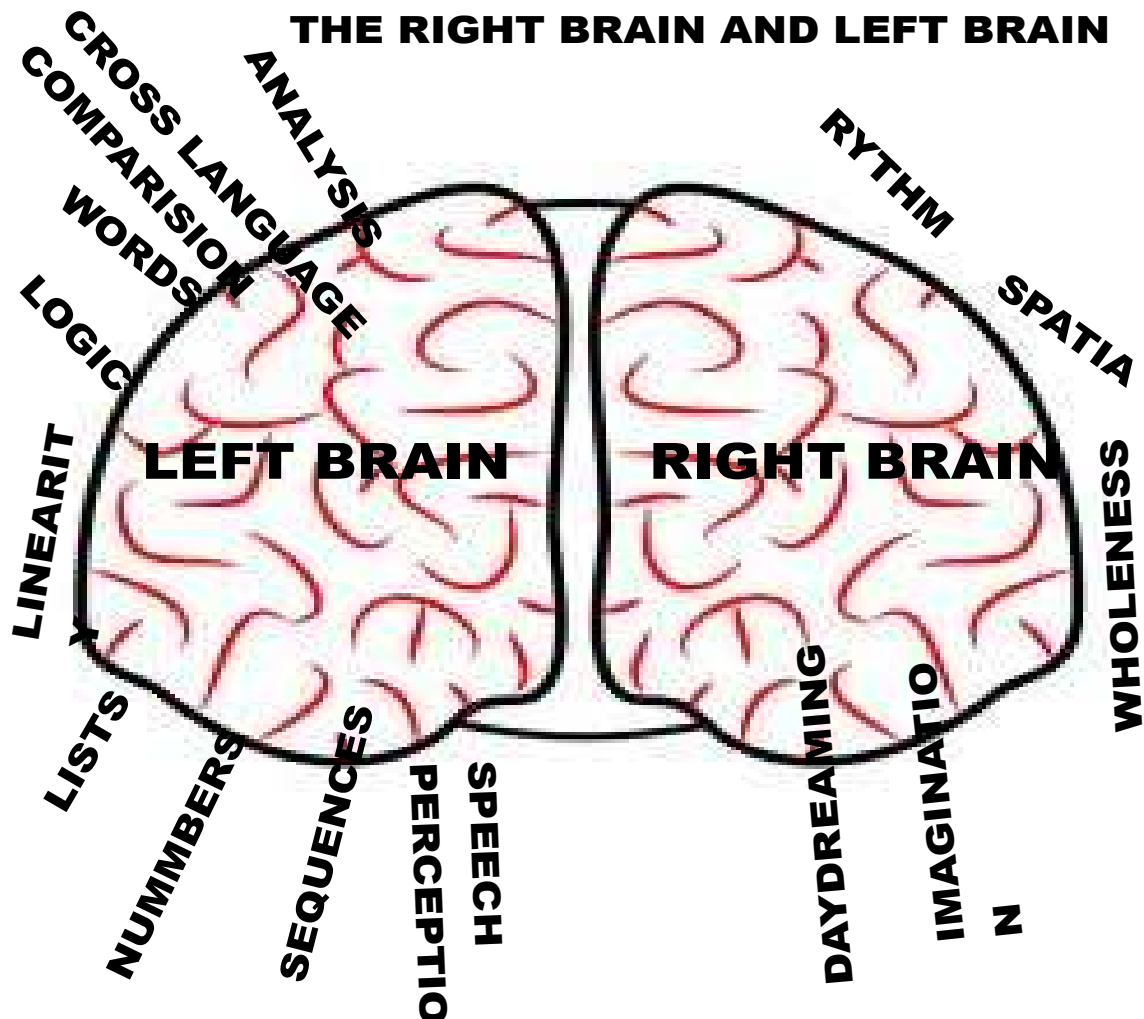
The total centres for the hand in the Somatosensory and Motor Area forms 25 per cent of the brain.



THE RIGHT BRAIN AND LEFT BRAIN

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Joseph Hellige, psychologist at the University of Southern California states:

Areas on the left dealt with the core aspects of speech such as grammar and word production, while aspects such as intonation and emphasis lit up the right side.

Roger W. Sperry states: "The main theme to emerge... is that there appear to be two modes of thinking, verbal and nonverbal, represented rather separately in left and right hemispheres respectively and that our education system, as

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

Charlotte Wolff, among various scientific works, Published 'The Human Hand', in 1942, and 'The Hand in Psychological Diagnosis' in 1951 are published by Charlotte Wolff . In these works, she only really acknowledges the writings of Carus and Vaschide as the important precedents to her approach to chiromancy, although she also refers to the neurological work of Sir Charles Bell and the clinical writings on nails of H Mangin and V Pardo-Castello.

She has statistically verified the association of each half of the palm with the 'conscious' and 'subconscious' mind and confirmed :

- that the fingers are indeed related to both cognition and thought. - - the index finger and the thumb are indicative of self-consciousness and willpower respectively**
- the Major Air (Head) line is indeed one of the most important indicators of mental functioning.**
- how the lines of the hand are more reflections of mental and emotional activity rather than being caused by any mechanical means.**
- established that various medical conditions do indeed manifest in the hand. Her investigations of gross endocrinological (terminal) dysfunctions showed how the hand could reveal both physiological and psychological disorder.**

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

In “The Laws of Scientific Hand Reading” William Benham states:

“Lines in the hand are the direct reflexes of the subject’s mind, and his mind produces, controls and alters them.

a) Lines change in unison with changes in the mental attitude of a subject.

b) Lines respond to changes in health and constitution when certain events have produced a powerful impression in the subject’s mind.”

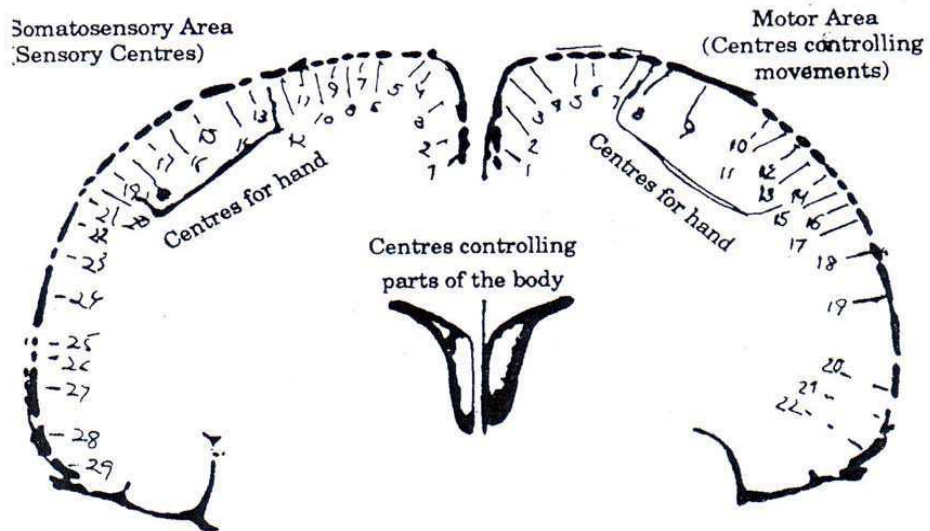
Further he explains : Medical Science and psychologists have demonstrated that the human being is possessed by a double consciousness or mind:

a) One part operating on a material existence, making us conscious of the things we handle or see.

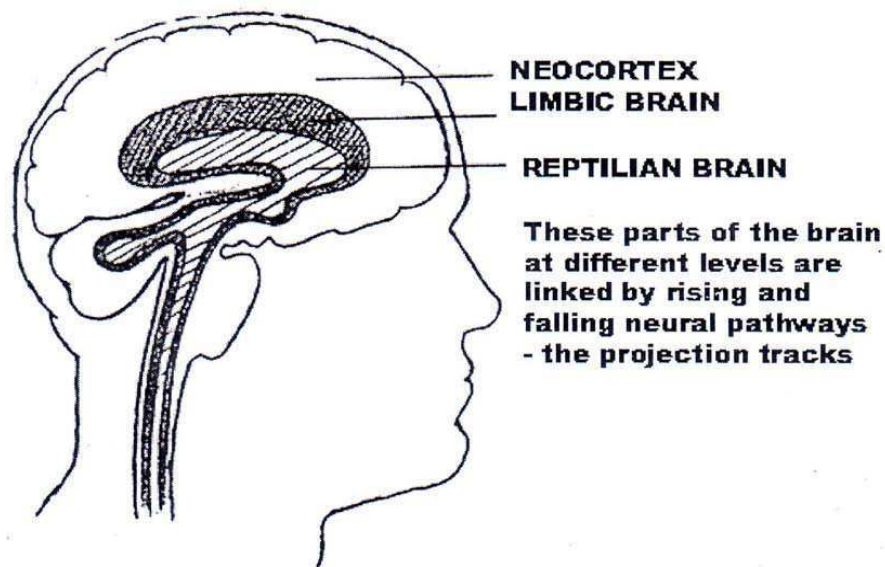
b) The other part operates on the plane of our spiritual existence, and gives us Spiritual consciousness of things we can neither see, touch nor fully explain.”

Prof. Dayanand in “All The Secrets of Palmistry for Profession and Popularity” gives the following diagram of the brain and states that the total centres of the hand in the Somatosensory and Motor Area form 25 per cent of the brain.

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The total centres for the hand in the Somatosensory and Motor Area forms 25 per cent of the brain.



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Dr. Joseph Hellige, a psychologist at the University of Southern California says, this picture changed dramatically as soon as brain-scanning experiments began to show that both sides of the brain played an active role in such processes. Rather, it seemed to be processing styles that distinguished the two halves. Under the scanner, language turned out to be represented on both sides of the brain, in matching areas of the cortex. Areas on the left dealt with the core aspects of speech such as grammar and word production, while aspects such as intonation and emphasis lit up the right side. In the same way, the right brain proved to be good at working with a general sense of space, while equivalent areas in the left brain fired when someone thought about objects at particular locations. Joseph B. Hellige and MM Adamson state in the Book : 'Literality Across the World's Language' that "left hemisphere dominance for speech processing and reading is ubiquitous across the world's languages.

Nobel Laurette (1981), Roger W. Sperry states: "The main theme to emerge... is that there appear to be two modes of thinking, verbal and nonverbal, represented rather separately in left and right hemispheres respectively and that our education system, as well as science in general, tends to neglect the nonverbal form of intellect. What it comes down to is that modern society discriminates against the right hemisphere."

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

Daz Eden in “Left Brain and Right Brain” :

“ Our personality can be thought of as a result of the degree to which these left and right brains interact, or, in some cases, do not interact. It is a simplification to identify "left brain" types who are very analytical and orderly. We likewise certainly know of the artistic, unpredictability and creativity of "right brain" types. But each of us draws upon specific sides of our brain for a variety of daily functions, depending on such things as our age, education and life experiences. The choices of which brain is in control of which situations is what forges our personalities and determines our character.”

He states further:

Experiments show that most children rank highly creative (right brain) before entering school. Because our educational systems place a higher value on left brain skills such as mathematics, logic and language than it does on drawing or using our imagination, only ten percent of these same children will rank highly creative by age 7. By the time we are adults, high creativity remains in only 2 percent of the population. Michael S. Gazzaniga, who has done research for more than 4 decades, in “The Split Brain Revisited” states “By working with these patients (who were seeking relief from epilepsy had undergone surgery that severed the corpus callosum—the super highway of neurons connecting the halves of the brain), my colleagues Roger W. Sperry, Joseph E. Bogen, P. J. Vogel and I witnessed what happened when the left and the right hemispheres were unable to communicate with each other”.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

He states that the “The left brain is dominant for language and speech. The right excels at visual-motor tasks.

In 1982 Jeffrey Holtzman of Cornell University Medical College led the way again, discovering that, indeed, the harder one half of a split brain worked, the harder it was for the other half to carry out another task simultaneously.

Kevin Trampe of Angel Fire states with regard to research done in this field: “ There is much research to be done scientifically in this area”.

Researchers all over the world have concluded that:

– Left brain dominated persons I skilled, logical, rational, like to read and study, have good memory, prefer well structured assignments, organized, etc. preferring occupations like lab assistants, judges, bankers, etc.

– Person have right-dominated brain prefer visual instructions, good at arts and sports, enjoy drawing and dreaming, are spontaneous and unpredictable. They prefer occupations like actors, beauticians, craftsman, athletes, etc.

Prof. Christopher Jones has also done an exhaustive write up of the Hand and the Brain, stating their attributes and functions. Students who are interested to know more may please follow the link given below:

<http://www.cheirology.net/basics/activepassive.htm>.

V I

THE STUDY OF THE HAND

1) The hand of the monkey and human hand

In “The Monkey Palmist No Monkeying Around” , Dippy Vankani - Expressindia.com. says: Monkeys are restless? Jyotish Pandit Ashwin Rele (46) from Matunga has spent over 16 years researching the somewhat quirky subject of palmistry for monkeys. And Rele can now predict the lifespan, talents and health of monkeys just as he does for humans.

"In 1992, a thought came to my mind that if monkeys are our ancestors, many parts of our body would resemble theirs. I was a palmist, majorly into sole-reading and so I decided to check out whether there are lines likes those of humans on the soles and palms of monkeys."

For this, I took help from Dr Vani and Dr Karavle, both veterinarians at Byculla zoo. Initially, they were surprised at my request but subsequently they were very cooperative,"

Rele says. And, to nobody's surprise, Rele found that monkeys too have lines on their palms. "Like us, monkeys even have a business line on their palms. And only those with such lines make it to the circus or television serials or movies. Likewise, if there is a star mark on the sun mound on the sole of the monkey, he becomes famous. If not in the circus or the movies, these become the leaders of their groups," Rele says.

Interestingly, Rele even claims that every monkey has several marriage lines on his palm "In humans we mostly have one or two, but in monkeys these lines are several, since they spend their life with several partners."

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

To keep researching, Rele often visits circuses and predicts the health and future of the monkeys there. “I come across madaris (monkey-trainers) on the road and I start examining the palms of their monkeys. The madaris ask me various questions.

I then tell them about their animals’ life, health and other things,” Rele says. Having shocked his family in 1992 when he plunged into this subject, Rele now wants to study matters like which monkeys are best suited for medical research or vaccination trials.

“My wife is a professor in SNTD College and is an MSc in oceanography. Initially, she thought this was very unusual, but she has been supportive all these years,” says Rele who stays in Matunga with his parents, wife and a school-going son.

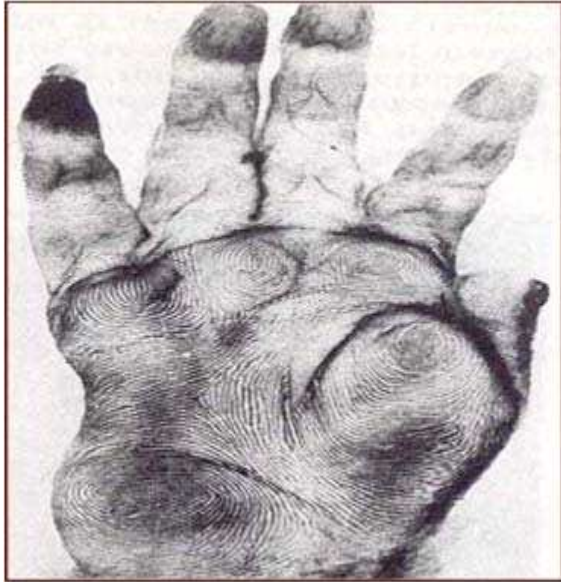


Right hand of a female gorilla



Hand print of a gorilla

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS



Right hand of a macaque



Hand print of a monkey

The hand of the monkey or chimpanzee will have many references in many chapters that will be discussed as we proceed.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

2) Biological Significance of the Hand:

The colour of the hand has relation to the biological functioning of the body. A pink coloured hand shows a constitution full of vitality. The hand and the nails reflect many health issues of the subject. Dr. Katakhar says “During my research in a hospital, I have found that the thumb is more affected in cases of venereal disease ...the mount of Venus which is known as the third phalange of the thumb is connected with the vitality of the person and his passions, thumb gets directly connected with the sex glands and it is natural that diseases of the sex glands should be reflected on the thumb.”

He further says: “In medicine shortness of fingers is associated with abnormal endocrine balance which can be seen in case of hypothyroidism, infantilism of the sex glands and in under functioning of the pituitary glands...an abnormal endocrine balance will affect the mind and the brain of the person in such a way that he will be hasty in all his actions. “Hippocrates discovered that the first finger shows the defects of the lungs. Any abnormal development of this finger shows diseases such as laryngitis, asthma, pneumonia and other defects of the lungs. In medical palmistry, the middle finger indicates liver and stomach conditions, and the subject is likely to suffer from liver trouble and melancholy. The ring finger has connections with the kidney and related defects are noted when this finger is abnormal or defective. The little finger reveals gonadic and sex troubles. In the case of women, defects in many cases relate to sufferings from problems of the ovaries and the womb.

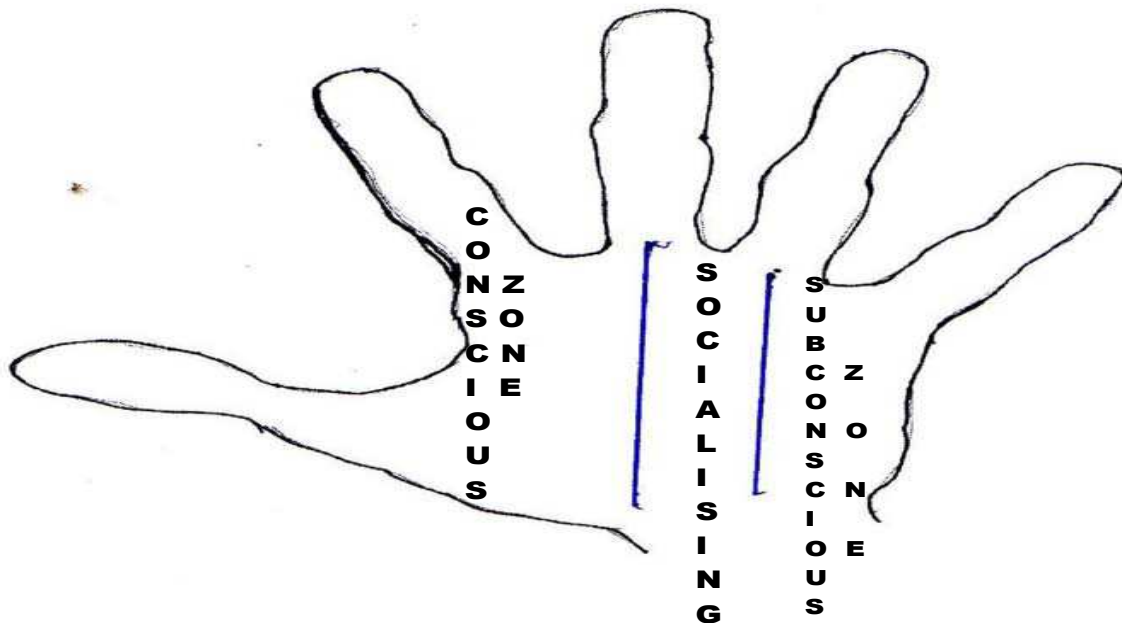
Today, hand reading has been taken up scientifically by medical researchers and this could lead to many remedies, either to relieve the pain and sufferings of many patients or find a possible cure, if they diagnosed early.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

3) The Psychological Significances of the Hand

Dr. Harold Cummins tells us papillary ridges (wavy layer of tissue, contains lots of blood, and lymph vessels which feed the epidermis to allow for cell reproduction and remove waste, contains lots of nerve endings. This allows us to feel sensations. It joins the epidermis to the dermis) on a Chimpanzee's finer tips bear the some resemblance to those of human being. The five fingers of a monkey bearing the same pattern and it is known as monomorphic. This condition is found in a very small percentage of human being and they are subnormal persons and such simian pattern of papillary ridges is very common among feeble minded persons and imbeciles.

From the psychological point of view, the hand is divided into 3 zones:



THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

The conscious Zone:

- It includes the thumb, the index finger and the portion below. This gives the subject knowledge of environment, conscious behavior and will power.

The subconscious zone:

- It includes the ring finger, the little finger and the portion below it. It is an indication of the working of the sub-conscious mind and the hidden characteristics of the mind.

The socializing (middle) zone:

- It indicates socializing and adaptability of the subject.

Other factors to be taken into consideration: i) Texture of the hand which shows the refinement of the mind; ii) the elasticity of the hand revealing about the adaptability and alertness of the mind; iii) the colour of the hand indicating the nature and temperament of the person; iv) the fingers and shape of the hand telling about the culture of the person, his ideas, ambitions and the many angularities of the mind.

4) Chirology or Chirosophy:

Palmistry is the study of the hand in its entirety and is divided into 3 sections:

a) Cheirognomy – dealing with the shape and structure of hand and the fingers, referring to the hereditary influence of character and disposition., personality, temperament, style of life and occupation.

b) Cheiromancy – dealing with the lines and markings of the palm and relates to the events of the past, present and the future.

c) Dermatoglyphics: This concerns the study of the ridge patterns on the finger tips and the palm and the subject is dealt with separately.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

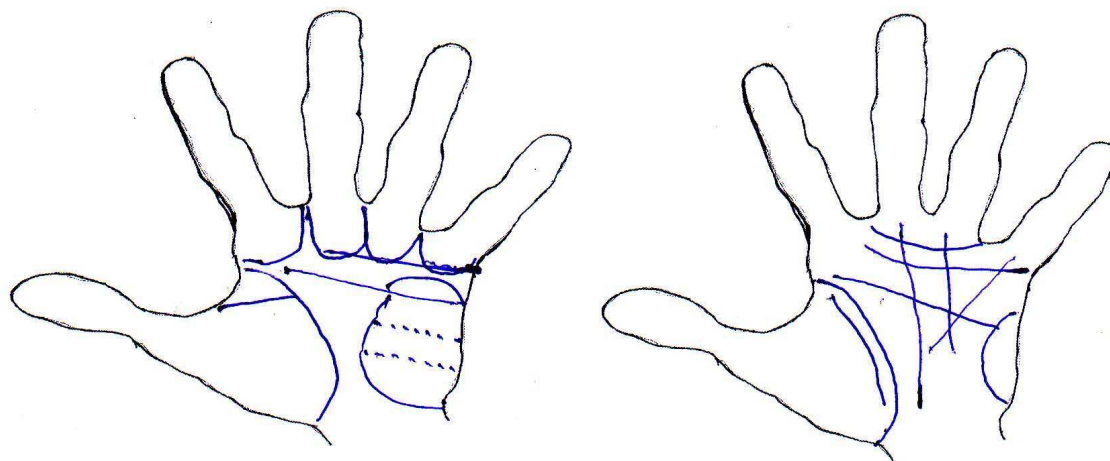
CHIROLOGY OR CHIROSOPHY

CHEIROGNOMY



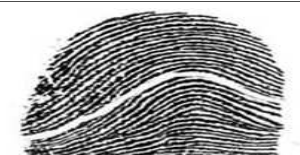


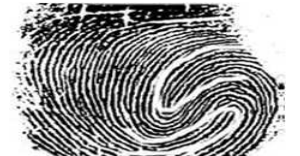

CHEIROSOPHY

DERMATOGLYPHICS

DERMATOGLYPHIC deals with the ridge patterns on the palm



Basic fingertips :

 The Radial loop	 The Ulnar loop	 The Simple Arch	 The whorl
 Tented Arch	 Composite loop	 Peacock eye loop	

As we proceed in this study later on, detailed explanations will be given.

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THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

5) The Two sides of the Hand – Radial and Ulna

a) Radial side of the hand: This is the portion of the hand where the thumb is located and it is mainly concerned with the outer personality, termed as active. If this portion is well-developed, then the subject is capable of coping up with worldly affairs with assertion, confidence and a sense of authority – he is practical, business-like and material. If this radial side is too heavy or over-developed, then the subject is competitive, materialistic but has a problem to express and understand feelings.

b) The Ulnar side of the hand: This portion falls near the percussion of the hand, which is concerned with inner personality, receptivity and intuition. If this side is well-developed, then the subject is caring and pleasant, highly imaginative, loves art, music and creative work; and uses imagination as part of his work and enriches his life.

c) The Balance : If the two sides of the hand are fairly balanced then the subject will not have either traits too strongly marked.

d) If the hand is weak or flabby, the subject will lack both creativity and sensitiveness. He will be peevish and selfish.

e) If the hand is hard and firm, then there will be a balance between action and reception, creativity and scientific ability, understanding and action.

f) The Radial Mounts:

i) The Mount of Jupiter : indication of the practical use of one's willpower, ambition and pride. If it is well-developed then it confers executive ability, strong personal beliefs, religious beliefs and the desire and ability to use power. If over-developed then it inclines the subject to arrogance, over-ambition, selfishness, bullying and bigotry. If it is under-developed, then there will not be much ambition, personal dignity and a dislike for authority.

ii) The Mount of Mars: the attacking force

A large mount shows assertiveness and capability and go-getter. Absence of the Mount – the subject sits and whines and would be reluctant to go out and do something.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

- iii) **The Mount of Venus:** represents love of family and friends, sexual love, personal values, vitality, stamina and enrichment of life. A full and firm mount: plenty of energy and stamina, lives life full, enjoys music, dancing, beauty, arts and has a good sense of humour. A full and soft mount: tendencies of self-indulgence, laziness and greed increases.
- iv) **A cramped and small mount:** lack of physical stamina, cold and overconcerned
- v) **with the practicalities of life to the exclusion of enjoyment,**
- vi) **could be selfish, unsympathetic, mean, unloving, domineering in a cold way.**
- g) **The Balance Mount – the Mount of Saturn:** This mount is a balance between the outer and inner sides of the personality, concerned with practical
- vii) **ambition, earned money, serious thoughts, scientific investigations, solitude,**
- viii) **practical gains and emotional limitations.**
- ix) **h) The Ulna Mounts:**
- x) **i) The Mount of Apollo:** Well-developed: indication of charm, good manners.
- xi) **creativity, love for children and animals, sports, arts and hobbies.**
- xii) **Over-developed: tendencies of greed, extravagance, vanity, gambling.**
- xiii) **ii) The Mount of Mercury:** Well-developed: the subject has skills in
- xiv) **expression, communication, business, machinery, money, literary and**
- xv) **scientific matters, health and relationships.**
- xvi) **- If the mount is over-developed, the subject could become very cunning**
- xvii) **and a confidence trickster.**
- xviii) **- If the mount is underdeveloped, then the subject is shy, unable to express**

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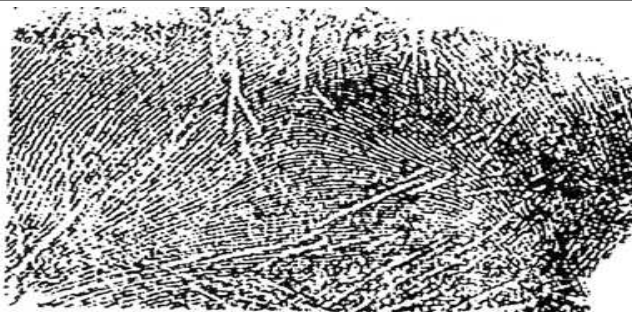
- xix) himself and has no business acumen.**
- xx) iii) The Mount of Luna: This mount confers consciousness, imagination,**
- xxi) creativity. Love for travel, love of the sea with a need for freedom, liking**
- xxii) for gentle, outdoor sports and pursuits, especially fishing, is aroused.**

- xxiii) - A mount of Luna gives linguistic ability and a love for travel.**
- xxiv) iv) The Upper Mount of Mars gives tenacity in defence, courage, aggression.**
- xxv) If it is fairly full and thick at the percussion edge, then the subject has**
- xxvi) ability to cope up with crises and the subject stands up for himself.**
- xxvii) If the mount is exceptionally prominent, high and full and stands upward**
- xxviii) and outwards from the hand at the percussion edge, the subject may be**
- xxix) argumentative and have a violent temper.**

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

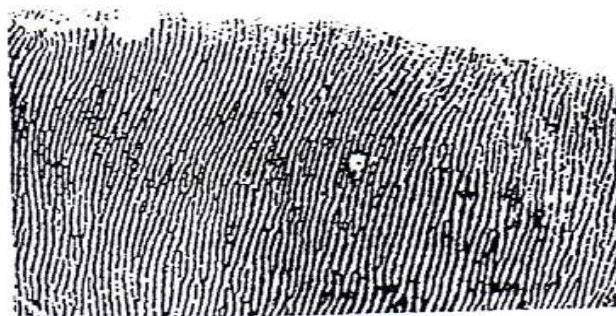
VII THE SKIN OF THE HAND

The skin of the hand is the first contact with the world, which gives a grip on all tools and implements -revealing how we deal with life.



FINE SKIN TEXTURE

shows fine taste, interest in music, paintings in pastel colours. If these penchants for refinement degenerate into a longing for an aimless life of luxury, then a decadent life style can start growing, leading to degeneration. Caution: extra effort and self-discipline is required.



AVERAGE TEXTURE SKIN

With this texture one can be both efficient and practical as well as sensitive to their surroundings.



COARSE SKIN TEXTURE

This skin texture enables people to have a firm grip on the material side of life. They have great difficulty in expressing their deeper feelings or dealing with other people in a kind and gentle manner.

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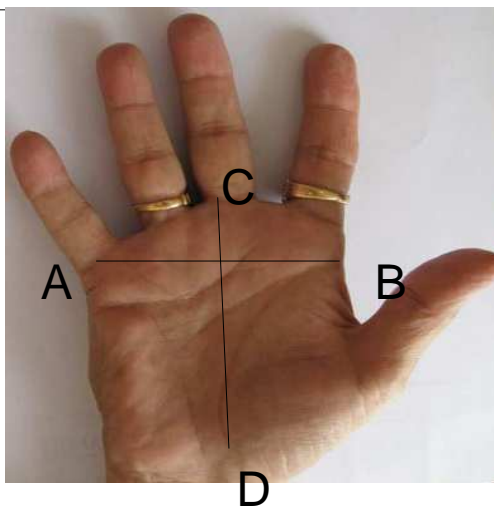
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VIII

SHAPE OF THE PALM



LONG AND NARROW PALM



SQUARE PALM
Line A-B is equal
to Line C-D

Line A-B shows the breadth of the palm whereas Line C-D shows the length of the palm.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

- The longer the palm, the more extreme the expressions of instability that invariably manifest in the personality, showing a degree of imbalance in the personality and promise neurotic construction. There could be sudden shifts in moods, notions and tempers.
 - Square palms indicate stability, rational thinking, objective evaluation, leading to well-considered actions. They speak in practical terms of balance and organizations, with the arrangement of one's thoughts or greater arrangement of one's life, leading to regulation, system, consistency and order.
 - The shape of hand, palm and fingers denotes the basic structure of our character, the basic qualities within us. The mounts indicate how we handle these qualities and apply them in our daily life. The line, which connect these mounts determine our behavior.
 - A pure type of hand – be it elementary, square, spatulate, conic, philosophic or psychic – is a rare occurrence. Most people have mixed hand shapes. Hence we have to look for the shape that dominates the others. For example, if a subject has a hand that is 60 per cent square and 40 per cent conic, then the square hand shape is regarded as the main type.
-

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

IX

THE SEVEN TYPES OF HANDS

(VIEWS BY THE CLASSICAL WRITERS IN PALMISTRY)

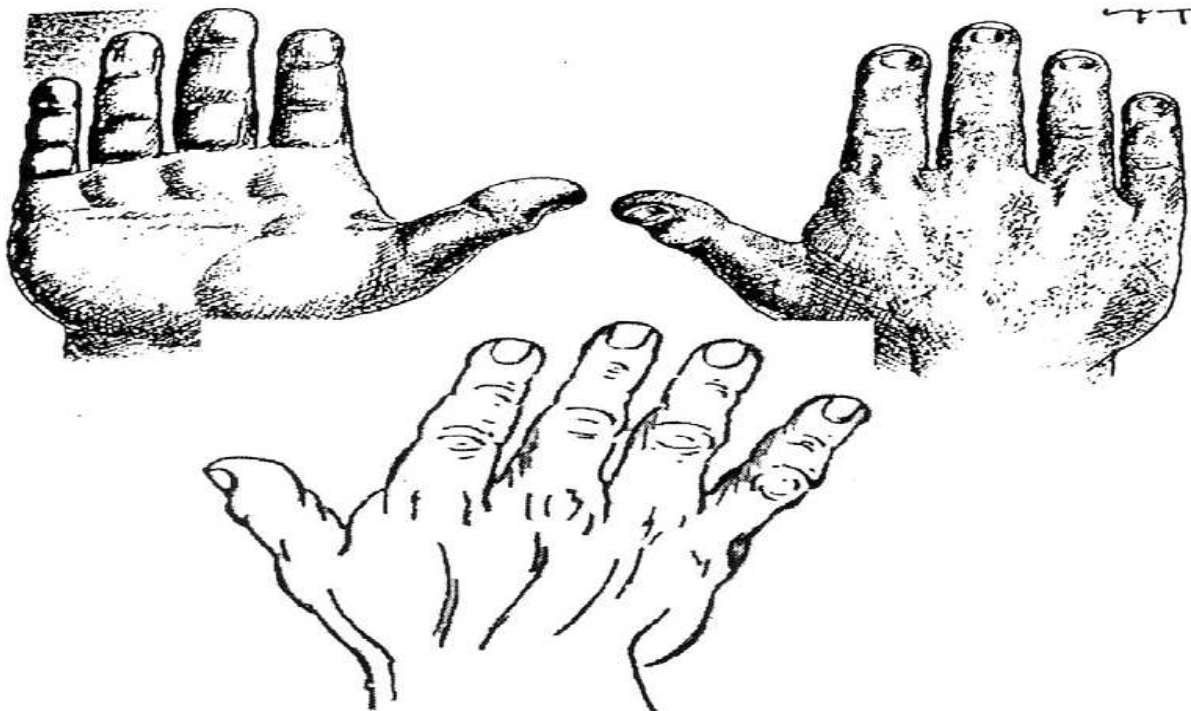
The hand has been classified into seven types by the classical writers in palmistry:

1. The elementary hand or the lowest grade of hands
2. The Square hand or the useful hand.
3. The Spatulate hand or the active hand
4. The Philosophic hand or the knotty hand
5. The conic hand or the artistic hand
6. The Psychic hand or the Idealistic hand
7. The Mixed hand
- 8.

1. THE ELEMENTARY HAND

A) Physical

THE ELEMENTARY HAND



THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

A) Physical characteristics:

- **Coarse and clumsy appearance**
- **Large, thick and heavy palm**
- **Short fingers and short nails**
- **Skin texture is rough**
- **The back of the palm is hairy**
- **The palm is hard**
- **The colour of the palm is red – indicating a lot of energy**
- **The hand is warm**
- **The thumb is short- lacking motivation to achieve something**
- **The lower phalanges of the fingers are thick, linking their mind to bodily aspects which are physically oriented**
- **Well-muscled – can summon great physical strength**
- **Finger phalanges are irregular and not in harmony with each other**
- **Lines on the palm are few and are broad and shallow**
- **There are generally only 3 main lines – the lines of Life, Head and Heart-strongly associated with the basic quality of the will and they express will in the form of primitive outbursts of anger and great deal of motor activity.**

Physiognomists state “the bones of the palm form, among brute animals, almost the whole hand”.

Deduction of the above : the more the palm dominates the hand, the more the animal nature or instinct rules.

B) Relationships:

- **Elementary hands give great importance to the sexual aspect**
- **Prefer purely physical pleasure of life in relationships**
- **Are jealous and possessive of their partners**
- **Are emotional when cheated**
- **Fist blow becomes their final remedy to resolve an issue**

C) Occupations:

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Prefer physical labour in the open air.

D) Hobbies and recreation:

- They find pastimes in combative sports, bull-fights, boxing, wrestling, tug-of-war, khabadi, etc. and participate in such types of sports and games.
- Participate in festivals like Holi, Govinda, and other melas, where life is full of sound and fury and this thrills them.

E) Spirituality:

- They believe in deities that manifest things to suit them
- Unfulfilled wishes make them lose their faith
 - Belief in fortune-tellers and superstition is in-born in them
 -

F) Health:

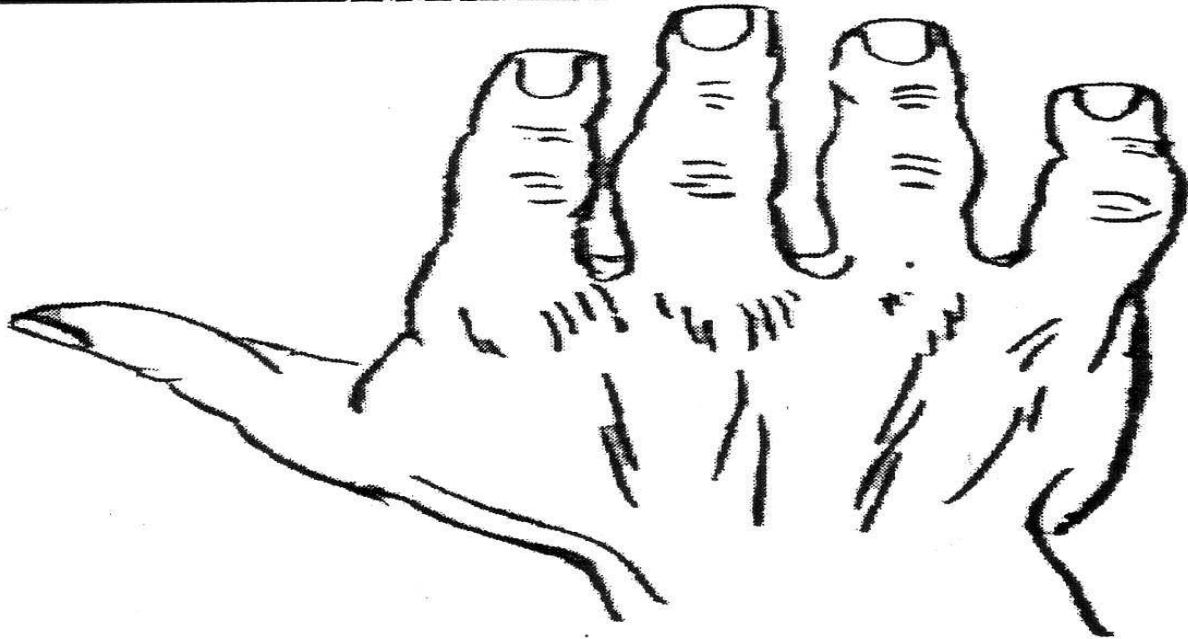
- They possess sound physique and a powerful constitution.
- Excessive alcohol and gluttony or heavy eating habits could cause health problems.

G) Other observations:

- There are very few lines on the palm
- They possess a lot of brute force but very little mental capacity
- They have no control over their passions
- They are violent in temper, passionate but not courageous
- In a state of fury and spirit of destruction, they could commit murder
- They are cunning by instinct, not by reason
- They can be lead and ruled
 - Their main routine in life is to eat, drink, sleep, procreate and die.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

2. THE SQUARE OR THE USEFUL HAND



THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

1. Physical Characteristics:

- The perfect square hand- square at the wrist, square at the base of the fingers and the fingers themselves square.
- If the square hand has other types of fingers, it reduces the characteristics of the square type.
- The palm of this hand is as wide as it is long. Often the hand is smooth and firm, with the lower mounts (Moon and Venus) well developed and the upper mounts (below the fingers) more or less run together in a firm ridge.
- The lines are usually few and relatively deep and clear and often comparatively short, which shows intensity.
- The lines will be straight as well – the mark of a realist.
- The texture of the skin is average, but radiant and healthy looking.
- The thumb generally is long, indicating motivation to achieve something in life.

2. Traditionally:

- The square hand is the hand of the worker
 - It represents a balanced and earthy individual
 -

3. Today:

- This hand is found among many successful businessmen, those who have risen from working with their hands.
- With a fairly long, square fingers, the hand shows a tendency to successful enterprise than with short, square fingers.
 - The square hand is found in many walks of life today.
 -

4. Psychological characteristics:

- According to Carl Jung, this hand shape is known as the “extroverted thinking type”.
- Objective thinking is the most dominant type.
- They like to impose order and efficiency on the outside world.
- They are orderly, practical and punctual.
- Their intelligent and inquisitive mind is involved with making money

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

and doing business.

- If a subject with spatulate hand has a social drink to have contacts, the square hand will follow it up with a business dinner.
- They are open and friendly but at the same time are conventional and uninterested in spontaneous frivolity.
- They prefer facts to vague and revolutionary theories.
- They respect authority, law and order, are slaves to customs. Love discipline, have a place for everything, in their household and brains too.
- They are not quarrelsome but predetermined to opposition; are methodical in work, prefer reason to instinct, peace to war.
- They are endowed with perseverance and are tenacious; not enthusiastic over art or poetry. They are materialistic and win success in practical things; not religious fanatics; prefer substance to show; dogmas to ideas.
- Have great application to work, force of character, strength and will and with these qualities, they out distance their talented and brilliant rivals.
- They love exact sciences, all practical studies, home and duties of home, encourage agriculture and commerce.
- They are sincere, true to promise, staunch friends, strong to principles, honest to business.

5. Relationships:

- They are trustworthy partners, friends, employers and employees.
- They are honest and straightforward in their dealings and insist on being treated in the same way.
- They are excellent breadwinners.
- They are not over romantic, or driven by excessive pleasures or lust.
- They are creative lovers and tend to enjoy from the pleasures of their partners.

6. Occupations:

- They function well in occupations that involve practical activities and reasoning.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

- They are well-suited as real-estate agents, craftspeople, doctors, engineers, teachers, lawyers, business people, management consultants, etc. They are efficient in building up organizations and are found in government and military circles.

7. Hobbies:

- Bridge, golf, tennis, football and similar games and sports and pastimes.**
- Competition appeals to them.**
 - They look for intellectual recreations at the theatres or concerts.**

8. Spirituality:

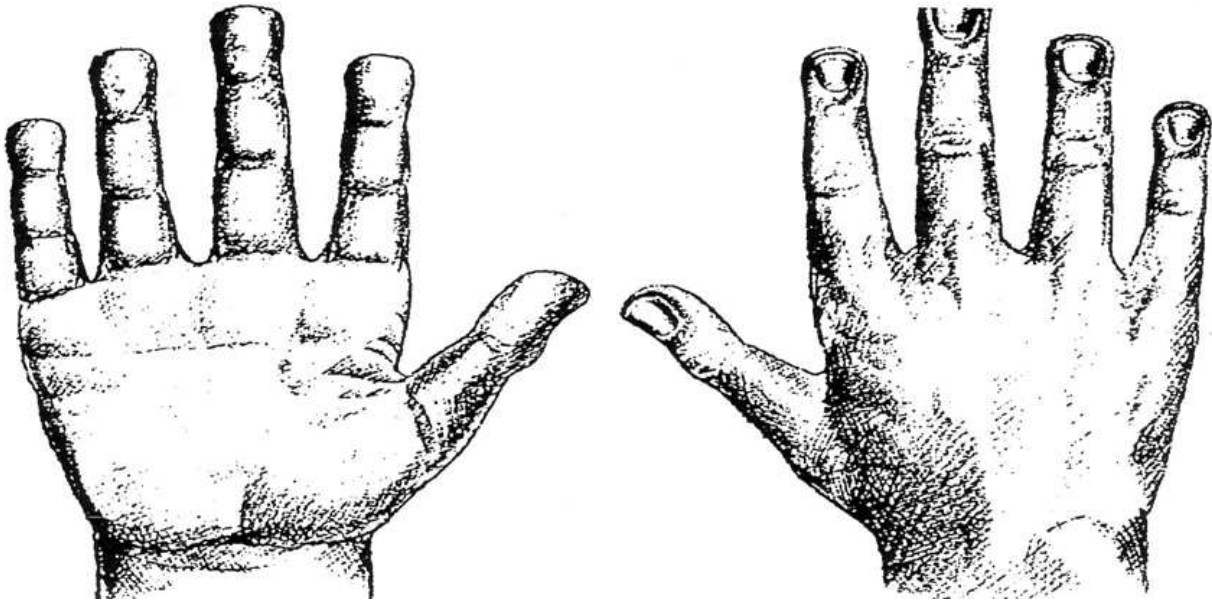
- They believe in the Divine as long as their belief can be reasoned.**
- They are attracted to organized religious services.**
- Precise, pragmatic dissertation is given a patient hearing by them.**
- Being practical, for them “crystal ball prophecy” is a big joke.**
- They take to meditation if they feel it is useful, as they have good power of concentration.**

9. Health:

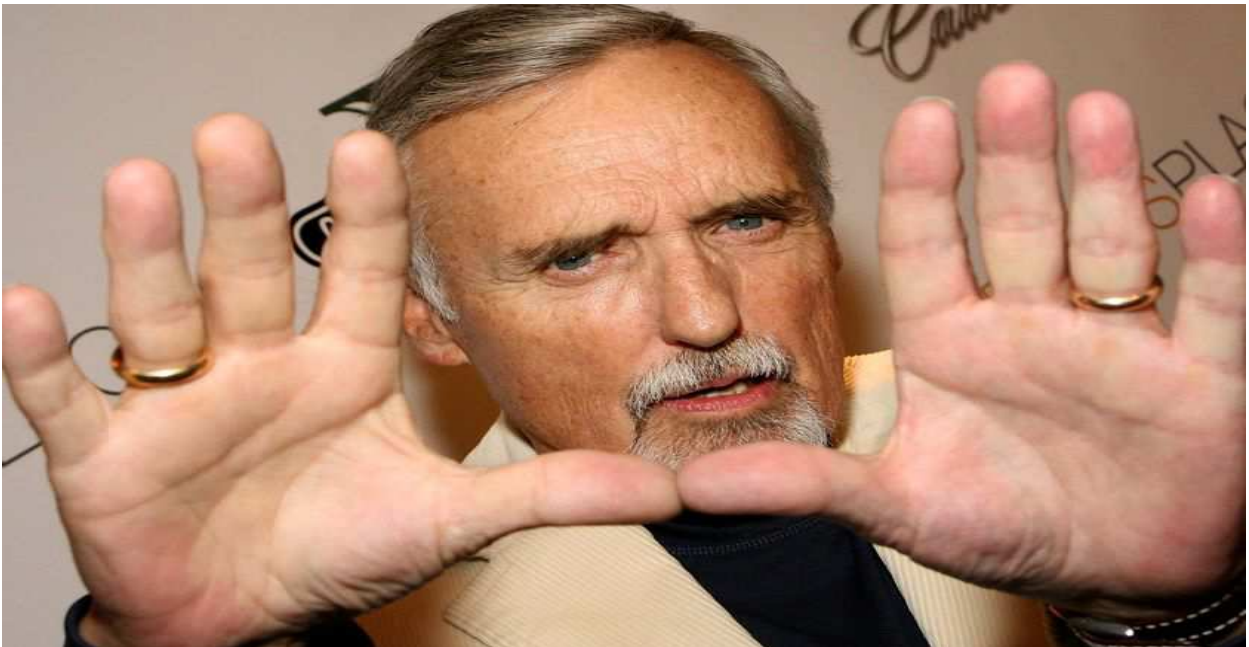
- They usually enjoy good health.**

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

3. THE SPATULATE OR THE ACTIVE HAND



THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS



Note for Working students who wish to study Scientific Palmistry
Prof. Anthony Writer, Jyotisha Bharati, Bharatiya Vidya Bhavan, Mumbai 65

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

1. Physical Characteristics:

- The formation of this hand is that of a spatula used by the chemist.
- One type -The wrist could be narrow and the hand becomes broader while rising upwards.
- Or, the second type - the portion below the fingers could be narrow and the hand broadens downwards towards the wrist.
- Often the joints are knotty, particularly, the fingers are broad and squared at the tips, and these fleshy tips act as a special tool for the use of this active hand.
- It is a large hand, with well-developed fingers.
- The head and heart lines are normally strong and clear.
- The skin texture is average and the hand is a little hairy.
- The thumb is long, indicating that there is motivation to make something out of one's life.

2. The magic of the spatulate hand:

- These hands are capable of removing keys and so forth with a kind of magic.
- This is hand of the inventor or the mechanical genius.
- They are the new path-breakers in science, engineering and technology.
- Women with such hands possess manual dexterity that could confound one and all for it is the do-it-yourself decorator and the make-it-yourself sewer.
- When hard and firm, the man is restless, full of energy, purpose and enthusiasm.
- When soft and flabby, the subjects is restless and irritable; he works in starts and fits and cannot stick to anything.
- Due to their love for action, energy and independence and marked individuality, such hands have produced great navigators, explorers,

SCIENTIFIC PALMISTRY (PART I)

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Prof. Anthony Writer

Jyotisha Bharati, Bharatiya Vidya Bhavan, Kulapati Munshi Marg, Mumbai discoverers, great engineers and mechanics; and men who seek the unknown path.

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THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

- If the top of the palm is broader then these subjects indulge in mental activities.
- If the base of the palm is broad, then they engaged in physical activities and occupations.
- If subjects with spatulate hands constantly coordinate, control, and channelise their energies to fruitful work, then they will reach great heights of success.

3. Psychological characteristics:

- The most motivating characteristics is inquiry and are curious of anything that is new,
- They are extroverted in nature.
- They are enthusiastic and communicative.
- They share their enthusiasm with others.

4. Relationships:

- They are delighted to allow others to share their enthusiasm.
- They take part in various activities together with their partners.
- Capacity for qualitative and quantitative sex is highly valued by partners of the same need but less valued by partners of not so warmblooded.
- They are less spiteful or resentful if their partners do them injustice.
- They strongly express their spirit of enterprise.
- They do not take it kindly if their partners attempt to obstruct, hinder and curtail their activities.

5. Occupations:

- Subjects having the upper part of the palm broader are involved in mental and intellectual investigations.
- They have interest in new philosophies, journalism, physiology, therapies and entrepreneurship.
- As an inventor he will use his talents for making locomotives, ships, railways and other useful things of life and he comes more nearer the square type.
- When the lower part of the palm is broader, then discovery is directed more towards the physical aspects of life and get involved in physiotherapy, sculpting, archeology, geology, biology, explorations, etc.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

- Action in the domain of ideas will invent.

6. Hobbies:

- These subjects like mountaineering, visiting historical places, visiting museums of history, watching adventure movies.

- They prefer team sports to individual sports.

7. Spirituality:

- They search for the ultimate truth.

- Have great interest in various esoteric movements.

- They investigate the actual substance of everything that crosses their path, leading to restlessness.

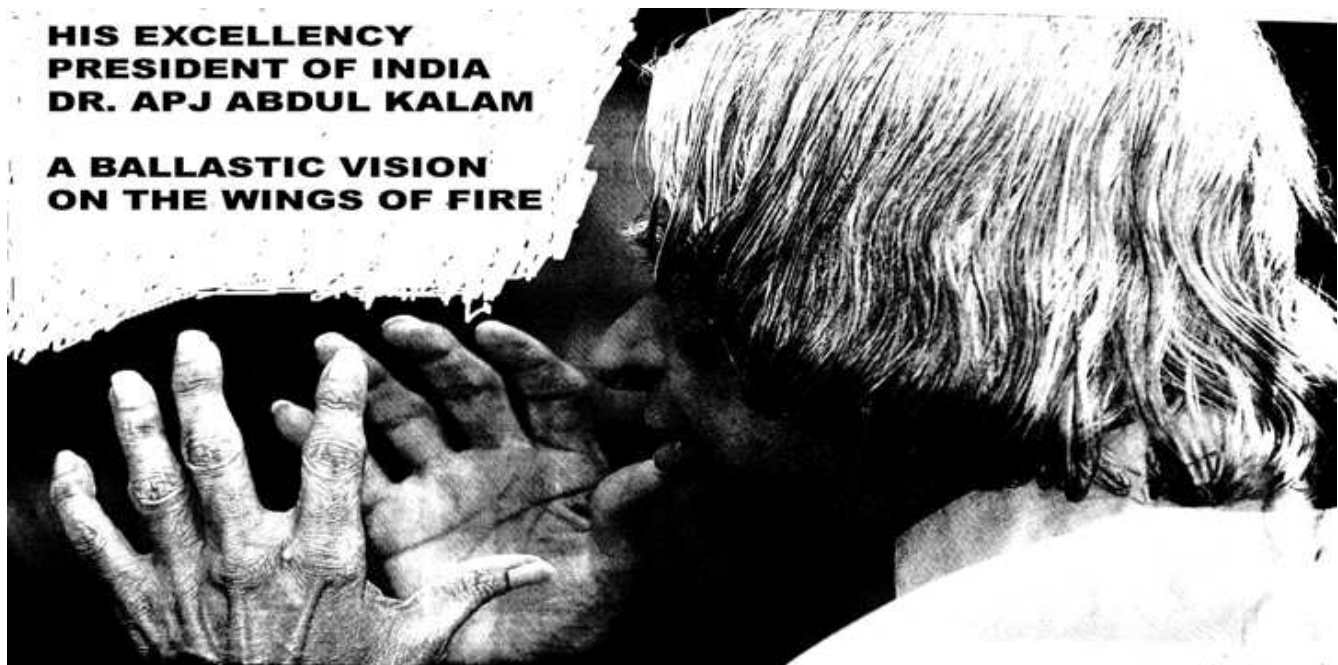
- They desire to spread their creativity to the outside world.

- As the well-being of humanity is dear to them, they involve themselves to champion “good causes”.

– The hitch: they would like to revolutionise the world in a day.

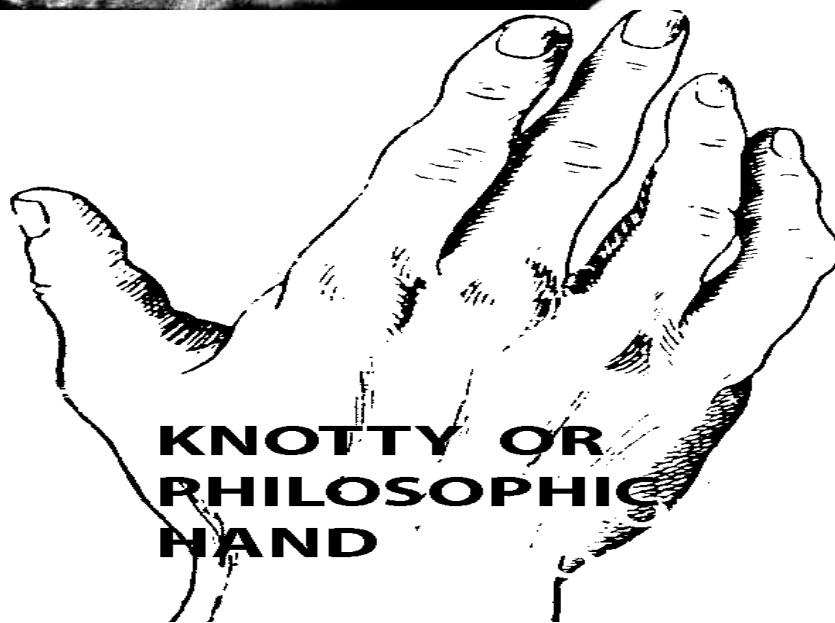
THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

4. THE PHILOSOPHIC OR KNOTTY HAND OR THE INTELLECTUAL HAND



**HIS EXCELLENCY
PRESIDENT OF INDIA
DR. APJ ABDUL KALAM**

**A BALLASTIC VISION
ON THE WINGS OF FIRE**



**KNOTTY OR
PHILOSOPHIC
HAND**

Note for Working students who wish to study Scientific Palmistry
Prof. Anthony Writer, Jyotisha Bharati, Bharatiya Vidya Bhavan, Mumbai

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

The word philosophic is derived from the Greek words:

1. Physical Characteristics:

- **The palm is rectangular.**
- **The hand is bony.**
- **The fingers are long, thin and knotty (joints are marked in the fingers).**
- **The tips are half square and half conic, a combination producing on the upper joint a kind of egg-shaped spatula.**
- **The thumb is usually large, indicating much of logic as well as will.**
- **The texture of the skin is fine.**
- **Thick blue veins run along the back of the hand.**
- **The palm of the hand shows very deep lines.**
 - **The hand is associated with the quality of wisdom.**
 -

2. Psychological characteristics:

- **They are the introverted type of thinking.**
- **They create an inner order.**
- **While observing facts their thoughts are directed to their inter-related internal relationships.**
- **Moves from one idea to another idea.**
- **Are drawn towards intellectual approach of life.**
- **They attach very little value to intuitive inclination of the conic hand.**
- **They are neither impressed by the business-like approach of the square hand.**
- **Theirs is a scientific or philosophic approach, theorizing, examining basic assumptions, formulating new a abstraction to account for observations.**
- **They show very little interest to the outside world of the spatulate**

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

hand.

- With the help of books on philosophy they try to discover what life really is about.
- They seek the certainty of proof. If proof seems inconclusive, they begin a restless search for further proof.
- Once they seek the “only real truth” it is extremely difficult to shift them from it.
 - They spare a thought for the less fortunate.
- They are blessed with the ability to understand the metaphysical aspect of life.
- They are gifted with analytical powers and are adept at keeping secrets.

3. Profession:

- This hand usually belongs to teachers, thinkers and world leaders.
- They engage in vocations of a scientist, researcher, psychotherapist, professor, writing, social sciences, etc.
- It gleams wisdom but rarely glitters gold.
- Will go through all kinds of privations to attain their end. They love mastery of all things.
- As preachers they preach over the heads of people
- As painters, they are mystics
- As poets, they prefer the visionary smiles and vaporous draping of the spirit

4. A few other points:

Their world is a dream: the peace of an aesthetic, the domain beyond the borderland of matter, the cloudland of thought and in such a world of theirs the craving for materialism is absent This hand is found in oriental nations, yogis, mystics, etc. They are silent, secretive, deep thinkers, careful over little issues,

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

use words very carefully, proud of being different, rarely forget injury and wait for opportunities and are egoistical. With excess developments, they turn into religious fanatics-they will go to the extent of severing themselves from kin and deprive the body of its needs to even attain the ultimate.

5. Hobbies:

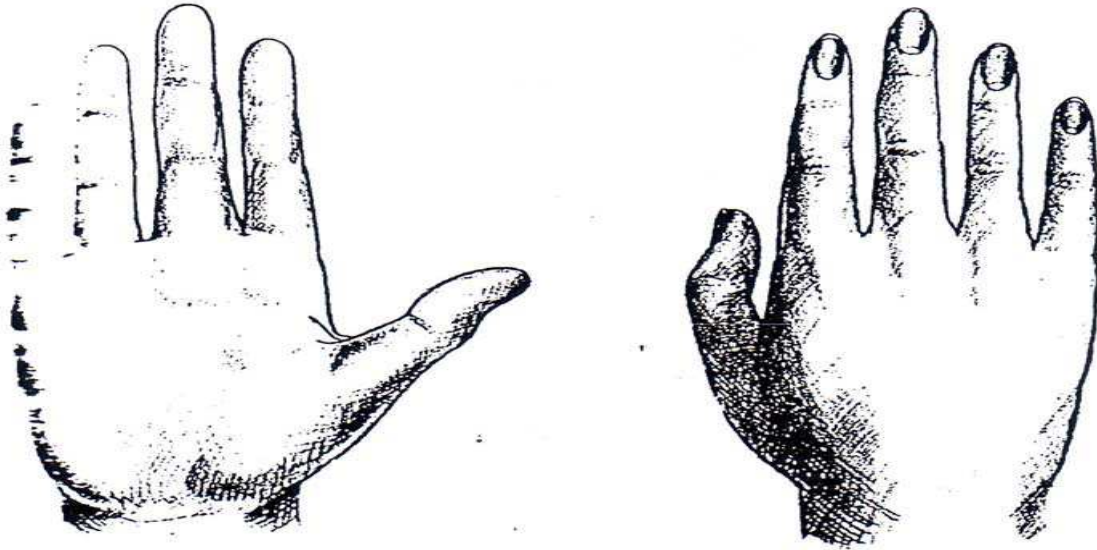
- Reading, study of social sciences, philosophy, exact sciences, mathematics, chess, cross-word puzzles, etc.

6. Health:

- Health could be a great issue, as they do not keep their timings to eat, sleep and have regular exercise or entertainments.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

5. THE CONIC OR THE ARTISTIC HAND



We are given to understand that Mona Lisa had Conic hands.

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THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

1. Physical Characteristics:

- This type of hand has smooth fingers, and the nail phalange assumes the form of cones or elongated shape.
- Knots are absent in smooth fingers.
- It has long, tabular fingers and full and rounded at the base.
- It starts tapering from the base, though it is larger than the pointed hand.
- The lines may be wavy and the line of the head points toward the heel of the hand (the mount of the Moon) as this is an inclination towards imagination and creativity.
- The hand is soft, fleshy, indicating a desire for comfort and luxury.
- The texture of the skin is fine and pink in colour.
- The nails are also elongated and usually well cared for.
 - The thumb is of average length.
 -

2. Psychological characteristics:

- Has qualities of softness, sensitivity and power of imagination and is associated with the quality of love.
- They are artistic by nature, love the beautiful, pleasurable and charming.
- They can be vain and susceptible to flattery.
- They are not practical, and look out for easier ways to achieve things.
- They have great power of intuition but do not have the power of perseverance.

3. Relationships:

- As they have a great need for love and understanding, are capable of great affection, if they are admired and adored.
- As they are highly motivated sexually, they concern themselves with feelings of admiration and romance.

4. Occupations:

- Attracted to artistic professions.
- Could specialize in dancing, interior designing, models, beauty

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

specialists.

- **Could succeed in psychotherapy because of great intuition. This power gives them a capacity to tune into the psyche of their clients and roots of their problems.**

5. Hobbies:

- **Interested in anything that is artistic, from painting to organizing a musical evening.**

6. Spirituality:

- **As they believe that there is a creative force in this universe, they are fascinated by the unknown,**
- **They attach themselves to cult groups or gurus.**
 - **They can also be superstitious.**

7. Health:

- **Due to a delicate constitution, health is fragile.**
- **Sensible eating habits and moderation with alcohol can help them to keep good health.**
- **They have a tendency to become mentally unstable or neurotic, thereby losing control over their own life.**

8. Faults:

- **Their impatience make them tire easily and rarely carry out their intentions.**
- **Lack of application and reason, make them judge by impulse and instinct – hence they change friendship and affection.**
- **Extremities and quick temper is a big danger to them. They rise to the heights of rapture or descend to the lowest depths of despair over any trifle.**
 - **They are selfish when their own personal comforts are concerned.**

9. Greatest advantage:

- **They adjust with strangers and society.**
- **Are great conversationalists.**

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

- Grasp the drift of a subject easily.**

10. Variations in conic hands:

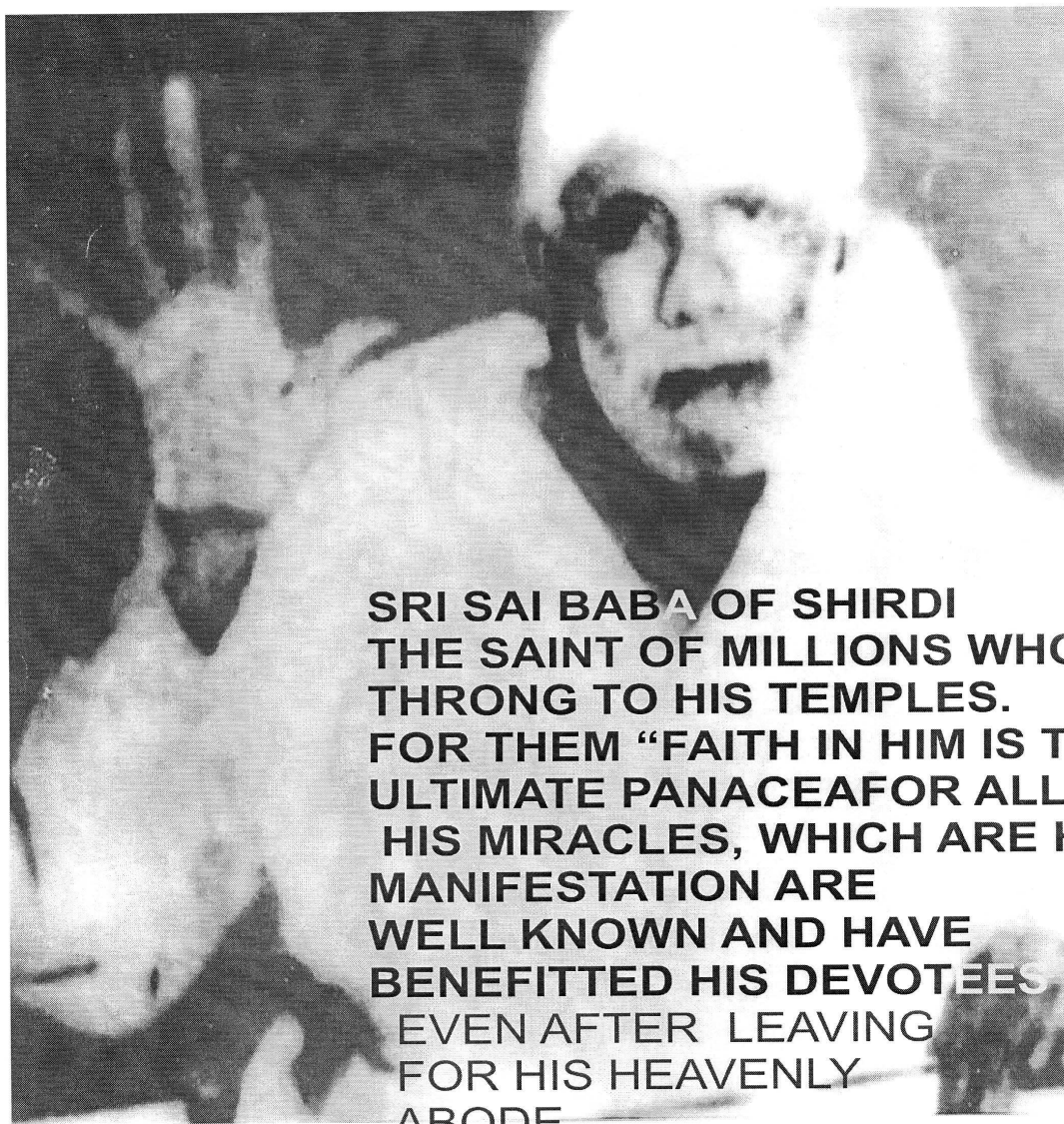
- Conic hand (hard and elastic) has good qualities and is accentuated by energy and firmness of will.**
- Hard conic hand-artistic in nature - if encouraged for an artistic life - the energy and determination will lead to success in the field of art. Will have quickness, brilliancy and sparkle in company and before strangers. They are the chosen ones to represent those who lead a public life, such as actors, actresses, singers, orators and all those who purely follow an emotional career. But they depend more upon inspirational feelings of the moment than thought, reason or study. They carry the public more by their individuality and stir the emotions of others. The orator can move the multitude by his eloquence of the tongue, not by logic. But this does not mean that natives with square fingers cannot be artistic.... they can be. But by application and hard work... through study.**

GENIUS SITS ON THE RUNS OF DREAMS, STUDY WORKS AND RISES RUNG BY RUNG: Artistic hand with square fingers - indicates application and therefore there is more exactness in foundation, method and correctness... they try and try again until they succeed. Artistic hands with spatulate fingers: give greater breadth of design and colour and more daring in ideas famous for his originality.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

Truth of classical palmistry: **THE PSYCHIC HAND**

6.

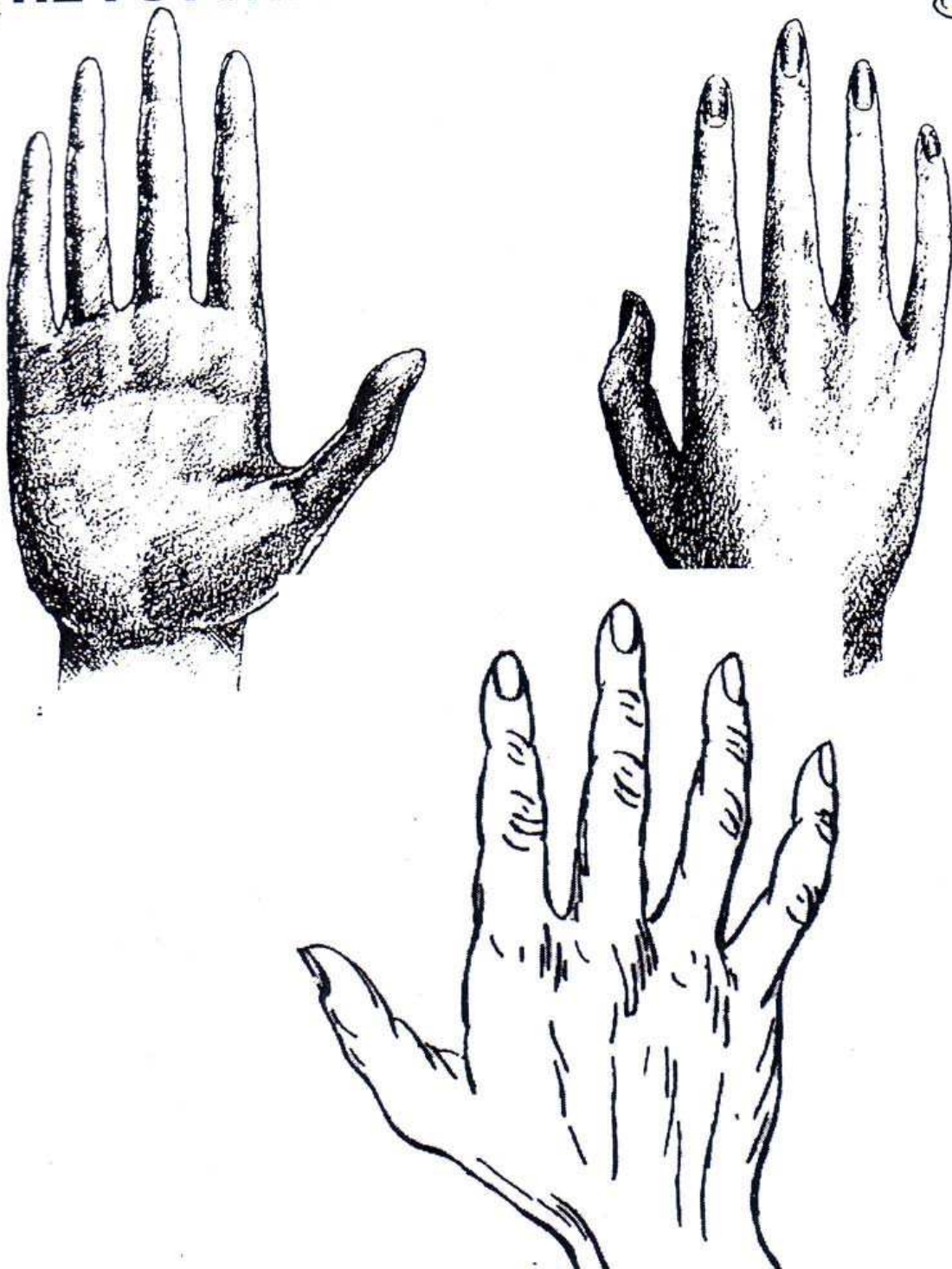


**SRI SAI BABA OF SHIRDI
THE SAINT OF MILLIONS WHO
THRONG TO HIS TEMPLES.
FOR THEM “FAITH IN HIM IS THE
ULTIMATE PANACEA FOR ALL ILLS
HIS MIRACLES, WHICH ARE HIS
MANIFESTATION ARE
WELL KNOWN AND HAVE
BENEFITTED HIS DEVOTEES
EVEN AFTER LEAVING
FOR HIS HEAVENLY
ABODE.**

**THE PSYCHIC HAND IS A DELICATE HAND -THEY LIVE IN THEIR OWN
SPIRITUAL EALM OF MYSTICISM, MIRACLES WITHOUT CARING FOR
MATERIAL GAINS. AT TIMES THEY FEEL THAT THIS WORLD IS TOO
MUCH FOR ME. THEY CANNOT SEE OTHERS SUFFER. THEY ARE FULL
DIVINE VIBRATIONS & COMPASSION.**

COUTSEY: INDIAN PALMISTRY FORUM

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS



*Note for Working students who wish to study Scientific Palmistry
Prof. Anthony Writer, Jyotisha Bharati, Bharatiya Vidya Bhavan, Mumbai*

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

It is the most beautiful of the 7 types of hand- rare to find.

1. Physical Characteristics:

- Long, narrow, fragile looking, slender, tapering fingers, long and almond shaped nails.
- Long and thin but beautiful and gracious in appearance
- Pointed fingers with almond shaped nails
- Colour varies from pink to white
- Skin texture is very refined and the hand contains few lines
 - The thumb is usually short.
 -

2. Indications: wants of energy and strength.

3.

3. Psychological Characteristics:

- In Carl Jung's words , they are "introverted intuitive types".
- They lack the practical sense.
- Extremely idealistic, rather unworldly.
- These are dreamers arriving at opinions intuitively.
- Hence reasoning becomes difficult.
- They are in the cloud world.
- They would do wonders if they combine their gift of intuition with the reality of everyday life.
- Purely visionary and idealistic nature, appreciate the beautiful and in every shape and form, gentle in manner, quiet in temper, are confiding and instinctively trust anyone who is kind to them.
- They have no conception of order, punctuality or discipline. They are easily influenced by others . Colour appeals to them. Everything is reflected in colour.
- Unconsciously religious feels what is true but has no power to seek truth.
- They dwell on the confines of the spiritual; feel the awe and mystery of life, without knowing why.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

4. Other factors of influence:

- Magic and mystery attracts them; they are easily imposed upon.
- They have highly developed intuitive faculties, are mediums, clairvoyants. Parents of such children do not understand them and do not know how to treat them.
- They consider themselves useless, sensitive and hence remain aloof and morbidness and melancholy is the result.
- They are generally left far and behind in the race for fame and fortune.

5. The problems of a psychic medium in modern days:

- This is the hand that is usually described as “pretty” in a woman. Often it has great delicacy and grace. It is the “almond-shaped” hand – slightly wider but rounded at the base and tapering into smooth, pointed fingers. Often the thumb is long and flexible.
- This is a hand that is usually pale in color and the lines may be clear, but rarely dep. The line of fate is usually clearly marked and the heart or head line, or both, curve toward the ring finger.
- Often the line is doubled, indicating someone who is protected and cared for. This is considered the hand of someone who is relatively useless as a doer and who is an appreciator of the arts; someone who needs to be surrounded with beauty. Often its owner is interested in psychic matters and can be mediumistic. With knotted joints, this hand becomes much more practical.
- Many of those with pointed hands today get involved in the cosmetics business or with the hair-styling arts, which is fortunate, because few people today can be taken care of by other and simply pampered.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

6. Relationship:

- **Their relationships are not always stable. Their fascination for someone usually does not last very long. They enter into marriage on the basis of idealistic fascination. They want unhindered freedom of self-expression.**
- **They need sympathetic and tolerant partners who would permit them freedom to function in their own way. They seek contacts in spiritual movements and company of like-minded people rather than physical relationships.**

7. Occupations:

- **They prefer to work where they do not face limitations or are confronted with high expectations. They work best in quiet, relaxed environments. They are not successful businessmen because they are not materialistic.**
- **By harnessing and controlling their intuitive gifts, they make excellent clairvoyants or psychotherapists.**

8. Hobbies:

- **They enjoy walking in the countryside and like close contact with nature. They communicate with the invisible power.**

9. Spirituality:

- **Unlike the subjects with conic hands who revere external masters like the guru, these subjects with psychic hands have devotion to their internal master and helper. They also have precognitive abilities.**

10. Health:

They possess delicate health. Healthy food and massage could improve their nervous system. Due to weak lungs they are susceptible to colds, influenza, bronchitis and pneumonia.



THE MIXED HAND

**VERSATILE
DIVERSE INTERESTS
WANTS TO DO MANY THINGS
AT A TIME**



Square hand with spatulate base.

Squareness indicates that behaviour is guided by a clear view of life. Spatulate shape signifies a delivery of energy when necessary.



Fingers are philosophic & fingertips are conic and square. The palm is 15% spatulate at the base. Spatulate shape connotes physical energy and inquiring streaks. Decisions are based on facts and strengthened by analytical bent of mind. Dynamism is coupled with a contemplation.

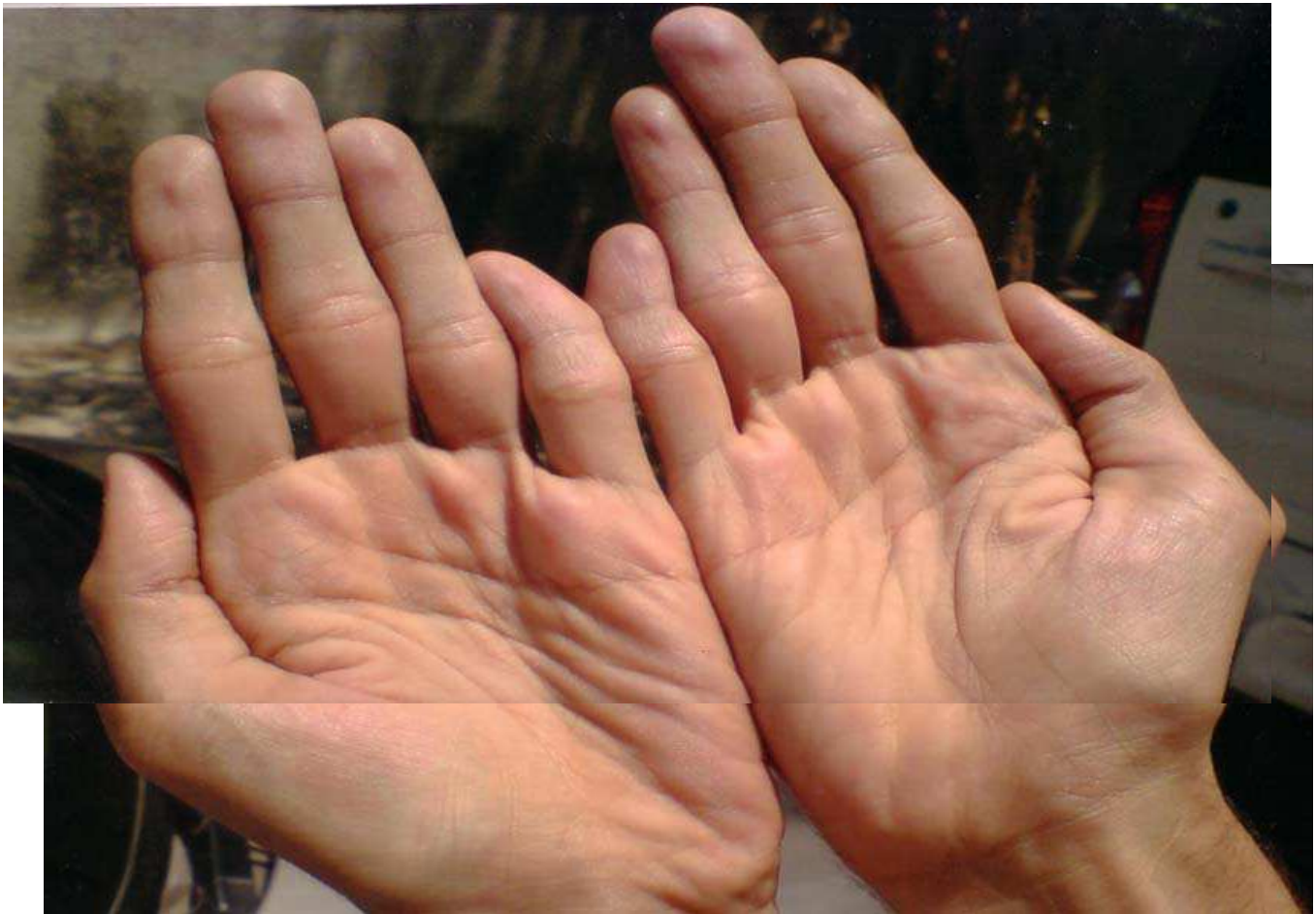


**10% spatulate (fingers of Saturn and Apollo)
45% square (other fingers) and 45% conic (palm). A mixture of DYNAMIC APPROACH (SPATULATE), SENSITIVE NATURE (CONIC) AND A PRACTICAL STREAK (SQUARE).**

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

VARIATION IN SHAPE OR THE VARIANT

A young man with varied interests, diverts his energies on various topics.



**At times, he feels that he is the monarch of all he surveys.
At times he feels lost in this mad maze of confusion.
Can anyone advise him. At the moment he is
Jack of all trades and master of none.**

This hand cannot be classified with the other 6 types and the fingers belong to the different types – one pointed, one square, one conic, one

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

spatulate or one philosophic.

1. Physical characteristics:

- **This is a hand that seems hard to classify – but it is unmistakable once you decide there is such a classification. It is remarkable how, with some observation, hands that are true to type- pointed, square, conical, spatulate – suddenly stand out when you see them.**
- **The mixed hand, meanwhile, assumes an identity of its or the other kind of fingers.**
- **To be a truly mixed hand, the palm itself must display a kind of mixed shape- somewhat oblong, but also rounded at the heel and square at the base of the thumb.**
- **The fingers are diversified, as well, and the joints will be somewhere smooth, somewhere knotty.**

2. Psychological characteristics:

- **This is a hand of ideas, of versatility and changeability of purpose. Adaptable to both people and circumstances. Clever but erratic in application of his talents.**
- **With a strong headline, he chooses the best of his talents and adds the brilliancy and versatility of others.**
- **Almost all classes of work are easy for them. They are inventive if they can relieve themselves of labor.**
- **They are restless and do not remain in particular place for long. As they are always changing, success eludes them. If the entire hand is mixed: “Jack of all trades.”**
- **This is the hand of versatility – today’s hand. The owners are generalists rather than specialists but they also combine creativity with practicality. You find this and among journalists, teachers, researchers, and in the business side of the creative arts.**

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

3. A few combinations:

a) A few combination of the MIXED HAND SHAPES -PALM: a) 50% square b). 50% conic FINGERS are Philosophic.

Indications: The unconscious driving force is both artistic and sensitive. Yet there is still a feeling for the practical values of life. The philosophic fingers are indicative of sensible and well considered actions and method of working.

b) Palm is square and 15 % spatulate at the base. The fingers are philosophic and the finger tips are conic and square.

Indications: The Spatulate shape connotes physical energy and an inquiring streak. Due to the square hand shape his decisions are based on facts. Due to the philosophic fingers his decisions are strengthened by his analytical bent. DYANMISM IS COUPLED WITH A TOUCH OF CONTEMPLATIVENESS.

c) Hand is SQUARE but SPATULATE at the base.

Indications: SQUARENESS indicates a healthy understanding and a clear view of life. The SPATULATE shape signifies a delivery of energy when necessary.

d) Hand is a mixture of the conic, square and spatulate hand shapes.

i) The lower part of the palm is slightly spatulate.

ii) The fingers of Saturn and Apollo are slightly spatulate.

iii) The finger tips are square

iv) The palm is square and conic.

v) The combination in percentage: 10% spatulate; 56% conic and 45% square.

Indications : spatulate shape indicates a dynamic approach. The conic a sensitive nature & The square a practical streak.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

X THE SIZE AND SHAPE & COLOUR OF THE HANDS

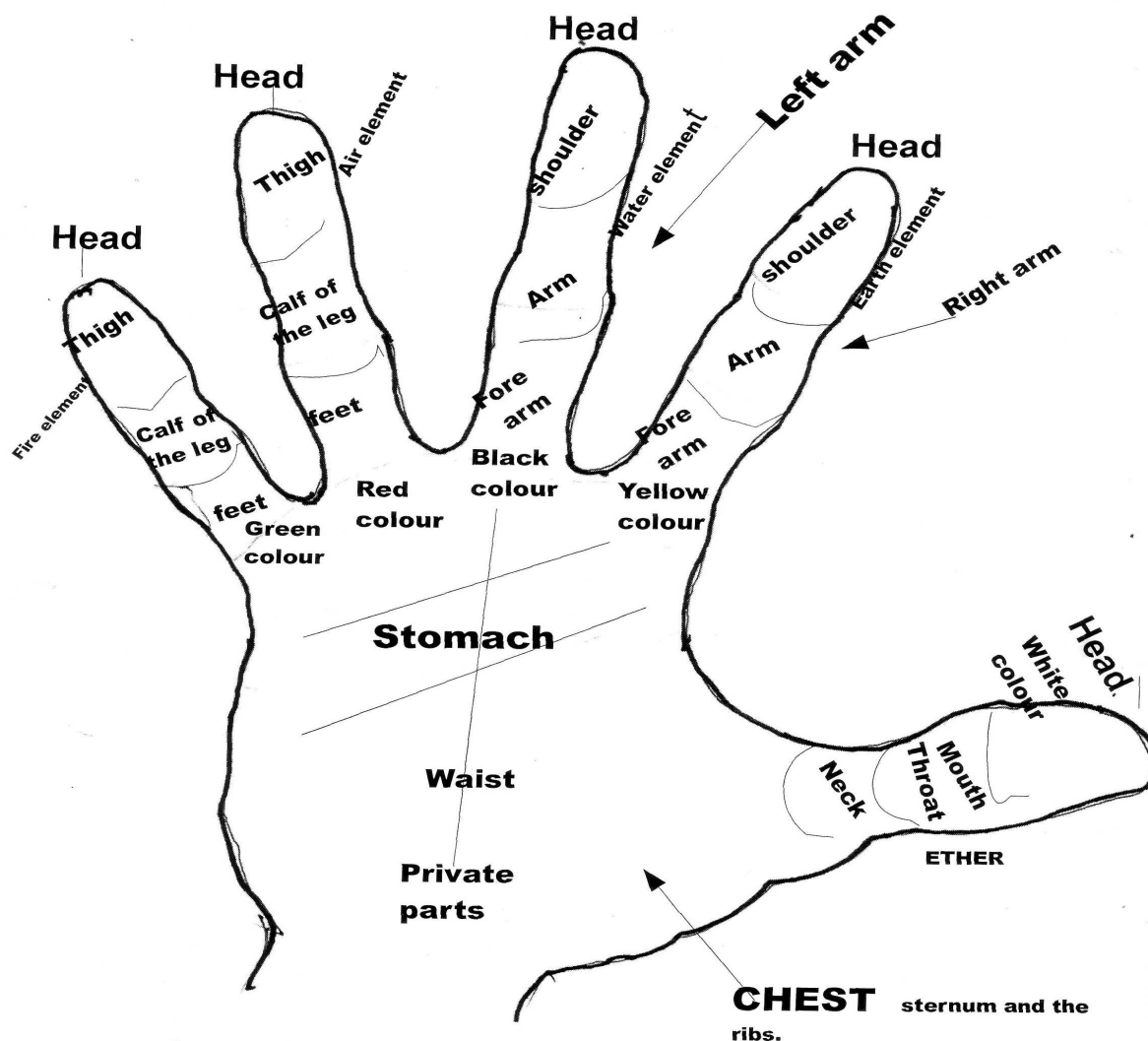
The following sizes and shapes and colours should also be taken into consideration while reading a palm:

- a) Large hands show order, method obedience and detail.
- b) Small hands show energy, government, ability to rule and executive power.
- c) Medium-sized hands indicate a character with a capacity for turning his or her hand to anything. When the fingers are exactly as long as the palm, they belong to people who are successful in business but not in any highly specialized kind of business. Note that this hand belongs also to the 'Jack-of-all trades'
 - the person who does many things capably but none of them exceedingly well.
- d) Hands with palms long in comparison to the length of the fingers show an ability to make big plans, a quick grasp of things, a dislike of detail.
- e) Hands with fingers relatively much longer than the palm cannot plan but they can 'finish' everything they do. A person with hands like these will not neglect or overlook the slightest detail. They are the 'slow-but-sure' people.
- f) Wide hands indicate kindness and sympathy-someone that is able to see and consider the other side as well as his or her own point of view.
- g) Narrow hands belong to people who are critical and exacting by nature – those who see one's faults rather than one's good qualities. It is said that the best husbands and wives are not found with this kind of hand but if the life partner's hand is too short and too wide; fate may draw them together.
- h) Hands wide open with the fingers well apart show originality initiative and courage.
- i) Hands with fingers close together show convention fear of consequences cowardice.
- j) White hands show a selfish nature.
- k) Red hands show passionate feeling, anger and energy
- l) Hands of warmish pink show a warm heart
- m) Soft hands indicate laziness that may coexist with distinct and probably unused talent. But hands that are only moderately soft or soft on the mounts may belong to people who work best in short burst only.
- n) Very hard hands demonstrate energy and the love of work for its own sake. These are people who should ask themselves what it is that they want out of life and then set out to get it cultivate mental disciplines so that they do not waste their nervous energy extravagantly.
- o) Square hands show reason, consistency, common sense and accuracy.
- p) Pointed hands show spiritual & idealism.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

XI PARTS OF THE BODY AND HAND– Hindu Palmistry

THE PARTS OF THE BODY DEPICTED ON THE PALM IN JEEVAN SANJIVAN HINDU PALMISTRY



Source: HASTA SANJEEVAN
By Mahapodhaya Shri Megh Vijay GaniKruth

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XII REMEDIES IN PALMISTRY - MUDRAS

a flashback to the yogic postures from the sages of India

Prof. Dayanand in “digital postures for Remedies” states that “a larger part of the brain is concerned with the movement of the fingers than other organs of the body, proportionately speaking.”

The sages of our land positioned their fingers in certain positions and the message is sent to us from the statues of Jain Tirthankaras and Lord Buddha. The main purpose of these positions given by our sages is “to transfer the surplus energy of certain centres of the of the brain to others in order to bring a balanced state of mind and body.

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REMEDIES FOR DEFECTIVE LINES & MOUNTS

1. POSTURE TO STRENGTHEN THE HEART



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POSITION TO STRENGTHEN THE VITAL FORCE



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POSITION TO STRENGTHEN THE BRAIN



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XIII

THE THUMB

Sir Charles Bells says in his works that the paw or hand of the chimpanzee, which is the nearest approach to the human being, the thumb which is high set and weak, although well-formed in every way does not reach the base of the first finger. The deduction, therefore, is that the longer and better formed the thumb, the more man has developed beyond brute creation.

The Hindus, Egyptians, the Chinese, the Romans, have all given the thumb a very high place in religion as it signifies the will and decision of a person. The development of the human thumb has been closely tied to the development of the brain and eye. In palmistry the development of the thumb is related to the will and reason.

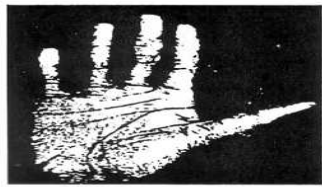
The thumb, the king of the hand, proper represents the three great worlds:

- 1st phalange or the nail phalange - Will Power**
- 2nd phalange - Logic or reason**
- 3rd phalange or the mount of Venus -Love**

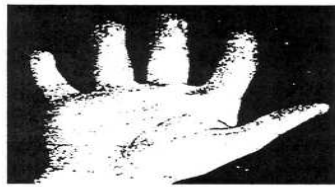
The line of the Head represents the mental will.

The thumb can move in all directions. With the help of the thumb we find it easier to grasp and use articles of daily necessity, The position of the human thumb makes it serviceable and adaptable.

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HIGH - SET



MEDIUM-SET



LOW-SET



**LARGE
THUMB**



**SHORT
THUMB**



**THUMB AWAY
AND ERECT
FROM FINGERS**

1. HIGHT-SET THUMB

– idiot's thumb – it reaches high upto the second phalange of Jupiters's finger (Index finger). The quality and quantity thumb, the lesser the mentality will be.

THE SPACE BETWEEN THE ROOT OF THE INDEX FINGER AND THUMB IS NARROW

- ♦ They betrays want of independence
- ♦ They tend to be mean and selfish
- ♦ They have a slavish mentality
- ♦ They cannot stand by their convictions
- ♦ They are prone to yield to the force of circumstances
- ♦ They lack courage
- ♦ They have a restricted outlook on life.

2.LOW –SET THUMB :

- Wider the space or lower the site of the thumb is, the higher will be the mentality. This thumb is called “ low-set thumb”. They will be able to go out into the world and hold their own existence.

When the thumb is low set (near the wrist)

- ♦ They have an innate love of liberty and an independent nature.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

- ♦ **They have courage of conviction and are opposed to all that is restrictive.**
- ♦ **They favour freedom and fight for human rights.**
- ♦ **They champion the cause of the underdogs.**
- ♦ **They aim at social reforms.**
- ♦ **They are liberal in action.**
- ♦ **They are generous by nature.**

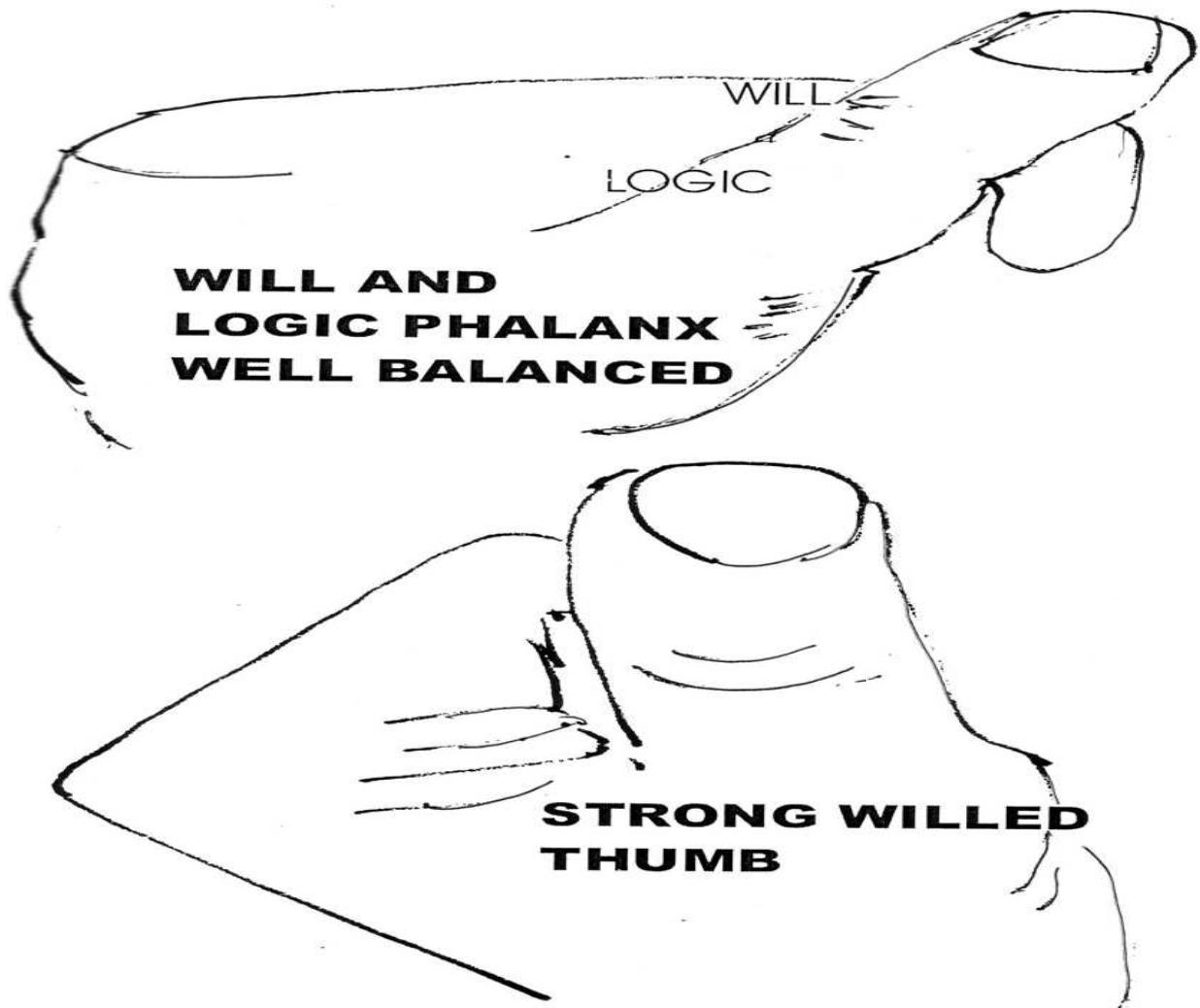
3. BIG THUMB

- Denotes strong character (guiding the head) determination (practical) & good will power enables the native to face troubles and hardships of life, energy of will is the central power of character (its good or bad use will be determined from the behavior of the mounts and main lines); makes purpose definite, rules and executes plans unhesitatingly there is an element of firmness, love of history; resolution once the mind is firm it has to act.

4. SMALL THUMB

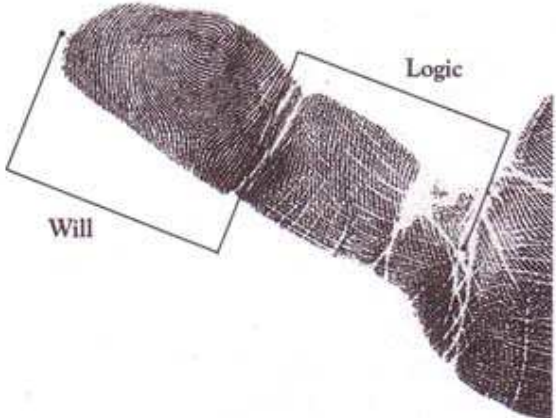
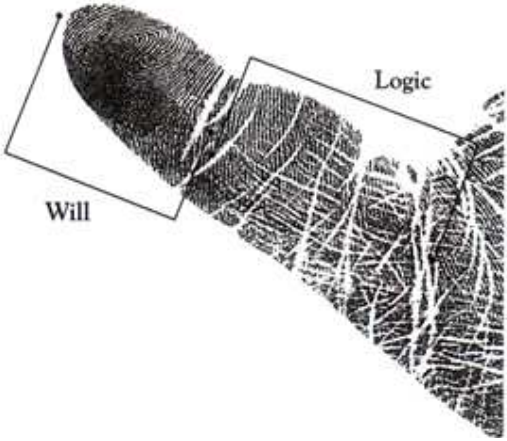
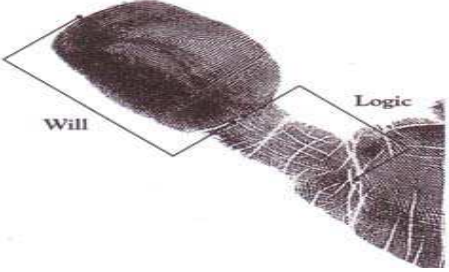
- Deficient thumb; sign of hesitation and temptation (weakness); cannot hold their own existence in the world; lack of force and will power and fears responsibilities; lacks argument and sees matters from a personal point of views; often ruled by heart and sentiments; feels rather than thinks; they can be easily led by others; appreciates the beautiful, poetical and sentimental side.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS



THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

THE THUMB : WILL AND LOGIC

 A diagram of a thumb showing the two phalanges (the first joint and the second joint) with lines indicating they are of equal length. The first phalanx is labeled 'Will' and the second phalanx is labeled 'Logic'.	<p>IDEAL THUMB : the two phalanges are equal in length.</p> <p>The ability to act based on reasoning and thereby express yourself objectively.</p>
 A diagram of a thumb showing the two phalanges. The first phalanx is short and labeled 'Will', and the second phalanx is long and labeled 'Logic'.	<p>SHORT WILL AND LONG LOGIC</p> <p>Despite having the desire to be Ambitious, there is always a Lack of will-power to achieve One's goals.</p>
 A diagram of a thumb showing the two phalanges. The first phalanx is long and labeled 'Will', and the second phalanx is short and labeled 'Logic'.	<p>SHORT LOGIC AND LONG WILL:</p> <p>There will be a tendency to Self-willed, obstinate, Domineering and inconsiderate. Such subjects should avoid Impulsive behaviour and Forming quick opinions</p>

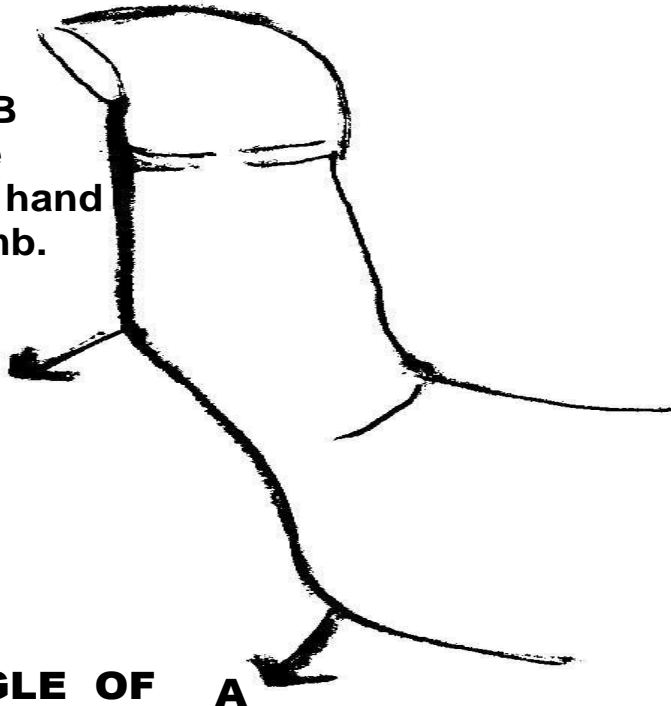
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THE ANGLES OF RHYTHM & HARMONY THE THUMB

Angle A & angle B are formed on the radial side of the hand covering the thumb.

**ANGLE OF B
HARMONY**

**ANGLE OF A
RHYTHM**

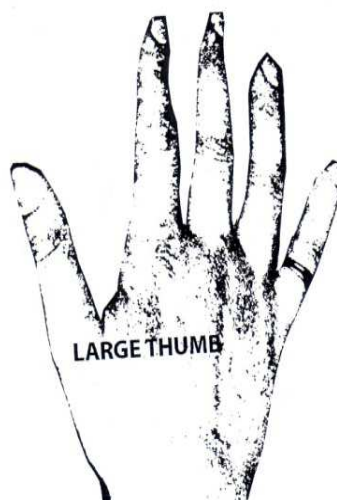
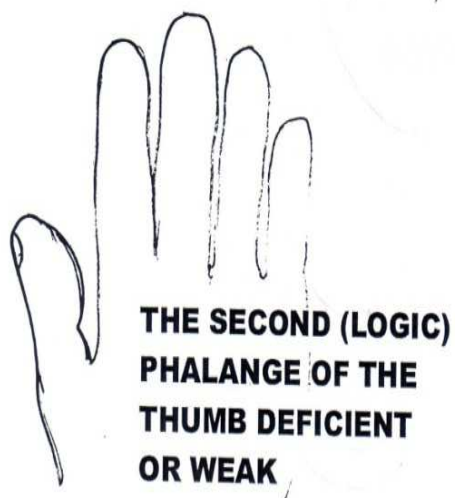
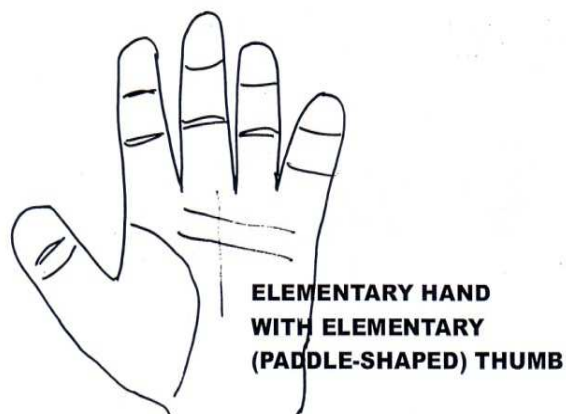


Henri Mangin 1896 – 1897, French Palmist, the author of *“La Main, mirror du destin”* states :

The two angles show high intelligence, affirms the existence of rhythm and harmony in general order of facts. They indicate creative possibilities and expression in musical rhythm, poetry and dancing, etc.

Individuals possessing these angles are sensitive to the ambient rhythms of nature and understand the mechanism of life and appreciate the value of law and order in the material sense.

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5. CLUBBED SHAPED THUMB: (Murderer's thumb - Thick and bulbous at its top).

Brutal, Obstinate, of exceedingly violent temper, dangerous companions. At the slightest provocation the native will carry out any action in hand regardless of consequences; restlessness, cruel and unforgiving. Clubbed thumb with tough hard hand – short fingers and broad red nails is an infallible sign of criminality without reasoning. Clubbed thumb in a fine hand with supple fingers and pink nails – the bad qualities

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

are minimized and checked though the long phalange of logic.

The signs of murderer: hard stiff hand, short fingers, red broad nails, spatulate or square finger tips, clubbed thumb, overgrown mounts of Mars and Venus, absent or short lines of head and heart are absent or interrupted line of Fate. Generally not seen in female hands – but if seen in the female hands, the lady will not hesitate to commit any act of crime or violence.

With a conic weak formation: denotes lack of volition and impulse.

With squarish tip: a symbol of determination & persistence

With a fleshy bulbous formation: lack of cultured will and domination by animal force; obstinacy, tendency to be violent and brutal in reaction.

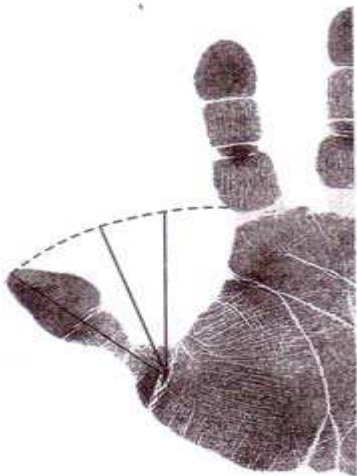
6. STIFF THUMB - Red in colour; lack of sympathy and feelings, violent, expert in gaining money, completes his work once it is decided, reservatory and classic habits of independence of thought and action. Practical common sense, economical, stingy and weighs everything carefully, strong willed, stubborn determination and uses caution, reserved and invites confidence.

7. SUPPLE THUMB (flexible thumb) - Optimistic, generous, extravagant, spendthrift, jack of all trades, master of none, brilliant, versatile, adapts easily adapts easily to changes, sentimental, emotional, sympathetic, will even give their last coin to a beggar.

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LONG THUMB : reaching the middle phalanx of the finger of Jupiter – independent, outgoing, dynamic, desire to express one's individuality and achieve success.



SHORT THUMB: below the 1st phalanx of Jupiter - lack of motivation, fearful disposition, feeling of uncertainty, etc.

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8. PRIMARY THUMB (Paddle shape/Banana Shape) –Elementary. -
Heavy, coarse, skin is rough - Miser, obstinate, no sense of understanding.
Blunt, tactless and ignorant, walks over anyone he meets, cares nothing for refinement of manner or speech nor the feeling of others.

Strong will power that does not accept defeat, tyrant, obstinate, exceedingly firm determination, bad politician or ruler.

The broad phalange of will power: Will power based on facts and real determination,

The Long narrow phalange of will power: Will power based on stubbornness, obstinacy and imagination.

The big broad phalange of logic: Sound reasoning based on right and straight forward thinking, good argument and accurate judgement.

A short narrow phalange of logic: twisted reasoning based on audacity, blind thinking.

Nervous thumb: fluted nails and soft consistency: Weak constitution and less vitality, the nervous force and energy proves too strong for the native.

8. STRONG WILLED THUMB: - Strong determination backed by physical strength; indicates determination to accomplish objectives; rise over obstacles; pushing and aggressive; can easily turn violent; good guidance is necessary.

Strong will with tact:

Strong 2nd phalange: good logical quality with diplomatic mind and firm determination, strong character, intelligent, kindly nature, shows refinement, reason, taste, tact and perseverance.

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Knotty thumb: the knotty pads creates obstruction to the flow of the vital current and consequently means deliberation of thought; slow and skilful, diplomatic and can be successful in various circumstance.

9. WAIST LIKE THUMB: - (second phalange is narrower than 1s t, assuming a waist-like formation).

- ♦ **They have a tendency toward evasiveness**
- ♦ **They have great tact**
- ♦ **They are unwilling to be pinned down to anything firmly**
- ♦ **They are inclined to be gentle, adaptable**
- ♦ **They mix in social and business activities**
- ♦ **They are reluctant to make commitments**
- ♦ **They tend to be cautious in all things.**

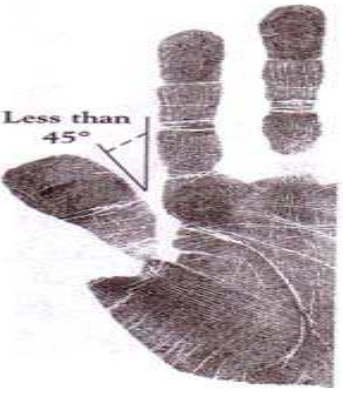
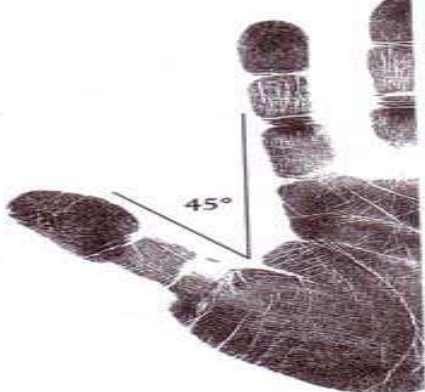
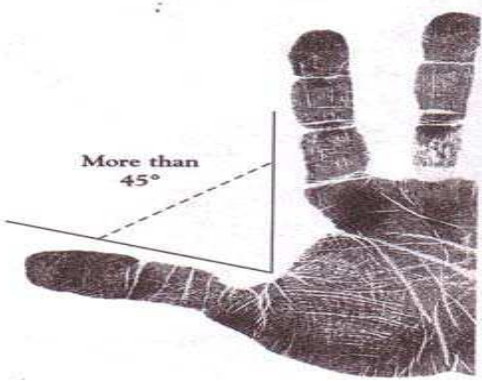
Brilliant and tactful nature, does everything in an adroit and diplomatic manner and has the faculty to approach persons in right manner.

Good logical judgement; the subject can get his work done by using his sweet tongue.

Expert politician and friend of all.

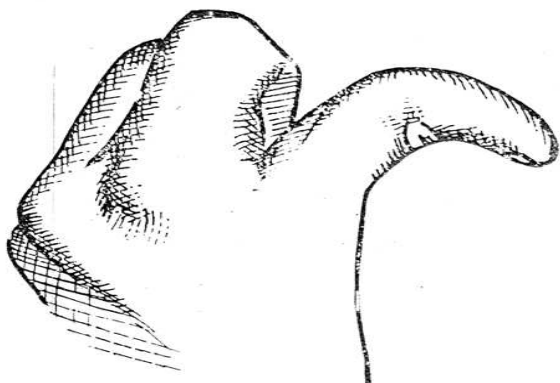
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THE ANGLE OF THE THUMB

 <p>Less than 45°</p>	<p>HIGH SET THUMB or the narrow-angled thumb: feeling of inhibition and inability to cope up with challenges, less intelligent, fear of the unknown, lack of faith, insecure feeling, stingy, selfish, etc.</p>
 <p>45°</p>	<p>BALANCED-ANGLED THUMB: a 45 degree angle between the thumb and the index finger. Sensible, open and spontaneous in expressing oneself, and considers the feelings of others in relationship</p>
 <p>More than 45°</p>	<p>THE LOW-SET THUMB or the wide angled thumb. Highly intelligent, very broad minded, exuberant and spontaneous, overwhelming enthusiasm. There could be a problem to be inconsiderate and drain of one's energy due to excessive enthusiasm.</p>

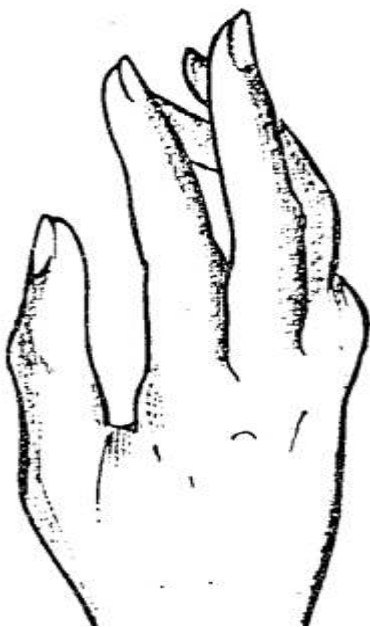
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FLEXIBILITY OF THE THUMB



Flexibility is indicated when the thumb bends backwards. Traits: adaptable, brilliant, versatile, easily adaptable, extravagant, moods vary. These qualities of a supple thumb could be held in balance are square tips, a good head line and a good mount of Saturn.

THE KNOTS ON THE THUMB



Knots on the thumb give a balancing power to the two phalanges. They enable a person to take judicious decisions and avoid extreme actions. They assist a person with conic tips and also strengthen the other types of tips. The power of reasoning of the second phalange increases. Hasty decisions could be averted and thought and considerations of various facts are analysed.

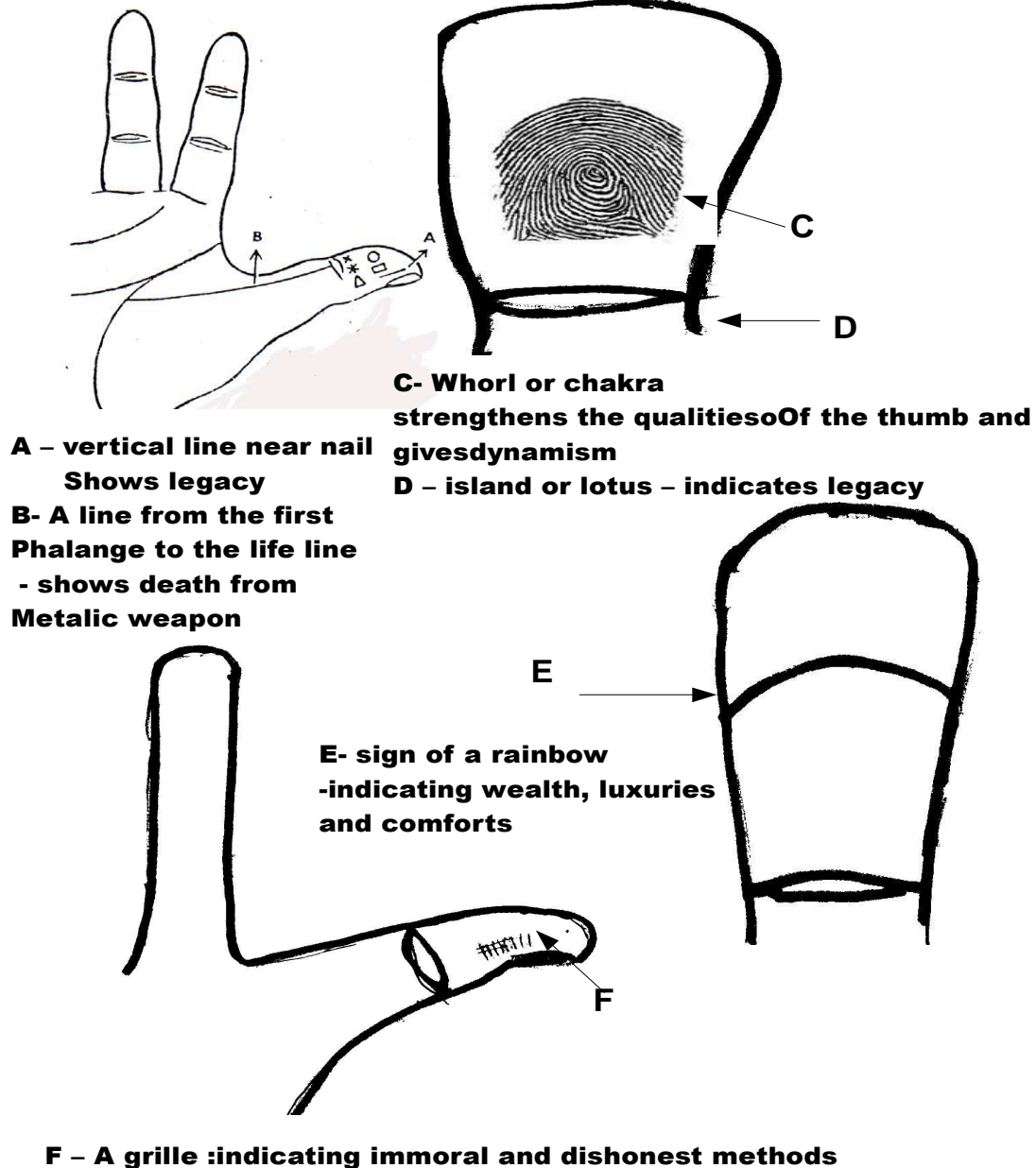
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SIGNS ON THE THUMB

- Signs on the first phalange of the thumb

1. Vertical lines on the first phalange of the thumb indicate will power.

A FEW SIGNS ON THE THUMB



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- 2. If there are more than 3 vertical lines, then there could be obstacles.**
- 3. Small vertical lines near the nail phalange indicate legacy.**
- 4. A line running from the first phalange of the thumb to the Life line indicates death from a metallic weapon, like a sword or a dagger.**
- 5. If there are two lines running from the first phalange of the thumb, very near to each other, it indicates loss of his estate and earnings through speculation.**
- 6. A cross on the upper side of the first phalange of the thumb along with a prominent mount of Venus indicates immorality.**
- 7. If two such crosses are present then it indicates love a luxurious living.**
- 8. A star on the first phalange of the thumb indicates capricious behaviour and fault finding.**
- 9. A triangle on the first phalange of the thumb shows the concentration of the will power in scientific fields.**
- 10. A circle on the first phalange indicates steadiness, determination and ultimate success.**
- 11. Square shows determination in one direction; on a bad hand it shows tyranny.**

- Signs on the Second phalange of the thumb:

- 1. If there are two or three vertical lines running down on the second phalange, it shows sound reasoning power.**

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- 2. Cross-lines indicates lack of sound judgement and reasoning – reasoning lacks common-sense.**
- 3. A cross indicates that the person does not have a view of his own and is influenced by the opinion of others.**
- 4. One star or two stars indicate vulgarity and desire to satisfy one's desires.**
- 5. A triangles shows a scientific or philosophic talents.**
- 6. Squares on this phalange shows firm logic. On a bad hand it indicates stubbornness.**
- 7. A circle shows triumph and success in arguments.**
- 8. Grille shows lack of moral sense and honest reasoning methods.**
- 9. A line from the second phalange to the Life line shows discord and troubles in married life.**

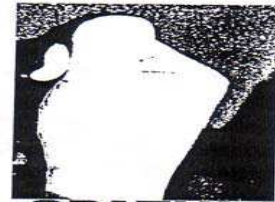
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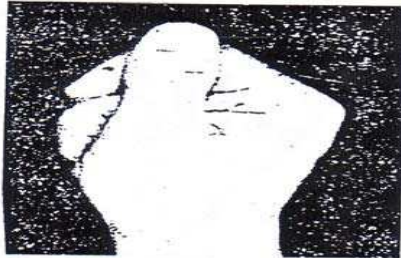
**BULBOUS
FIRST
PHALANGE**



**BALANCED
PHALANGES**



**SPATULATE
TIP**

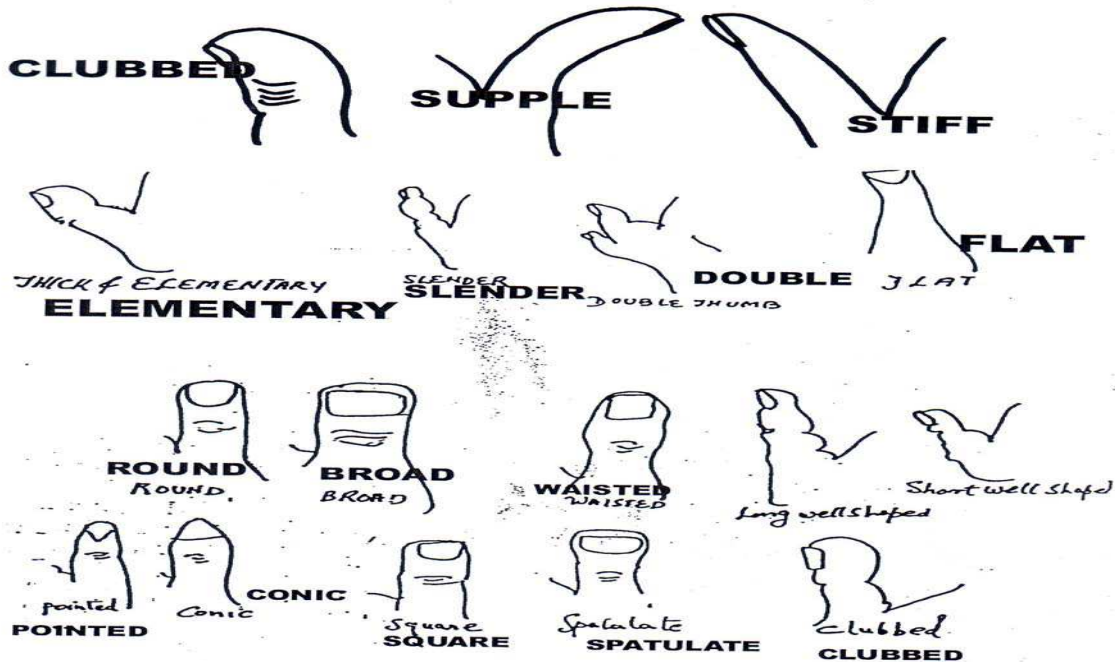


SQUARE TIP



CONIC TIP

TYPES OF THUMB



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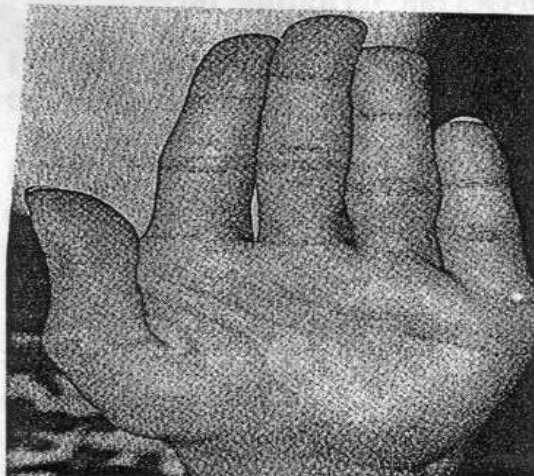
XIV THE FINGERS

A deep crease at the base of each finger separates it from the palm surface, above which the finger is projected into space, below which is the actual palm surface.

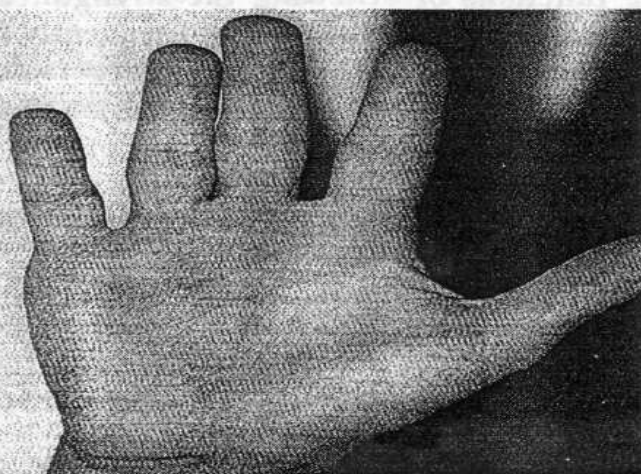
The middle finger acts as an axle, strongest of all, tends to extend above the other fingers slightly.

The little finger and the index finger (the “pointer finger”) are the ones that usually drop low into the palm. A third finger is at times placed low. A low-set middle finger is extremely low.

FINGERS IN COMPARISON TO THE PALM



**FINGERS OF
CONSIDERABLE
LENGTH SUGGEST
AN INTENSITY
OF AWARENESS
THAT HAS THE
IMMEDIATE FOCUS
OF ATTENTION
ENTIRELY
DOMINATING THE
MIND**



**DECIDEDLY SHORT
FINGERS WHILE
COMPARING THE LENGTH
OF THE FINGERS WITH
THE GENERAL PROPORTION
OF THE PALM**

THE LENGTH OF THE FINGERS IN RELATION TO THE PALM: -

While closing the hand, if the fingers cover the whole palm they are considered long.

Another method is to measure the palm from its bottom to the first crease beneath the second finger, which is measured from its base crease to its top. If the palm is 4 1 / 2" and finger is 3 1 / 2" they are considered normal. If the length of the finger is more than the length of the palm, it is long. If less than 3", it is short in relation to the palm.

CLASSIFICATION OF THE FINGERS.

Each finger should be judged by itself.

Do not classify a set of fingers in a group.

Every finger is named for, and partakes of, the qualities of the Mount under it.

1st finger	Finger of Jupiter
2nd finger	Finger of Saturn
3rd finger	Finger of Apollo (Sun)
4th finger	Finger of mercury

How to judge the in fingers?

- 1. note the length of the fingers**
- 2. observe the joints (smooth, knotty, etc.)**
- 3. examine the flexibility of the finger flexibility shows that the qualities of the mount types are more pronounced.**
- 4. see if the fingers are straight or twisted.**

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If bending is literal, then it shows the shrewdness of the qualities of the mount on which they are placed.

Twisting shows a liability to moral or physical defects in the mount qualities.

How to determine?

Use the nails, the lines on the mount, the life line and the line of the mount itself.

Note the tips of each finger, and apply the square, spatulate, conic or pointed qualities to the individual fingers and its mounts.

Note the erectness of the fingers or inclination. This will show the strongest finger.

Every finger leaning towards another gives up some of its strength to the finger towards which it leans.

Any finger set lower than the normal line, reduces the strength of the mount under it.

Best development: Evenly set fingers and normally placed.

See which fingers are bound together and which are widely separated.

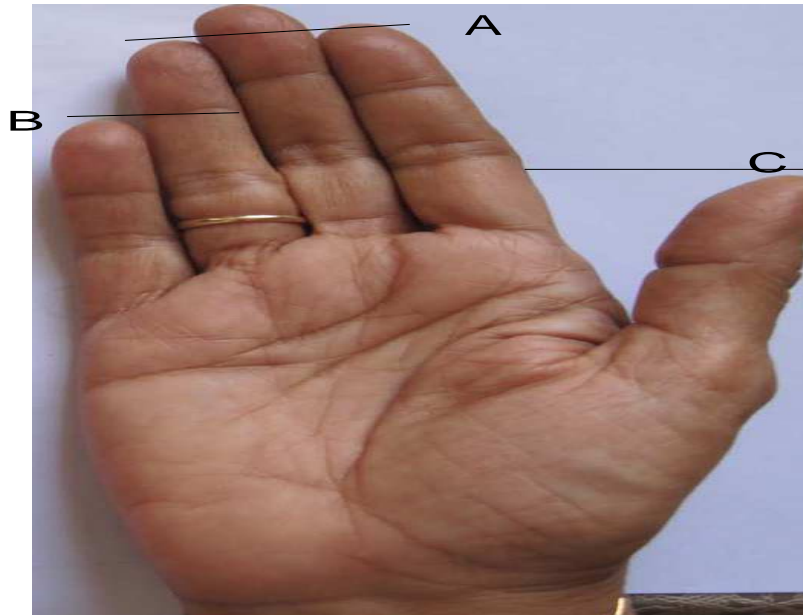
How to see?

Ask the native to set his fingers on a piece of paper several times or ask him to hold the hand up, clear of every support and extend the palm outwards.

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NORMAL DIGITAL FORMULA

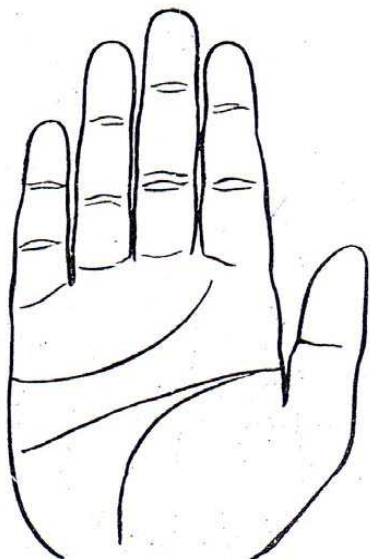
NORMAL DIGITAL FORMULA



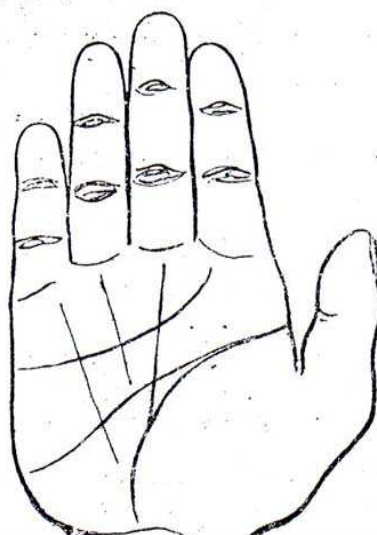
The finger is known as a digit. Each finger represents a specific dimension in personality. When considered collectively the fingers cover the entire range of a person's interaction with the world beyond himself. The normal digital formula shown in this illustration shows that the personality is organised permitting optimal expression to all these dimension and the keyword is Balance. Line A shows that the Index finger and the Ring finger are identical in length of the tip phalange of the middle finger. Line B shows the little finger reaching the middle phalange of the Ring finger meet. Line C shows the thumb when held to the side of the hand reaching to roughly the midpoint of the length of the base phalange of the Index finger.

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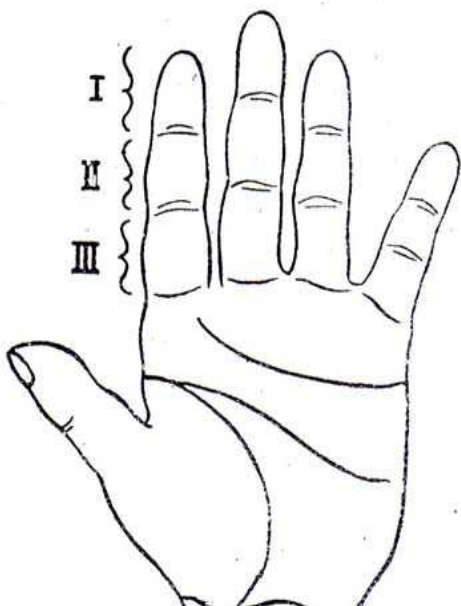
THE FINGERS



NORMAL FINGERS



FINGERS CLOSELY HELD TOGETHER



The order of the phalanges are from the tip (I phalange) to the base of the finger (III phalange)



Flexible fingers

Note for Working students who wish to study Scientific Palmistry
Prof. Anthony Writer, Jyotisha Bharati, Bharatiya Vidya Bhavan, Mumbai

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EVENLY SET FINGERS

When the creases at the base of the fingers form a straight line from one edge of the palm to the other, it denotes balance and common sense.

The native has:

- a) innate ability to face facts.**
- b) Ability to adapt to situation and people.**
- c) Strong and distinctive individuality.**
- d) ability to make most of changes in life.**
- e) instinctive perception inclines the native to sense the tempo of human affairs.**
- f) to be one with the atmosphere of things and conditions – a nature which is in communion with the laws of life.**

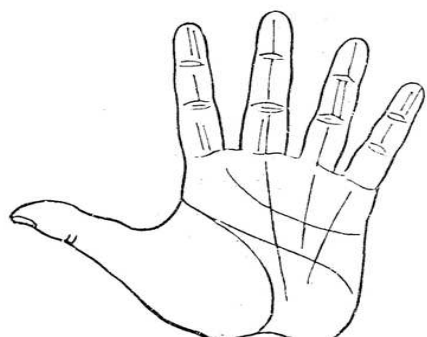
UNEVENLY SET FINGERS:

Whenever a single finger drops low into the palm, the creases at the base of the fingers form an uneven line and forms unevenly set fingers.

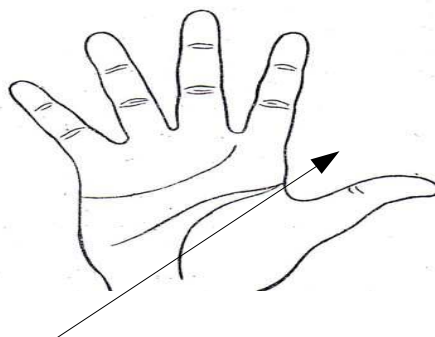
- denote some measure of disharmony – abundance of some and lack of others (qualities) can hardly be conducive to a uniform development of personality and character.**
- efforts are necessary to achieve success.**
- prone to abrupt, awkward, lack of self-control.**
- tendency to be self-conscious and on the defensive.**

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

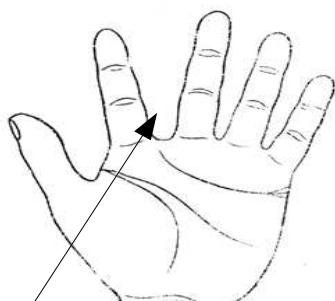
THE SPACE BETWEEN THE FINGERS



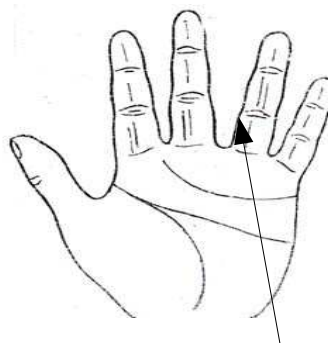
**Equal space
between fingers
BALANCED PERSON**



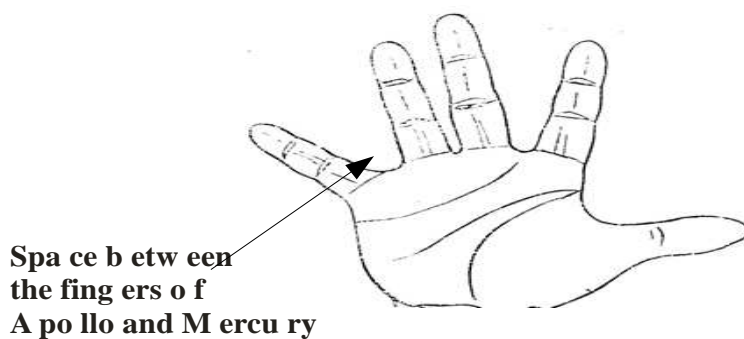
**Space between the
thumb & finger of Jupiter
GENEROUS & SYMPATHETIC**



**Space between
fingers of Jupiter and Saturn
A CAUTIOUS AND
THOUGHTFUL PERSON**



**Space between fingers of Saturn and
Apollo - LACKS COMMENSE &
BOHEMENIAN ATTITUDE**



**Space between
the fingers of
Apollo and Mercury**

A MAN OF INDEPENDENCE & ACTION

Note for Working students who wish to study Scientific Palmistry
Prof. Anthony Writer, Jyotisha Bharati, Bharatiya Vidya Bhavan, Mumbai

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

The Space between the fingers:

- When space between the thumb and side of the hand is very wide – the predominant qualities like generosity, love of freedom and independence, intolerance of restraints prevail (qualities of the low set thumb).
- If fingers Jupiter and Saturn are separated widely – great independence in thought, not bound by the views of others and forms his/her own opinion.
- When fingers of Saturn and Apollo are separated widely – careless of the future, Bohemian in ideas and is devoid of stiffness and love of formality.
- When Apollo and Mercury are widely separated – independent in action, does what he wants and cares not for what others think.
- When Saturn and Apollo are close together – one shows care for the future.
- When all the fingers are held tightly together – the subject will be hard to get acquainted with, stiff and lacks independence in thought of action, a slave of formality and one must approach him in a respectful manner, stingy, self centered and constantly looks out for the future.
- If finger of Saturn is the longest, it is good for its is the Balance of Wheel of character and Jupiter and Apollo should be equal.
- Tips should also be considered: Square and Spatulate are stronger and more practical than conic or pointed.
- The finger of Mercury is the smallest but if it reaches the 2nd phalange of Apollo it is normal. Longer then this than the Mercurian type is predominant.
- If the fingers are close together at the bases, it is a sign that their possessor is also “close”.
- If, on the contrary, the bases are separated, the traditional significance is that the person is one who is usually unable to keep money and is possessed of a certain prodigality, which may manifest itself in various ways. One the other side of the picture, these people are usually frank and singularly free from inhibitions.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

- It is necessary to exercise discrimination in assessing the effect of the wide spacing between the fingers, because very knotted fingers usually present at first glance this feature. Closer examination will show that such fingers are not unusually widely spaced at their bases, and the fact that daylight can be seen between the fingers when the hand is held normally is therefore without special meaning.
- When the fingers are separated at the base and are held joined at the top the signification is that of poverty and wretchedness; which is particularly noticeable in the hands of beggars soliciting alms.
- When the index finger stands away from the other fingers there exist independence of thought and a Nonconformist attitude. When the middle and third finger are normally held with a noticeable separation between them, originality and appreciation of aspects of life, not usually noticed by the ordinary person, are indicated.
- When the little finger is held widely separated from the ring finger, great independence of thought and action is shown and very often an unconventional attitude to matters of sex.
- If the index finger is long and the little finger widely separated from the ring finger, there will also be a desire to be master of oneself. This aspect of the little finger is a sure indication of intellectual curiosity and of the acquisition of knowledge for the pleasure of knowing.

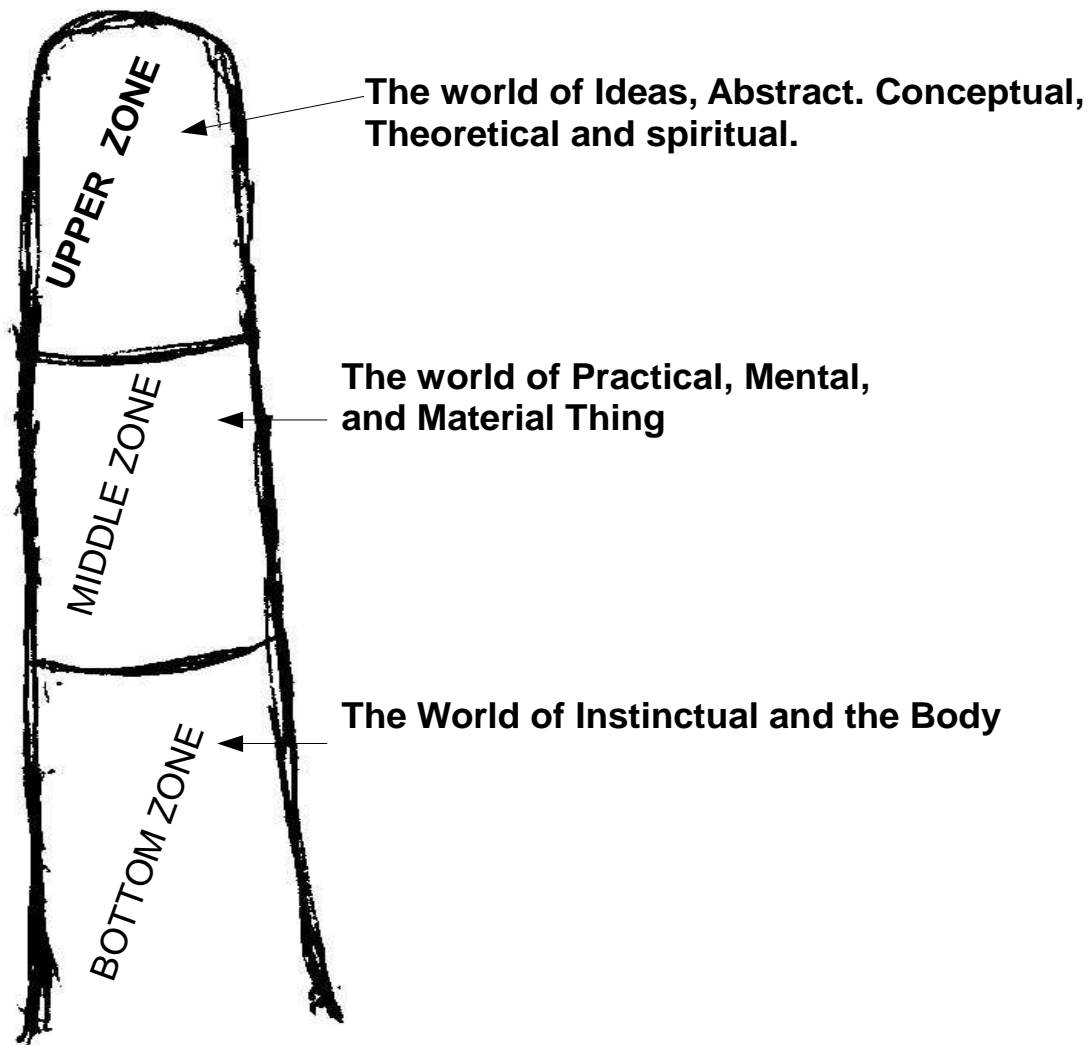
WHEN ALL THE FINGERS ARE HELD NATURALLY IN A WIDELY SEPARATED POSITION, THE SUBJECT IS ONE WHO HAS GREAT SELF-CONFIDENCE; HE SEES THE LIGHT AND ACTS ACCORDINGLY.

The Mounts of Mars, Moon and Venus have no fingers and all judgement of them must be from the Mounts alone.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

THE FINGERS THREE ZONES

Each finger has three zones: upper, Middle and lower or bottom. The indicators in each zone reveal how a person functions in specific areas of life. These areas are called worlds. The figure below are the worlds associated with each zone.



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- **Mental matters absorb the attention if the first phalange is longest and largest. Then the mental factors will rule and qualities of the type will be expended in that direction – money making will be uppermost.**
- **If the second phalange is the most prominent, then the business side of this type will prevail and efforts will be expended in pushing the commercial side of the type.**
- **if the 3rd phalange be strongest THEN THE MATERIAL QUALITIES WILL PREVAIL AND EITHER COARSENESS OR BRUTISHNESS IN THE ATTRIBUTES OF THE TYPE WILL BE THE MOVING FORCE, IN PROPORTION AS THIS PHALANGE IS THICK OR NARROW.**

If the 3rd phalange is very long and very thick, it shows that sensualism and gratification of appetite and luxury – a great love for eating and drinking.

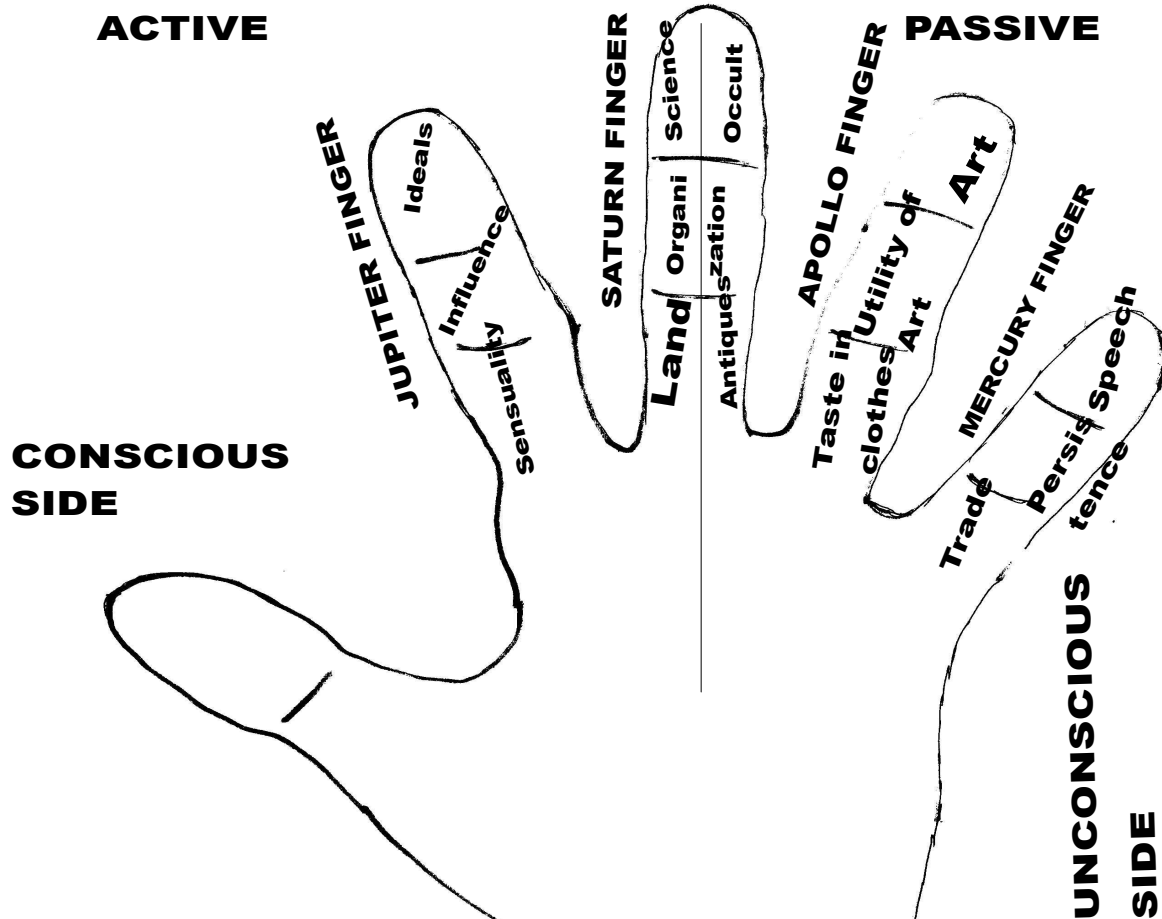
- If the first phalange is short and 2nd phalange normal and 3rd phalange very thick - THEN THE NATIVE CARES TO MAKE MONEY AND HAVE PLENTY TO EAT AND DRINK – HE WILL NOT CARE FOR THE MENTAL PURSUITS AT ALL. THIS INDICATION IS MORE WHEN THE 3RD PHALANGE OF JUPITER IS VERY THICK. LENGTH OF THE PHALANGES SHOWS STRENGTHS AND QUALITIES. WHILST THE THICKNESS SHOWS COARSENESS AND LIABILITY TO EXCESS.

When the third phalanx is narrow and waist like in shape, it shows that the subject eats to live and not lives to eat. He expands his strength in either the mental or business worlds, not sensual. For him, money is a means to an end and not an end itself. He has an inquiring and curious mind.

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ATTRIBUTES & INCLINATIONS OF THE fingers & PHALANGES

By Mary E. Anderson in "Lover's Guide to Palmistry"

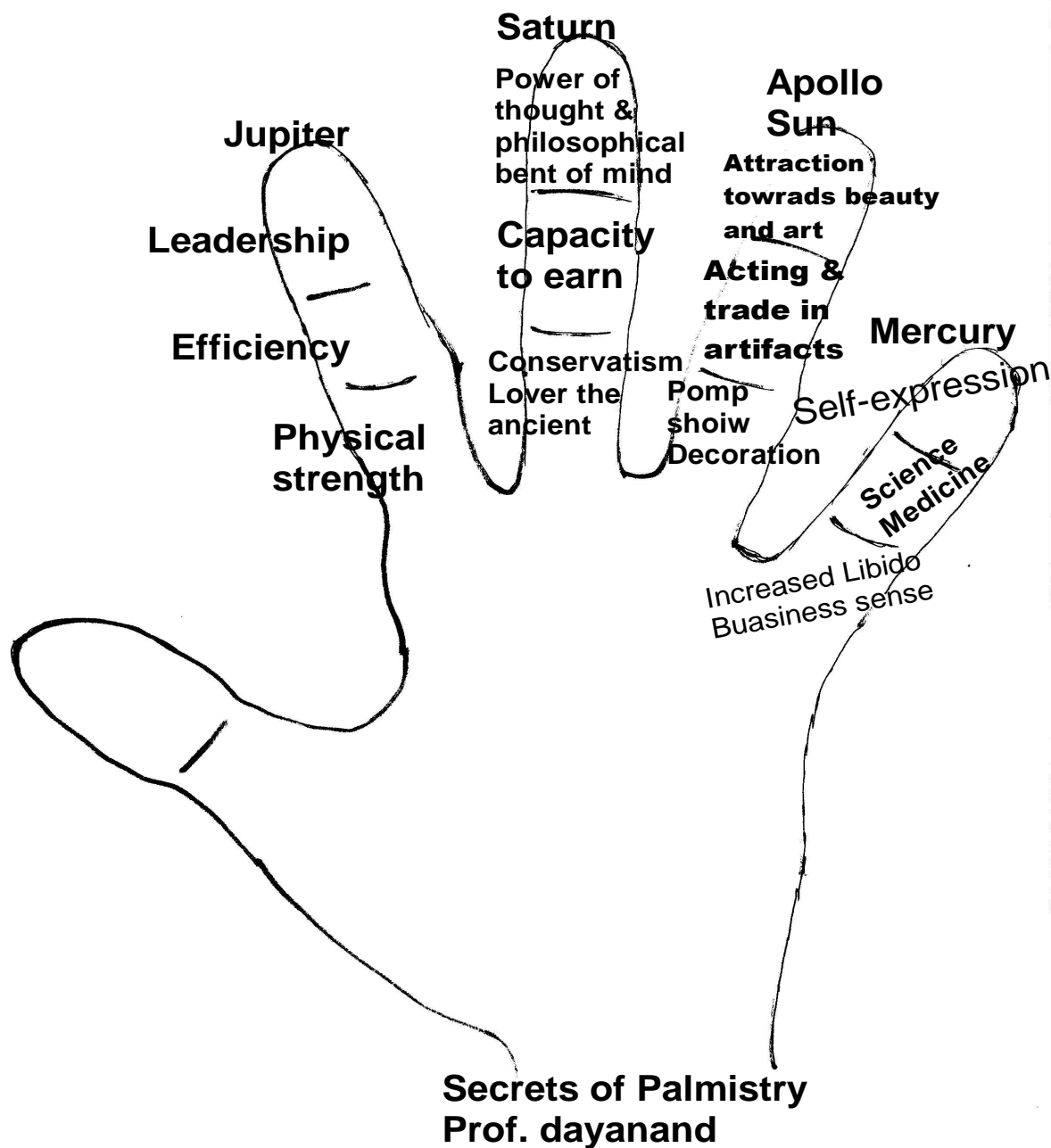


Lovers' Guide to
PALMISTRY
P A L M I S T R Y.
Mary E. Anderson
Mary E. Anderson

Note for Working students who wish to study Scientific Palmistry
Prof. Anthony Writer, Jyotisha Bharati, Bharatiya Vidya Bhavan, Mumbai

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A FEW DESCRIPTIONS OF EACH FINGER THEIR PHALANAGES



Note for Working students who wish to study Scientific Palmistry
Prof. Anthony Writer, Jyotisha Bharati, Bharatiya Vidya Bhavan, Mumbai

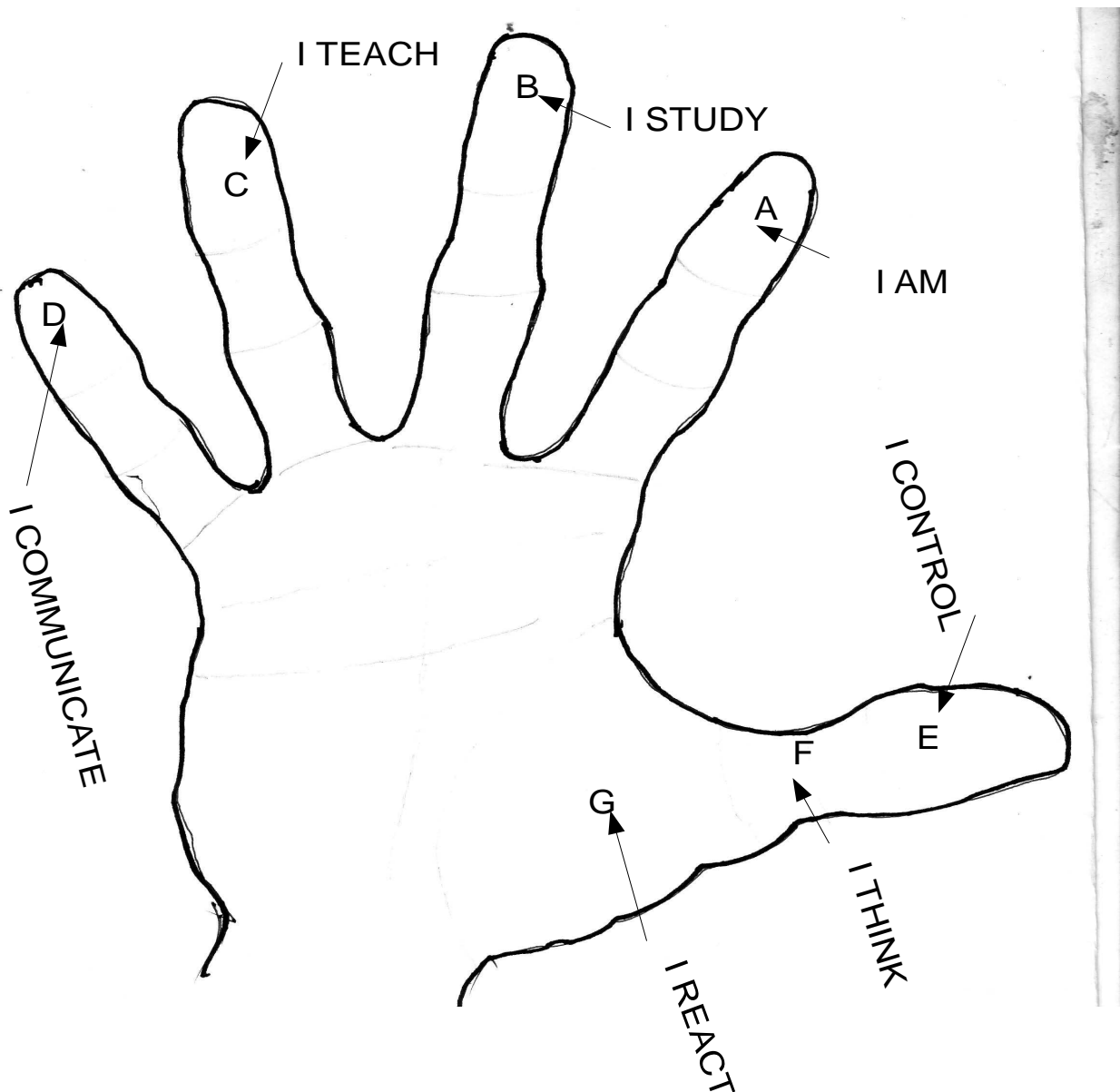
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The fingers and their characteristics in brief

Finger	long	short	excess	crooked
Jupiter	Love of power, Command over people, Extreme, egoitism	Non aggressive, dislikes responsibilities	Tyrannical	Lack of principle in rule and ambition
Saturn	Prudence solitude	Frivolity (especially if pointed)	Morbid desires	sensitiveness
Apollo	Love & Worship of art, Desire for celebrity	Dislike to publicity, Less love of art	Desire for speculation, Craving for notoriety	Lack of principle in their desire for notoriety
Mercury	Mental power, Power of expression especially in speech	Slow in grasp of ideas, Easily failed in plans	Extreme diplomacy, A desire to cover actions by deceptive language etc.	Lack of expression, Easily influenced by people, cunning, cheat

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

Psychological relationship between the thumb and the Fingers by Beverley Jagaers



Note for Working students who wish to study Scientific Palmistry
Prof. Anthony Writer, Jyotisha Bharati, Bharatiya Vidya Bhavan, Mumbai

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14. Traditonal physiological connotations of the thumb and fingers:

Thumb: vigour and state of health generally

Index finger: Lungs and stomach

Medius finger: Intestines and liver

Ring finger: kidneys, circulation of blood

Little finger: sexual organs, the feet.

Each finger reveals a different attitude towards the person and the world around.

The index finger

The strongest finger is said to be the index finger. We use it to stress our personal power, like when shaking our index finger at someone to stress a strong point. The gentlest finger energy is in the little finger. It is seldom used except for delicate operations and mostly relates to subtle activities such as personal communication. It is however also true that an individual's own attitudes and experiences shape his or her fingers. Therefore, the different fingers reveal much about the different energies, or attitudes, one have about specific areas and interests in life.

Extended index finger

Some hand positions show a constructive mental outlook, while other positions reveal a destructive mental focus. The most destructive hand position is when the index finger alone is extended. Most often the finger is pointed at another person, and is "waved" or "shaken" at them.

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The Index Finger represents the Ego. By extending only the one finger and waving it about, the subject is directing only self-centred, egotistical thought patterns and behavior.

If you find your own index finger being pointed and shaken at another, be aware that your current attitude is judgmental and egocentric.

Become aware that what we dislike in others reflects patterns that we ourselves are guilty of

A long index finger

- **A long index finger shows self confidence and awareness. The owner is sure of their ability.**
- **People with this finger are keen on advancement. They like to be in charge and have their own way.**
- **They are capable and do well being in charge of a crisis situation.**
- **For people with a short index finger the reverse holds true. They are usually shy; afraid they will fail and inclined to have self doubt.**
- **People with a curved index finger are collectors and often have many hobbies.**

The Middle Finger

If the middle finger is long it indicates a person who treats life very seriously. They believe strongly in getting ahead. The middle finger represents the balance of mind, sagacity and the love of solitude. It is, in most cases, longer than the rest of the digits or fingers.

People with short middle fingers are careless and generally prefer not to work. Most people tend to have a middle sized middle finger, meaning they are somewhere in between.

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The Ring finger, which is indicative of a person's desire for pomposity and fame. If the ring finger is long the person will have a creative nature. They will go well in the field of art or other fields of creativity. Sometimes this long ring finger is associated with people who have a gambling problem. Short ring fingers are extremely rare. A person with a small ring finger is totally devoid of the tendency towards any worthy achievement in life.

Ring finger

- **If the ring finger is long the person will have a creative nature.**
- **They will go well in the field of art or fashion design.**
- **Sometimes this long ring finger is associated with people who have a gambling problem.**

Short ring fingers are extremely rare.

The Little Finger

The fourth or the Little finger represents poise and wit of a person. People with long little fingers have a high level of intelligence. They make good writers and speakers and have a strong sex drive. A short little finger reveals emotional immaturity. The longer the little finger, the stronger is the chance of that person's being witty and balanced in nature.

A person with a small Little finger suffers from an inferiority complex and he represents indecisiveness and lack of courage.

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The length of the fingers supplies various information about the character. A long-fingered person is analytical and academic, liking to study things in detail. A person with markedly short fingers is very practical and intuitive, liking to go with their gut instinct. When the hands are in proportion it shows a balanced personality. The proportion of the fingers in relation to each other is very important. They each stand for a character marking and indicate the strength of that quality.

- **Personality traits such as strength of character may be found from the way the fingers are set into the palm.**
- **People with evenly set fingers are rare but when found indicate confidence.**
- **These people always go on to be successful in life.**
- **An uneven setting indicates a person with a lack of self confidence, especially if the little finger is very low set.**

A person with an arched setting will have a well balanced personality

Forefinger: Confidence, ego, ambition, drive.

Middle finger: Discipline, balance.

Ring finger: Emotional expression, creativity.

Little finger: Communication.

ALIGNMENT OF THE FINGERS

We have noted that when the thumb is held close to the hand that person is devoid of generous sentiments. When the tip of the thumb is held against the first finger so as to form, as it were, a pair of pincers, the traditional interpretation is rapacity, and if all the fingers are also held curved over, there is avarice and cynicism added. Care must be taken not to mistake the crippling effects of arthritis for this natural physical tendency, which expresses a corresponding physical manifestation.

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When the index finger is bent towards the thumb, d'Arpentigny asserted that it also shows avarice and ruthlessness and self interest.

When the first finger is inclined toward the middle-finger the ambition of that person is directed towards science, and when the middle finger leans towards the index we have a person of philosophical trend who is not disdainful of worldly pleasures.

If the middle finger is bent towards the ring finger, it denotes a taste for study of the arts, and when the ring finger leans towards the middle finger, particularly on the right hand, it is often a sign that the individual has, because of social pressure or other frustration, been compelled to surrender his ideals to necessity.

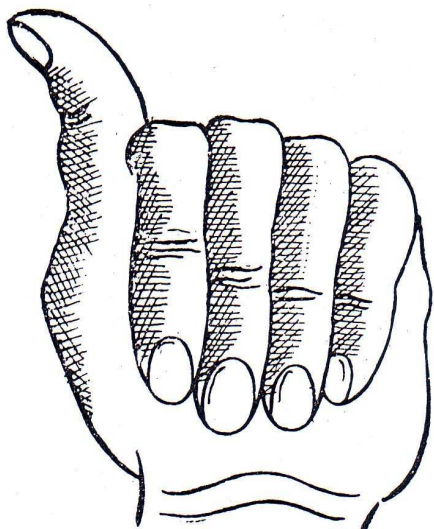
When the ring finger leans towards the little finger, we have one who will use art for commercial purposes.

When the fingers on both sides of the ring finger lean towards that finger, it is a sign that art in some form is the sole interest of that person's life.

When the fingers are flexible and turn backwards, suspect adroitness of manner and address and innate cleverness; not necessarily wrongly employed, but liable to be so.

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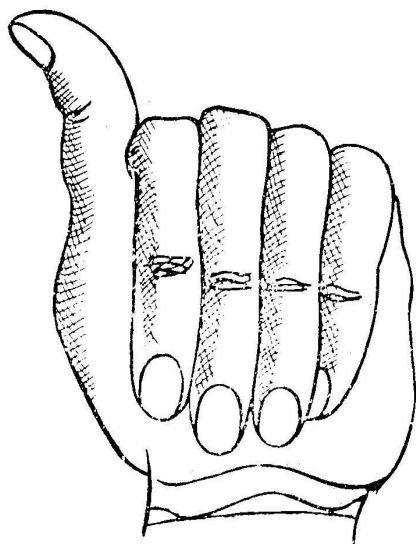
THE FINGERS



Normal length of fingers

After covering the fingers with the palm, if these fingers reach the middle of the mount of Venus, they are normal.

If they do not reach the middle of the mount of Venus, they are short.



Long fingers

If the fingers reach near the first rascete of the bracelete (at the wrist of the hand) then they are considered long.

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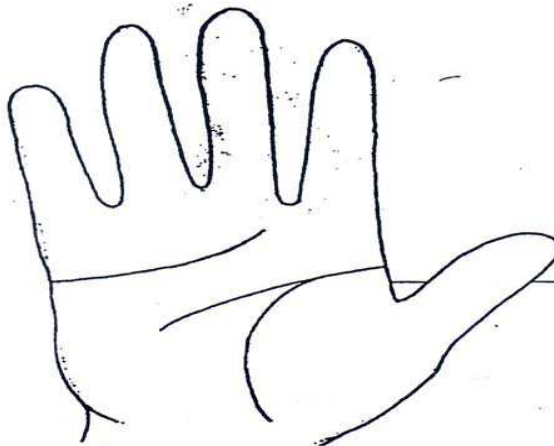
Types of fingers



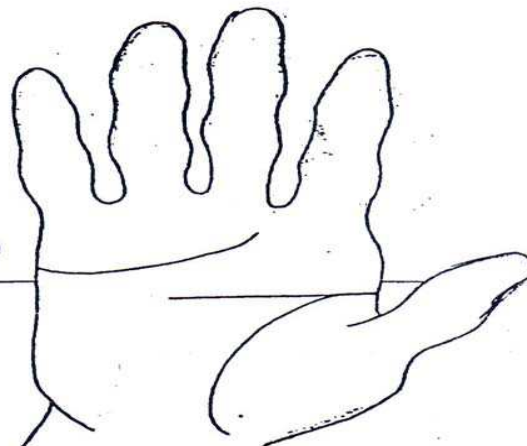
Short fingers



long fingers



Smooth fingers



knotted fingers

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

SHORT AND SUPPLE FINGERS:

Finger which are shorter than the length of the palm, show a person of much greater physical and mental activity than do long fingers. The short-fingered people pass judgement inspirationally and in a flash. They do not proceed step by step, but view a problem as a whole. They are not critical and not contradictory, and they never lose sight of their point of view. Such people have in many cases considerable intuition. When such short fingers are knotted there is more reason and calculation in their owner's nature, but all the same the subject may be said to judge by synthesis rather than by analysis.

SHORT FINGERS INDICATE:

- impulsiveness and quickness, are hasty, frank in speech and more sensual.**
- short and thick fingers indicate selfishness and cruelty.**
- if the Fate Line and fingers are thick, and Jupiter finger is smaller than the Sun finger, the person may earn money by foul means.**
- short and fat and pointed fingers show normal sensuality.**
- short, thick and clumsy fingers indicate selfishness and cruelty.**
- when the base phalanges are thick and puffy, the person are fond of good food, drinks and enjoyment. Self-interest is foremost in their mind.**

FINGERS OF MEDIUM LENGTH

Where the length of the fingers is the same as that of the palm, indicate that the material instincts and intelligence are well balanced. Such persons are able to absorb at the same time the outline as well as the details of a problem; its synthesis and its analysis.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

THIN FINGERS

Devoid of fleshy pads, have a tidy and neat look, are sparse and slim.

Fingers that are thin but not waisted reveal intelligence fine and subtle, often dissimulative and rarely frank.

Really thin fingers are indicative of sobriety and austerity, and if the hand is thin all over yet healthy, it shows a tendency of frugality, if not avarice.

- Mind predominates over body.**
- owners tend to enjoy the artistic and intellectual aspects of life and appreciate culture and refinements.**
- prefer quality to quantity.**
 - are fastidious as to what they eat and drink.**
 -

THICK (STOUT) FINGERS

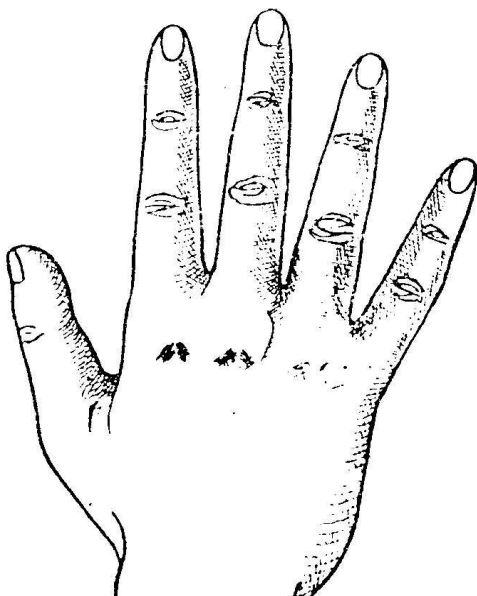
Have round fleshy roots and usually taper towards their tips.

However, they are padded, fat and smooth all around.

Thick fingers are associated with an undifferentiated and elementary nature, although this is by no means a hard and fast rule. When the fingers are short, fat and podgy, especially, the lower phalange, you may be fairly certain that the person is lazy, probably sensual, and in any case has a leaning towards the pleasures of the table and a tendency to take things easily.

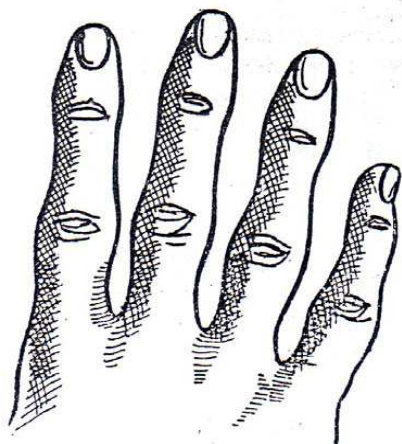
- predominance of the animal instinct.**
- largely ruled by appetites**
- when the lowest phalanges are exceptionally, stout, eating constitutes the greatest love of life.**

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS



SMOOTH FINGERS

- receive ideas easily
- the Current passes the waves of expression quickly through these fingers to the brain
- they are endowed with the faculty of comprehension
- they proceed by inspiration and synthesis rather than reason and analysis.



KNOTTY FINGERS

Prominent qualities of knotty fingers: analysis, investigation, thoughtfulness and reasoning - are mature in thought. To benefit from their advise one should put the problem with facts and figures before them and give them time to think and analyse.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

SMOOTH FINGERS

Smooth fingers are the reverse of knotted fingers. Logic is not their strong point. They are unpractical, artistic visionary. Nuns do have such fingers

- easy flow of ideas
- quick through processes
- tendency to haste
 - impulsiveness
 -

KNOTTED FINGERS.

Bulging knots at the junctions of the 1st and 2nd phalanges and as well as 2nd and 3rd phalanges. Desbarrolles refers two significations to knotted fingers: - Knots on the first joint of the thumbs and fingers are termed “philosophic knots” indicating a love of intellectual order.

Ideas are arranged in an orderly manner, and other signs agreeing, is a methodical thinker.

When the second joints are knotted, a love of material order is shown. The woman who is house-proud, those in charge of stores and equipment, statisticians, etc. posses such hands. These natural knots must not be confused with enlargement of the finger joints due to rheumatic affections.

- shows restriction in smooth flow of ideas
- mental processes tend to be slow
- reflection is necessary
- details must be considered
- cautious nature
- analytical mind
- needs time to put a decision into action.
- LOVE OF METHOD, ORDER TIDINESS AND

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

PUNCTUALITY.

STRAIGHT FINGERS (DEVOID OF DISTORTIONS)

- aptitude for development along right lines
- natural endowments
- prospects of constructive actions.
- smooth and easy self-expression
- self confidence
- inner harmony.

CROOKED OR TWISTED FINGERS

- Tendency to approach life in the wrong way.
- avoid facing facts.
- inclination to be evasive, suspicious, unduly cautious
- inability to follow a straight path
 - lack of inner harmony.
 -

LONG FINGERS

Long fingers in which the medium finger is longer than the palm denote a different type of mental activity to that which is shown by fingers which are shorter than the length of the palm. Long fingers indicate the analytical spirit, love of details sometimes useless; in fact, their possessors are apt to lost sight of their object in a fog of details.

- like to know details in all matters
- exercise restraint
- worry about small things
- become over-worried in difficult situations
- sensitive about self-respect
- miss major points while concentrating on minor ones
- generally adopt law, medicine or accountancy as their professions
- Women with long fingers can generally be led astray as they are simple-minded but if their fingers are long and thin they cannot be easily cheated.

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- Generally long fingers denote a good height and the hands and head are also long.

Julius Spier noted that if the fingers are longer than the back of the hand, the sense of reality is curtailed and the practical abilities are neglected to the advantage of feeling, imagination, intellect and spirituality; which leads to conflicts with the world of realities and generates a tendency for the subject to live in a world of emotional fantasy and imagination.

Debarrolles wrote concerning the person with long fingers:

“Mistrust a man with long fingers, philosophically knotted, who meticulously goes into causes, because he studies you to your last defect in order to know you; even if he has logic indicated by the length of the second phalange of the thumb; I say beware of such a person, because he will find your faults before your good qualities.

List comprising the good and bad qualities of phalanges

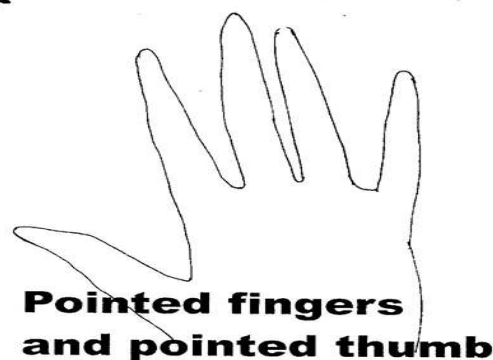
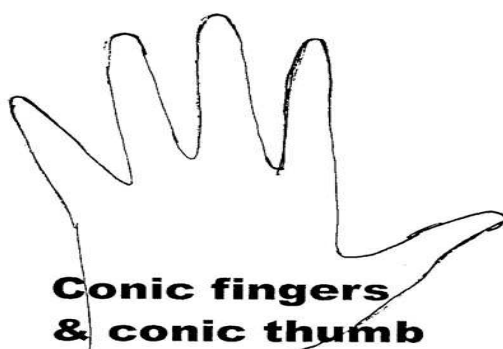
Finger Phalange	Phalange	Good qualities	Bad qualities
	1	Instinct, religion, morality, ideality and authority.	Dullness, atheism, immorality and humility
Jupiter	2	Dignity, courage, pride, humanity and responsibility.	Vulgarity, irresponsibility, timidity and greediness
	3	Love, honour and good taste,	Infamy, sexuality and dishonesty
Saturn	1	Independence, sobriety, endurance and patience.	Melancholy, fanaticism and superstition.
	2	Research, study, system and conscientiousness	Mutiny, envy, pretension and secrecy.
	3	Economy, solitude and hatred of other sex	Misery, filthiness and lack of emotions.
Apollo	1	Artistic taste, criticism, brilliance and romance	Gambling, avarice and laziness.
	2	Integrity, conscience and love of money or fame.	Laxity lying, rudeness and immorality.
	3	Liberty, gaiety and sense of economy.	Vanity, stupidity and extravagance.
Mercury	1	Fluency, intelligence, activity and frankness	Cookery, swindling and cunning.

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	2	Psychology, business and order.	Scandal, mockery and irony
	3	Love of home, shrewdness and kind feeling.	Hatred of family, injury and blasphemy.

When the 3rd. phalange is narrow and waist like in shape, it shows that the subject eats to live and not lives to eat. He expands his energy in either the mental or business world, not sensual. For him money is a means to an end and not an end in itself.

Types of fingers

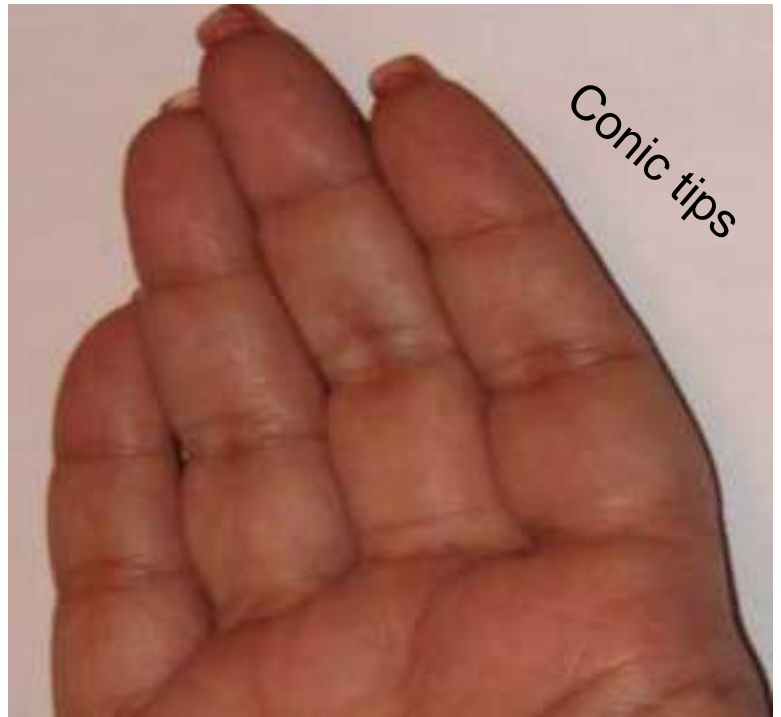


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THE DIFFERENT TIPS ON THE FINGERS

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THE FINGER TIPS



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Qualities on the different phalanges of the fingers

Types of finger tips	1 st phalange	2 nd phalange	3 rd phalange
	Mental attributes of the finger and mounts	Business side of the mount of the type-money making	Sensualism of the finger and mount quality makes them more pronounced
Conic/pointed	Shows idealism of these qualities	Gives artistic and impulsive turn	Makes them more pronounced
square	Practical application	Practical and common-sense application	Less liable to excesses
spatulate	Active and original application	Active and original method of business	Active and original in devising ways for expanding business

The finger types

Pointed	conic	square	spatulate
Poetry of heart and soul, ecstatic religious feelings, love of the essence of the beautiful. Psychic fingers: No order in ideas and or action. Incurable laziness but gift of intuition.	Poetic gift is more sensual, less ethereal. Beauty is seen seen in the solid and concrete form. Independence in thought and manners, hates rigorous discipline.	Loves social science and reality of art. Reality and reason rules. Generally trusted and truthful & independent to a high degree.	Physically active, dynamic and fond of sports in the open air. Like occupations of politics and travel and management of men.

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SIGNS ON THE FINGERS

Signs found on fingers are of great importance to a palmist. They have great significance in Criminology. A person's character and his way of thinking can be known fully. His individuality can be understood with the help of these signs. These signs are:

Javelin- If there is a sign of Javelin or an arrow in the first phalange of the finger, then the person is very capable and learned from an intellectual point of view. Such persons succeed in adverse conditions and win over the conditions and are capable of working according to the atmosphere. Such persons have heart trouble in their old age.

Tent- Signs like a tent on the phalanges of fingers of some persons indicates that they are kindhearted and rise very high by means of their artistic talents. They also take undue advantage of others. They are unbalanced mentally and their family life is troublesome.

Circle- Sign of circle on fingers is considered auspicious. Such persons are independent in their thoughts and originality is seen in all they do. They remain away from old beliefs and conservatism.

Arch- Persons with arch on their fingers are generally lazy and of suspicious nature. They do not have confidence in themselves and also in others. They create an atmosphere of illusion around them. They gain special success in mystic works and detective services.

Triangle- The sign of triangle marks a man mysterious. Such persons are able to make their bodies strong by practicing yoga. They love loneliness and are orthodox.

Star- Persons on whose fingers the sign of star or cross is visible are very fateful and fortunate. They receive wealth in life quite unexpectedly many times. They remain happy from the financial point of view.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

Net- Fingers with net on them are indicative that the man will meet with more obstacles and difficulties in life. They overcome these difficulties and come unscathed by their sheer will-power. They are less comfortable and less happy in life. Such signs are seen in the hands of culprits and dacoits.

Rectangle- If rectangle is seen on the phalange of the finger then the person is laborious. He keeps the Goddess of wealth in his house. He is prosperous and happy in life.

If more than one of the above signs is seen on the fingers of a person, then the person is entitled to the combined benefits of those signs.

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XV TIME MEASUREMENT : PALMISTRY

Without Time factor, the prognostications of Palmistry will lose its charms. The main question is WHEN?

THIS HAS BECOME THE MOST UNSATISFACTORY PART OF PALMISTRY.

Form where to start measuring:

- 1. On the lifeline: from top – below the Mount of Jupiter downwards to the wrist along the Mount of Venus.**
- 2. Head and Heart: from the Mount of Jupiter to the direction of the little finger.**
- 3. Fate, Apollo and Line of Mercury: from the Rascettes upwards.**

MILESTONES: POINTS OF INTERSECTION

- 1. HEAD LINE AND FATE LINE - AT 35 YEARS**
- 2. HEART LINE AND FATE LINE -AT 50 YEARS**
- 3.**

If the lines are high or low, then allow a margin of 5 years on both sides.

Bracelets – each bracelet has a span of 30 years (28 to 30 years) 3 full bracelets = 108 years.

The present age of a subject is difficult to tell: Youthful skin upto 20 years – fresh looking, elastic, well coloured, appearance.

Around 50 years – satiny appearance, glossy gets darker with brown spots.

DIFFICULTY OF JUDGING IS FROM 20 TO 50 YEARS.

EXPERIENCE RATHER THAN INTELLIGENCE SHOULD PROVE EFFICACIOUS IN THE MATTER.

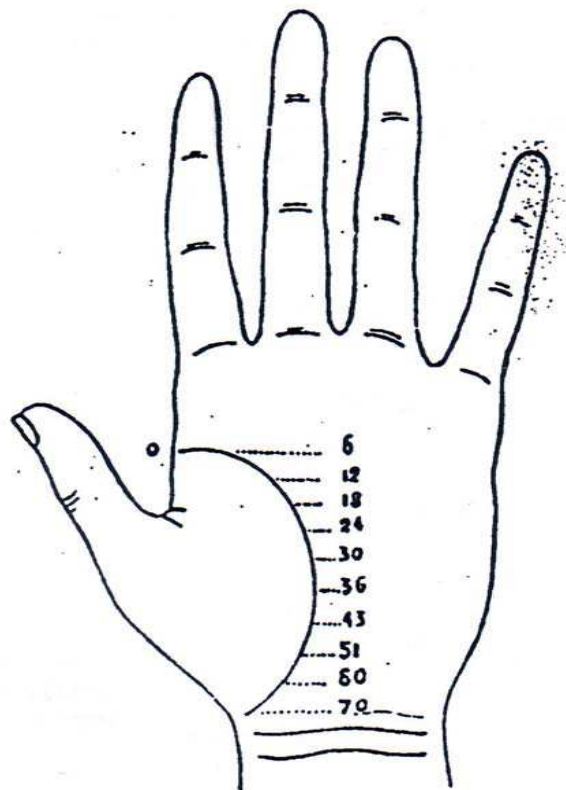
Until one gains some proficiency in this respect, it is better to ask the subject. It is possible to fix the time within a year but it is impossible to fix scientifically a month or specific day for any event

Trifling events – not shown. Only important events, serious illness, changes of condition, severe trials, dangers, great events of progress, progress, prosperity and happiness can be seen or read.

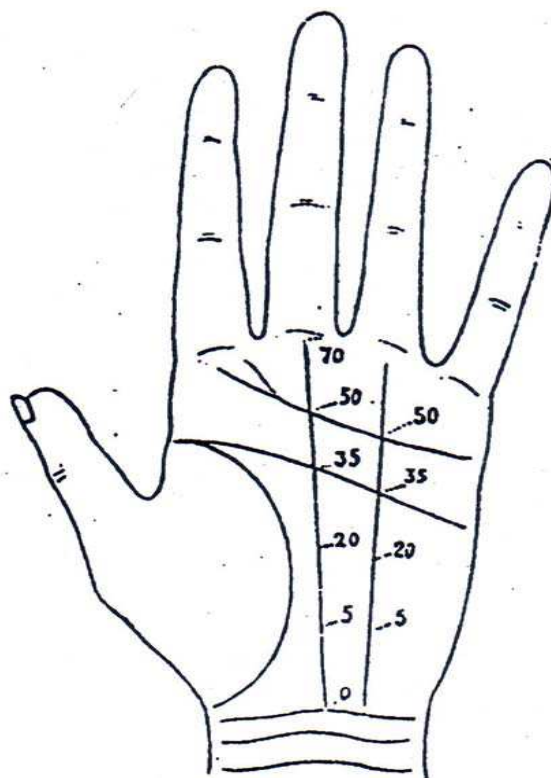
THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

HOW TO KNOW LIFE EXPECTANCY AND STATE OF HEALTH FROM THE LINE OF LIFE

TIME MEASUREMENT as per St. Comte C. De Germain



TIME MEASUREMENT ON A NORMAL
LINE OF LIFE



TIME MEASUREMENT ON LINES OF
FATE AND THE SUN .

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THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

DIFFICULTY OF JUDGING IS FROM 20 TO 50 YEARS. EXPERIENCE RATHER THAN INTELLIGENCE SHOULD PROVE EFFICACIOUS IN THE MATTER.

Until one gains some proficiency in this respect, it is better to ask the subject. It is possible to fix the time within a year but it is impossible to fix scientifically a month or specific day for any event

Trifling events – not shown. Only important events, serious illness, changes of condition, severe trials, dangers, great events of progress, progress, prosperity and happiness can be seen or read.

HOW TO KNOW LIFE EXPECTANCY AND STATE OF HEALTH FROM THE LINE OF LIFE

Benham: divides the palm in such a way the centre is 36 (nearly half of 70) the space above this centre is divided into ages of 6, 12, 18, 24, 30 and after this central point read ages 43, 51, 60, 70.

See whether the hand is long, short, etc. and note the central point –long hand has wider spacing. Then for coming to the correct year, subdivide the space between these markings equally to get the year.

Sources: tables expectancy used by insurance companies are nearly correct because they are result of large experience and are reliable – they place the length of average life up to 65 except in very rare cases it goes above 70 years.

The Line of Life indicates the physical capacity of a person's muscular body. It originates between the Mount of Jupiter and the Aggressive Mars and terminates near the wrist. The origin of this line tells you about what happened during a person's childhood the middle portion about the happenings during youth and the events of old age from the end part of the line.

About finding out the events in a life from the Head Line the Heart Line, the Sun Line and the Line of Mercury, palmists are not unanimous. Debarrolles has divided the Line of Life in 12 segments. He believes that each segment represents a life span of six years and the whole line represents a total of

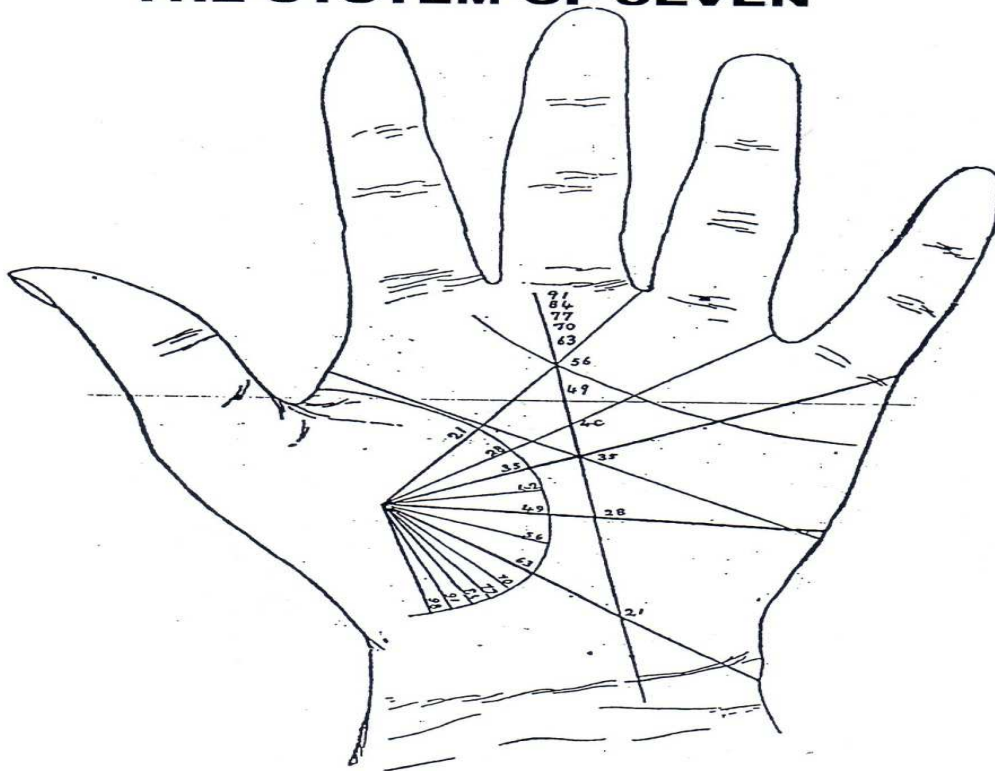
THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

72 years.

Comte C. de Saint. Germain on the other hand divides the Life into 10 parts. Each segment till the point representing the end of the sixth represents a life span of six years. In other words the sixth segments ends at 36 years. At the end of the seventh segment, a man completes 43 years of his life, the end of the eight signifies an age of 51 years, that of the ninth 60 years and the tenth segment ends at 70 years. In other words, St. Germain appear to believe that the first 36 years of life are the foundation on which a person's life is built. Other palmists too give more importance to the earlier years of life. We shall go into details a little further. Benham agrees with St. Germain. Cheiro's System of Seven - Cheiro believes in the system of seven. He applies it both to the Line of Life and the Line of Saturn Cheiro divides both the Line of Life and the Line of Saturn into segments, each representing a span of seven years.

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TIME MEASUREMENT THE SYSTEM OF SEVEN



by **CHEIRO (Count Louis Hamon)**

The System of Seven - Seven is an important point of calculation from scientific and medical point of view. Entire system undergoes changes every 7 years Brain takes 7 forms before it takes upon itself the history of the world. The number 7 played an important part in the history of the world.

7 races of humanity

7 wonders of the world

7 alters to 7 goods of the 7 planets

7 days of the week

7 colours

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7 minerals

Calculating Time of Events Form the Line of Saturn St. Germain measures the Line of Saturn from the first bracelet of the wrist to the Head Line and divides the area of the palm in three segments . The end of the first segment signifies the age of 5 years. The end of the second indicates an age of 20 years and the end of the segment near the Head Line ends at 35 years. According to him the segment between the Head Line and the middle of the Heart Line represents the age between 35 and 50 an the segment from the Heart Line to the base of the middle finger the age between 50 and 70 years. St. Germain also divides the Sun Line, secondary to the Line of Saturn, in similar manner.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

XVI

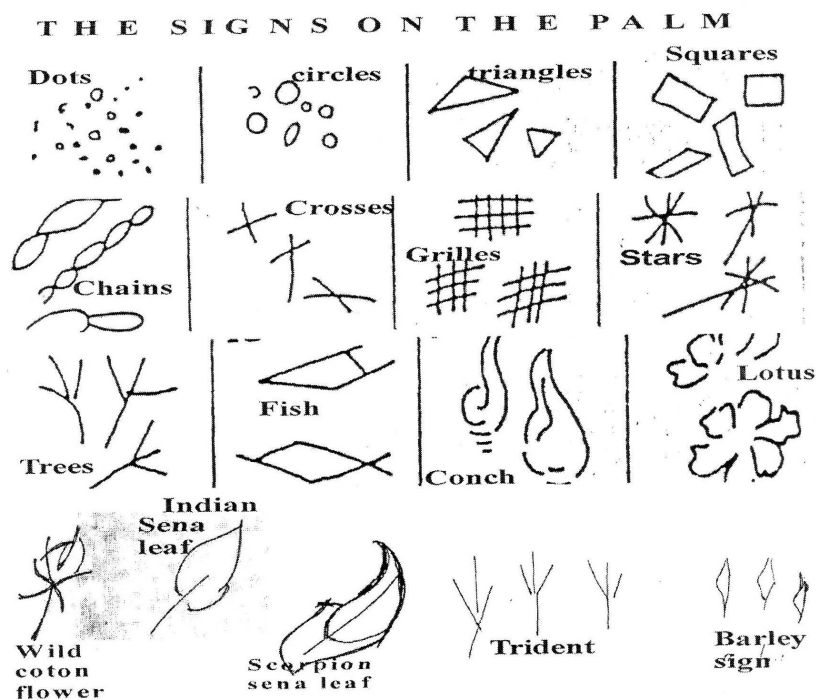
SIGNS AND MARKINGS ON THE HAND

“Never is there a hand that does not exactly reflect the brain that directs it, and this is the basis from which a scientific study of the hand must begin.”

Benham’s investigations led him to the study of Physiology and Medicine and research in hospitals, lunatic asylums, prisons, penitentiaries and alm-houses and this work has led us to establish Palmistry as a science, a study worth of the best minds.

William G. Benham

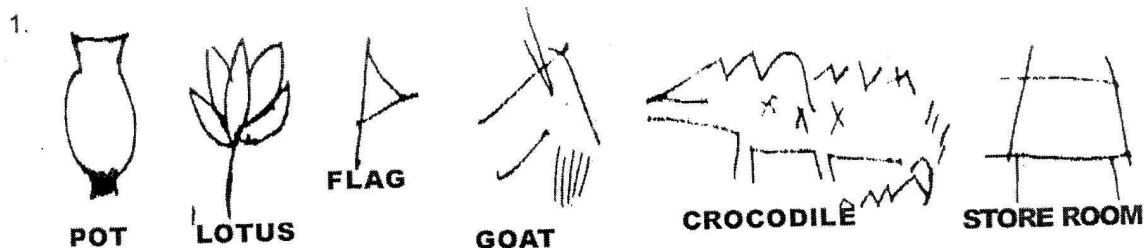
SIGNS & MARKINGS ON THE HAND



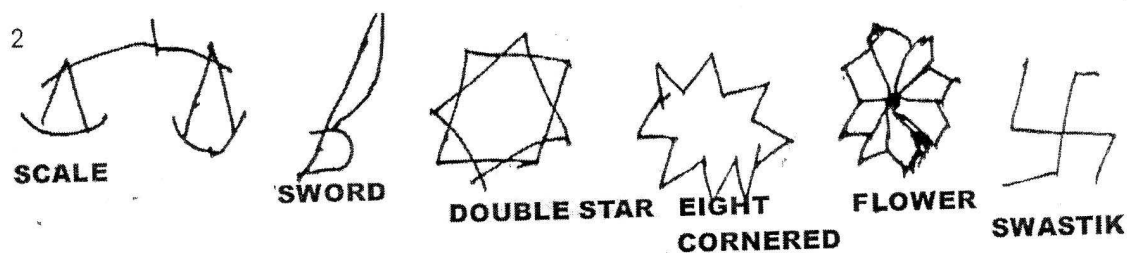
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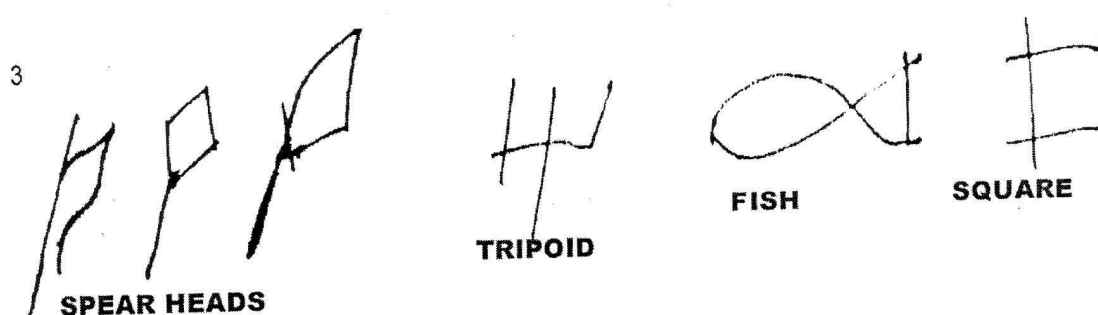
SOME SIGNS ON THE PALMS MENTIONED IN HINDU PALMISTRY



SIGNS PROMISING RICHES FROM UNDERGROUND TREASURES OR PRODUCTS LIKE METALS, PRECIOUS STONES, PETROL, ETC.



SIGNS PROMISING PROSPERITY AND LONG LIFE



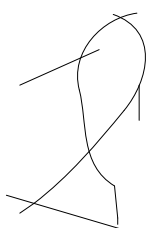
SIGNS OF SUCCESS ON ANY MOUNT

BOW - found in the hands of kings, princes and great men.
CROW REKHA - brings bad luck, loss, calamity, etc.

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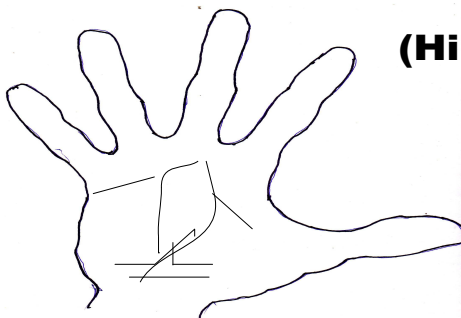
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THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS



The symbol of a fish on the palm

(Hindu Palmistry)



हस्त बिम्बकार का मत (फल ज्ञान)

मछली, मगरमच्छ व शंख

मणेस्तलोन्मुखे मत्स्ये सहस्रधनवान्नरः ।
मकरे दशसाहस्री शंखे लक्षपतिर्भवेत् ॥१५५॥

मणिबन्ध से हथेली की तरफ मुँह किए हुए जिस हाथ में मछली का निशान हो तो वह सहस्रपति होता है ।

यहाँ धन का विचार पुराने जमाने में प्रयुक्त मुद्राओं का वर्तमान अर्थमूल के अनुपात से विचार करना चाहिए ।

इसी जगह पर यदि मगरमच्छ का निशान हो तो व्यक्ति दस हजार पति तथा शंख का चिन्ह होने से लक्षपति होता है ।

The first stanza is roughly translated : Whoever has a symbol of a fish facing Upwards from the wrist is blessed a thousandfold.

Jeevan Sanjivan

Dr. Chandrashekar Thakur states in

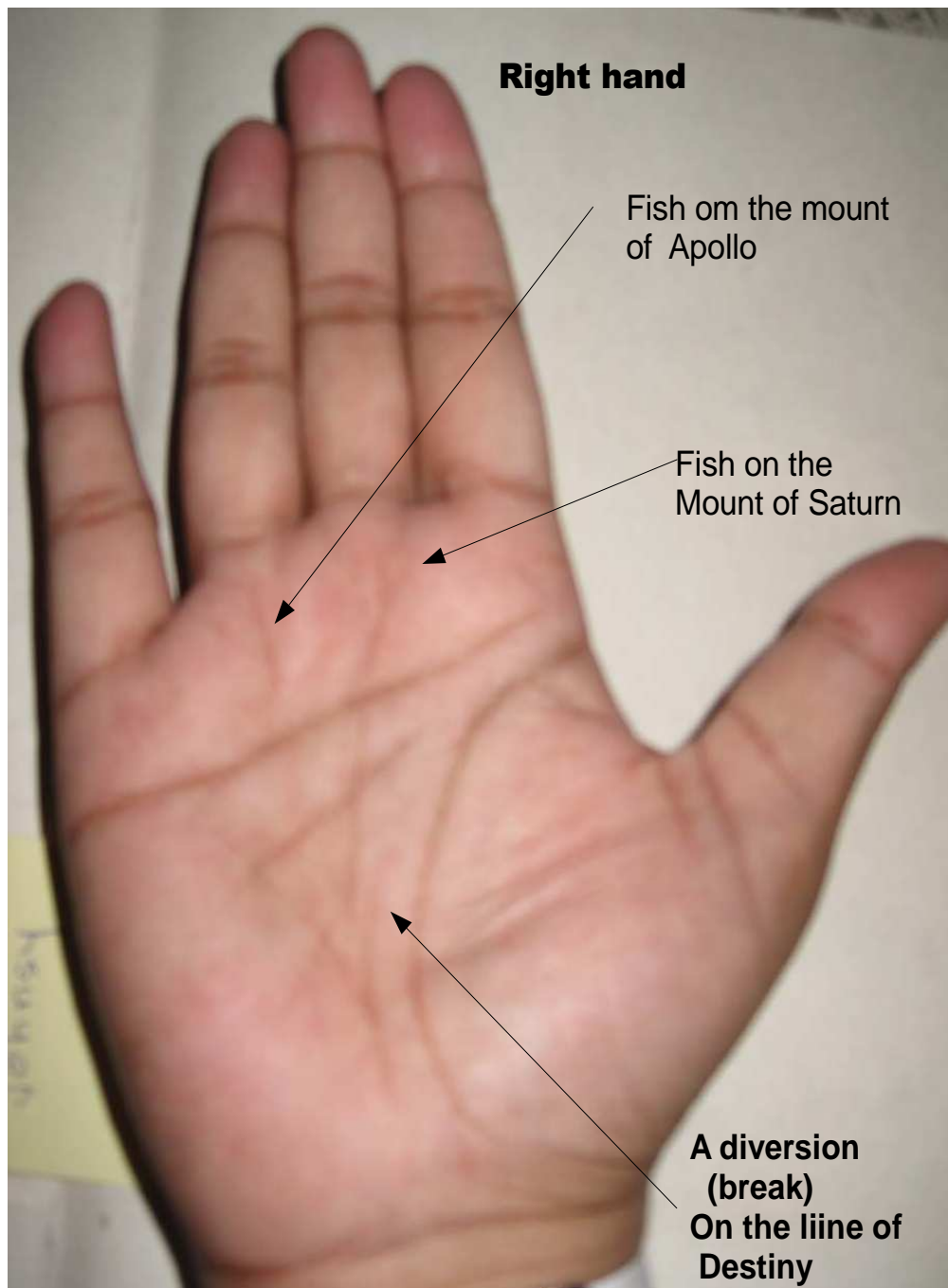
“Your Palm-Your Mirror” “Special signs like Swastika, Matsya (fish) conch, etc. in the palm of a woman elevates a husband.” He further suggests to read **Palmistry for Women” by Nancy Mackenzie. He further says that “Woman is considered *Shakti* or vital force in all walks of life in India.**

A FISH (MATSYA) – A LUCKY SYMBOL IN HINDU PALMISTRY

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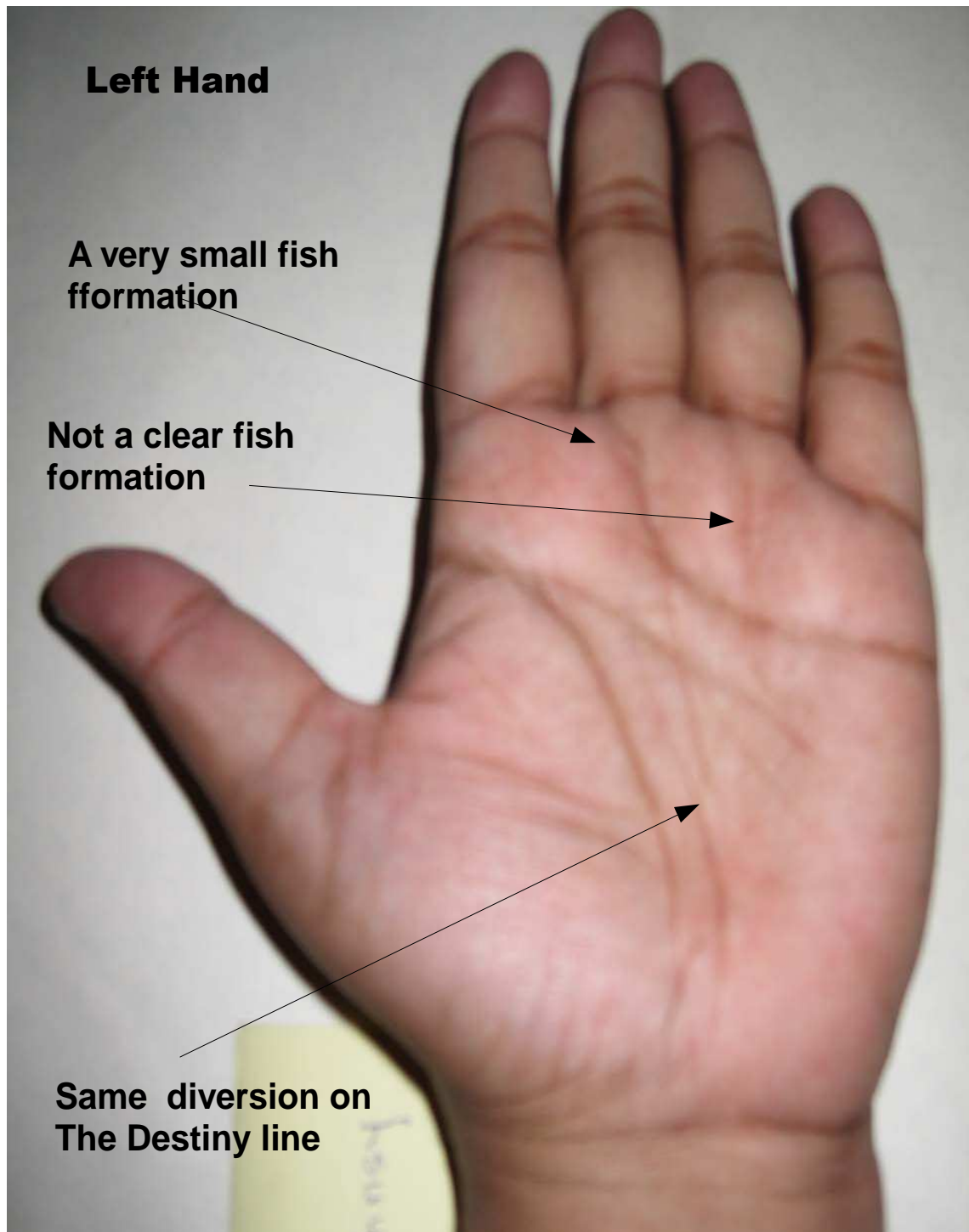
IF FOUND ON A WOMAN'S HAND - IT ELEVATES A HUSBAND



Photograph was taken on 19th Jan 2012

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THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS



THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

The above 2 photographs are of a young lady, a college friend of my daughter. A few years ago, after reading her hand, my daughter said that she would go abroad. At that she staying in Mumbai with her uncle and suffered economic hardships. On the hand it could be at period of the diversion on the Fate Line.

At the age of 26 years she left the country for the Middle East and started working there for a few years. She returned to India after four years. In 2011 she returned to India and purchased a flat of more than a crore of rupees.

On 19th Jan 2011 she visit our house with her problems. One question is “will I have enough money and be very rich?” One of her greatest desire is to have tea with the family of one of the leading industrialists.

After examining her palm I found a fish each on the mount of Apollo. On one hand the fish is not clear in the photograph. The line of Destiny too has a small fish.

After recollecting what our sages have said about a fish on the palm , I assured her that she would be very rich and her even her desire would be fulfilled.

Today, after 5 years, she had started her enterprise and employs scores of people. The symbol of a fish, with its mouth facing upwards, and under the ring finger blesses the native with plenty of wealth and luxuries. If found on the hand of a woman, it enables her to raise the status of here spouse. This is perfectly true in her case. Her husband was also serving. Today, he has a office of his own and running a business. The young lad has a long way to go because in most the cases where the sign of a fish was seen, these native achieved their wealth in the forties.

I wish the young lady all the best and pray that she gets her millions pretty fast.

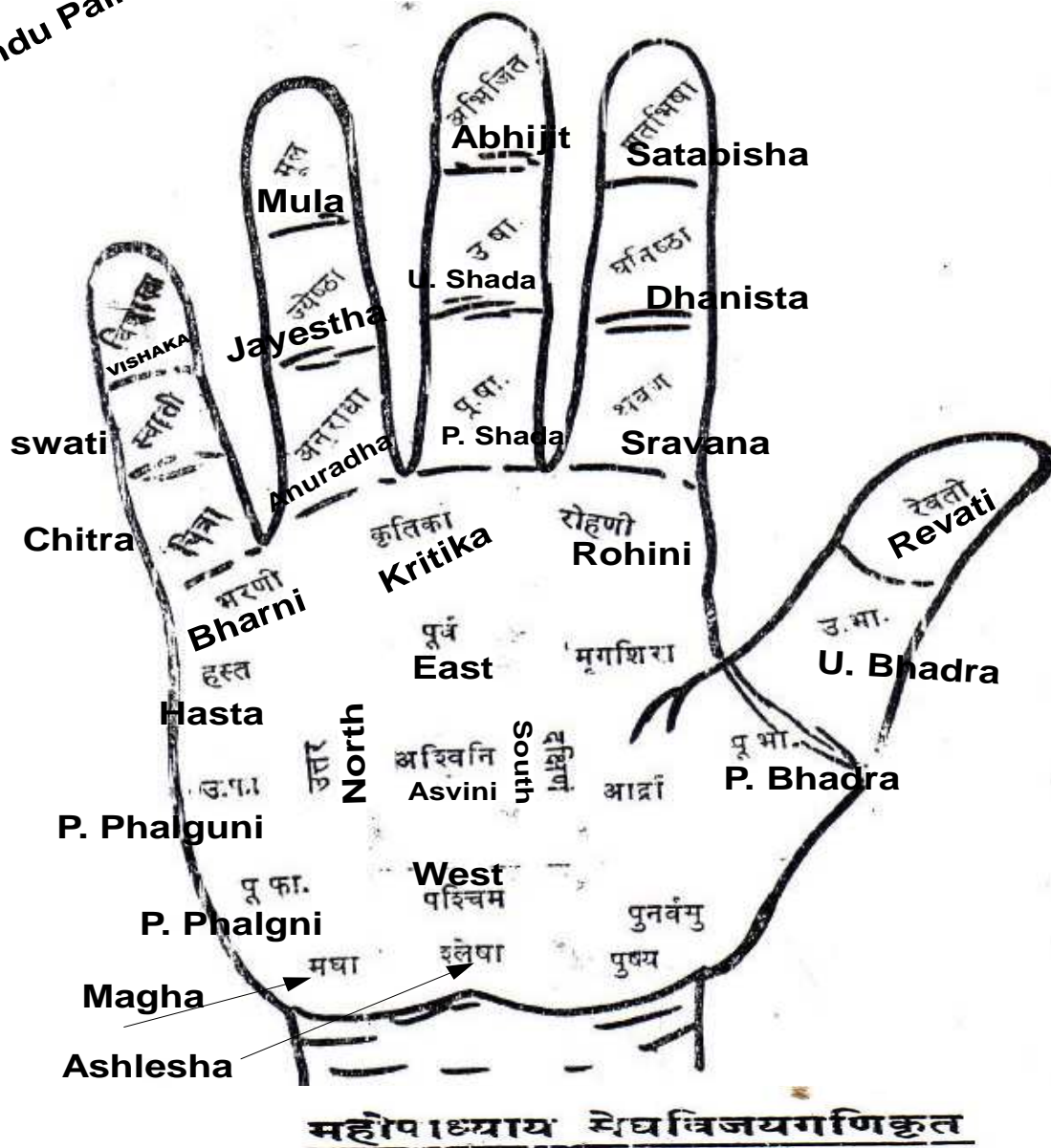
THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

XVII THE NAKSHATRAS ON THE HAND

MAHAPODYAHAY MEDHVIJAY GANIKRUT PINPOINTS THE 28 NAKSHATRAS ON THE PALM IN HIS BOOK **हस्त संजीवन**

Hindu Palmistry

HASTA SANJIVINI



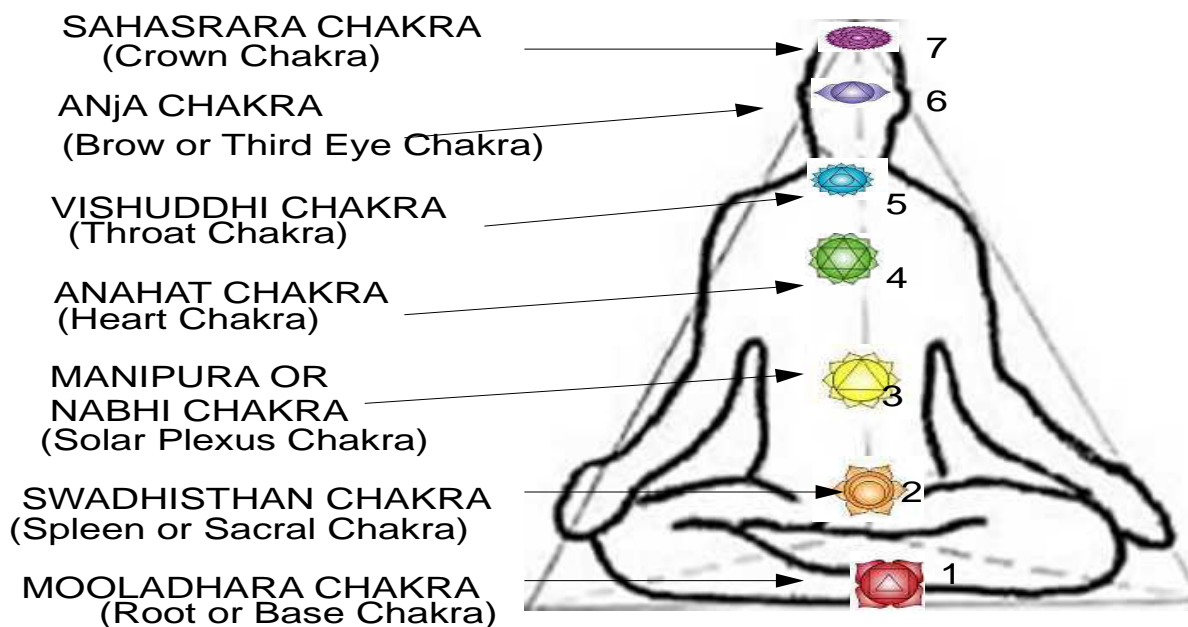
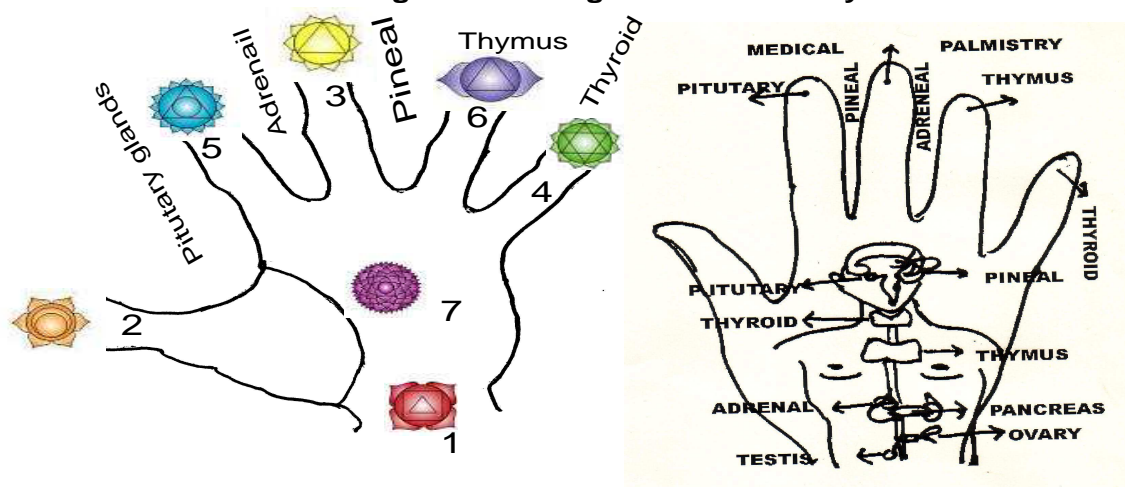
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XIX

THE SEVEN CHAKRAS IN THE HUMAN BODY THE SEVEN CHAKRAS IN THE HUMAN BODY AND THEIR RELATIONSHIPS WITH THE FINGERS AND THE GLANDS

The 7 chakras (Wheels/Plexus) in the human body & their relationship with the Fingers and the glands of the body



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In Sanskrit Chakra is known as “ Wheel” . Traditionally speaking, there are seven chakras located in the human body from the base to the crown of the head, which are energy centres, running along the spinal chord and they are a combination high frequency energies, through the speed of each chakra varies.

The names of the seven chakras are:

- 1. Muladhara Chakra – the Base or Root Chakra, located at the base of the spine and is connected with the the material and physical world.**
- 2. Svadisthana Chakra - the Spleen Chakra, located below the navel, related to sex, procreation, etc.**
- 3. Manipura Chakra - The Solar Plexus Chakra, located above the navel, connected with self-control and imbalances.**
- 4. Anahata Chakra – The Heart Chakra, located at the centre of the chest dealing with the immune system and heart problems.**
- 5. Vishudha chakra – The Throat Chakra, near the throat region, connected with thyroid imbalances, swings of moods and oral communication.**
- 6. The Anja Chakra – The third Eye Chakra, on the forehead and between the eyes, depression, psychic abilities learning, etc.**
- 7. The Sahasrara Chakra - Atop of the head, merging one's consciousness and sub-consciousness into higher intelligence, spirituality, enlightenment, etc.**

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All the fingers and parts of our hands are your sensors of the chakras, related to a chakra. If a finger of either hand gets blistering hot or tingly, the corresponding chakra is out of balance.

Thumb = Sacral / Spleen or Sexual chakra - Belly body parts include sexual organs (women), kidneys, bladder, and large intestine.

First finger = Throat chakra - throat, neck, teeth, ears, and thyroid gland.

Middle finger = Solar Plexus chakra- Intellectual Awareness, power, accomplishments, will, ego projections, vital energies, control, and your freedom to be yourself.

Ring finger=Third Eye chakra -body parts include the eyes, face, brain, lymphatic and endocrine system.

Little finger=Heart chakra - heart, lungs, circulatory system, shoulders, and upper back.

Heel of Palm – Wrist junction = Root chakra - Root body parts include the hips, legs, lower back and sexual organs.

Centre of Palm = Crown chakra.

It is the center of spirituality, enlightenment, dynamic thought and energy. It allows for the inward flow of wisdom, and brings the gift of cosmic consciousness.

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The Chakras and the Kundalini (Serpent Power) are inter-related and a part of the whole. When the Kundalini is awakened, the properties of the Chakras are activated and this could lead to spiritual awakening. The Kundalini is a latent force at the base of the spine. As in the chakras, the awakening of the Kundalini is due to great progressive efforts through prayers, meditation, body work, breath work, yoga, sexual practices, etc.

Sri Swami Sivananda in his book “Kundalini Yoga states”Kundalini Sakti is the coiled-up, dormant, cosmic power that underlies all organic as well as inorganic matter. It is the primordial energy that lies at the basal Muladhara Chakra in a dormant, potential state. Kundalini Yoga is that Yoga which treats of Kundalini Sakti, the seven Chakras or centres of spiritual energy, the arousing of the sleeping Kundalini Sakti and its union with Lord Siva in Sahasrara Chakra at the crown of the head. The seven Chakras are pierced by the passing of Kundalini Sakti to the top of the head.”

He further states that there are 72000 nadis (astral tubes) that carry the Pranic current. Among these nadis, the Ida, Pingala and Shusamna are important. As the Kundalini passes through Shusamna, it is the most important of the three. Purification of Shusamna is done through Pranayama.

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Wikipedia states that to to awaken the life principle or consciousness from Muladhara and let it merge in Sahasrara has been described as 'liberation' by Vedanta. Kundalini in Sanskrit, literally means "coiled". In Indian yoga, a "corporeal energy" - an unconscious, instinctive or libidinal force or Shakti, envisioned either as a goddess or else as a sleeping serpent coiled at the base of the spine, Kundalini is considered a part of the subtle body along with chakras (energy centres) and nadis (channels).of nadis (energy channels), chakras (psychic centres), prana (subtle energy), and bindu (drops of essence).

Sri Ramana Maharshi mentioned that the kundalini energy is nothing but the natural energy of the Self, where Self is the universal consciousness (Paramatma) present in every being, and that the individual mind of thoughts cloaks this natural energy from unadulterated expression. Advaita teaches that Self-realization, enlightenment, God-consciousness, nirvana and kundalini awakening are all the same thing, and self-inquiry meditation is considered a very natural and simple means of reaching this goal.

THE STUDY OF PALMISTRY (PART I) – A COMPILATION FOR STUDENTS

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हस्त संजीवन

महोपाध्याय मेघविजयगणिकृत

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